

**THE NEW MILLENNIUM NOTEBOOKS**  
**SPIRITUAL PROGRESS PART V**  
**Birth & Death**



*Neil Hickox*

Excerpted from  
**The Chrysalis Teachings**  
by **Norma Hickox**

*Cover Photograph*  
*A Peregrine Falcon in*  
*Los Angeles, CA*

*by*  
***Neil Hickox***

*A soaring bird always brings wonder and joy to us and perhaps a bit of envy also. Were it not for our physical bodies we would be free to soar just like the bird. This photo was taken from the 25th (top) floor of a bank building near the intersection of two major freeways in LA – the 101 and the 405. The falcon evidently had built a nest on the roof of the building.*

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## A Profile

I am a professional musician. I play and teach six instruments and compose music. I've been an organist and choir director for many different religious denominations. I have also taught vocal music in private elementary and pre-schools and have had my own dance band in the past. I live with my husband Lyle in Grand Junction, Colorado. We have one son, Neil, a computer scientist living in California. Neil has done many of the drawings used in the teachings.



*Norma Hickox*

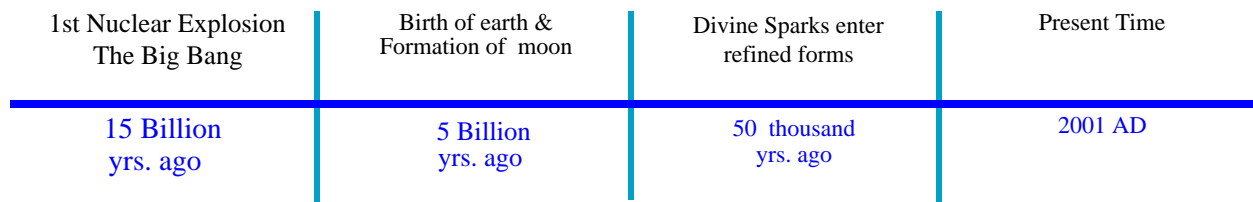
*Photo by Neil Hickox*

When I began composing in 1981, the music and lyrics would flow out in complete form. A year later, I began to receive information from a spiritual source that flowed the same way as the music. This new material was later explained to be from spiritual teachers whose intent is to bring the Chrysalis Teachings to human understanding. My individual part in the work is to act as a thought provoker; to bring through ideas that stretch our minds and break us out of the shells of old thinking; allowing us to wonder "What If." This work is in the realm of creative ideas, before inventions are made or new products are designed and opens the possibilities of new ways of doing things. For the last twenty years I've been working on the Science of Music. This science will tie everything that has existed since the time of the big bang until now, to a musical vibration for the purpose of finding compatibility between the different kingdoms.

I have been blessed with the privilege or gift of "knowing" many spiritual truths. It seems that some part of my makeup has the ability to "know" and "see" the aspects of creation in a way that relates to musical vibrations. Actually, being a musician, it was the vibrations of music that I've been exposed to since the age of four that enables me to do this.

These notebooks enable us to look at any time period of the universe. They allow us to experience events that have happened in the past, events that are happening now, and events that will happen in the future. Each New Millennium NoteBook will take a look at a small portion of the TimeLine of Eternity.

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## CHAPTER ONE

# SYNTHESIZATION

### The forming of the Personality

While the mind of physical evolution is being formed, the mind of ethereal, or spiritual, evolution is also being formed, which, for the lack of a better word, I'll call the personality. Personality is an essence. It is nothing concrete you can put your finger on; you can only describe it in terms that describe emotions. Physical evolution is forming the brain, spiritual evolution is forming the personality which, perhaps, should be called, at this point, the emotional body, the emotional mind. The two eventually become blended – a personality blended mind or a personality-infused mind.

This process of blending has been taking place from about the age of four through to about the age of seven. In some it lasts longer. It should not last past the age of seven. It should be quite well established by this time in the training. The education, etc. that is begun at this age should be being impressed on the personality-infused mind. There is this whole stage of education – in some countries it lasts longer than others – that takes place before the pursuit of the soul-infused personality does. Herein lies some of humanities' problems. The pursuit of the soul-infused personality/mind combination should be begun earlier as part of this educational process. This is where our schooling system is falling down. The classes that have been sent through the Chrysalis Teachings would help correct this process and bring about the soul-infused personality at a much younger age. This, in turn, would have repercussions of passing on more evolved genes to our children and many other repercussions along the way.

But no matter, the soul-infused personality must become steady. I use this word “steady” because there is a certain amount of shifting in and out while this process is taking place. Shifting in and out – or duality is perhaps a word that would describe it for better understanding – means that at one time the expression is strictly through the personality. At another time the expressing is beautifully done through the soul and at times it is being blended. This is the battleground of duality.

Even though the personality has been formed by the soul as all the spiritual qualities that it would like to see in use in this lifetime – even though this has been instigated by the soul – when it begins the process of blending with the mind, that has come out of physical evolution through the animal-based brain, the qualities that the soul instilled in the personality get watered down. Some of them get lost totally. This depends on the strength of the mind that develops out of the animal-based brain of physical evolution. This strength is determined by the genealogy of physical evolution, the forefathers. The forebears of this physical form have much influence on this process. The personality, that is now the blend of the mind and the emotional body that the soul carried with it, has much of the animal-based brain, the mind of physical evolution in it. It should be a 50/50 blend but it never is, especially in the beginning when it's more like 80 to 20 – in other words, 80% of animal thought still left in it. This whole process is to bring it into a 50/50 balance. When that happens is the cut off point where we're just going to call it the personality from now on.

### **Soul Tries Again To Instill Spiritual Values**

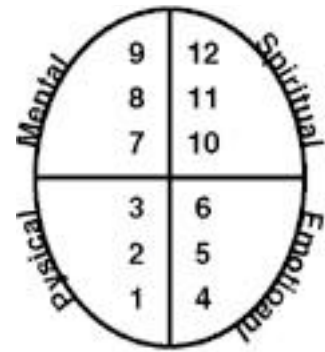
Now this same half of the soul that formed the personality begins its job again of trying once more, on an upgraded level, to bring these same spiritual truths and thought and guidelines into this personality. This is a lengthy process, (the one that was just described), that should be part of our education and never usually is. It usually doesn't take place until humans are perhaps in their thirties or forties and it should have taken place at the age of about fifteen or even earlier.

Well, finally, the soul does get through and gets across most of the basic spiritual truths that will stand this one in good stead in the trials and tribulations of his life. But by this time he has seen a lot of these trials and tribulations and has not done too well in meeting these conflicts. Think if this balance had been there at the age of fifteen how much more progressed the race would be at this time. But when the second part of the battle, the true first stage of synthesization, has taken place, we now have a soul-infused personality that we're working with. This should leave somewhere in the neighborhood of perhaps 25 to 30 % of the animal instinctive reactions still left in this form, and these will stay at this point. The reason these will stay is if they were lost the personality itself would be lost and this cannot be because it is this personality's lifetime.

### **Next Stage Is Reviewing Bad Attitudes**

The next stage of the process then is when the half of the soul that incarnated has infused himself into the personality, he reaches back into the pineal gland where he had left the negative aspects of the material from previous lives that he brought with him. To review for a minute, when he first entered to build the personality, he brought with him the good, the beautiful, the spiritual truths that he had learned and witnessed and experienced

throughout all eternity and these are what went into forming the personality that then blended with the mind. The next stage was a reinforcement of these also at a higher level. Now what happens is he picks up the bad that he brought in, the past karmic debts to other people, the bad attitudes that he determined he was going to correct to the best of his ability in this lifetime. He reaches back up into the pineal where these have just been sitting. This constitutes the move over into the lower right side of the brain, in reference to the brain drawing at the right, and begins the process of searching out past lives. Some can do this on their own, simply by the soul having reached back in there and brought them forward now to be looked at and to be worked with and to try to overcome as far as bad attitudes and to pay off karmic debts at the same time. Some people need to have help at this stage through counselors, who help them with past life regressions, etc.



**The Brain**

*Neil Hickox*

This process lasts through levels of four, five and six in the lower right section of our brain map, (at right). It's a gradual process normally started with the transmutation of attitudes because before the karmic debts can be erased, these attitudes need to be changed. If you try to take on the karma and try to pay off the karmic debts that you owe to humanity or to a certain individual it is an impossible task without having first transmuted the attitudes that caused the karmic debts to begin with. So the transmutation of attitudes is a very, very important step in this stage where we are heading towards the second stage of the synthesis process. When the attitudes have been transmuted and the karmic debts have been paid to the best of your ability at this stage, then the move would be made, on the brain map, to the upper left hand section.

### **Opening Of Pituitary Gland Gives Access To Teachers And Guides**

What this move means inside your physical body is the opening of the pituitary gland allowing conscious access to the inner planes. Now by conscious I don't mean normal everyday affair access, although this is possible. By conscious I mean the ability to reach them in a waking state, but an altered state. Up until now there has been contact of the two halves of the soul at night into this pituitary gland but that is not what I'm talking of here. When this opens up, much of the wisdom and knowledge of all those who have passed through the earth plane levels ahead of you is available to you on a structured climb up the ladder, along with specific past lives which you elected to have come forward in this lifetime to incorporate their knowledge, growth, wisdom, evolvment and talents. A good part of the choice of these are for their talents – the skills they have gained or knowledge of a certain subject that will help forward goals that you set for yourself in this lifetime.

These past lives give up to you the knowledge they brought that will help you and just kind of hand you on or pass you on over, then, to other teachers or guides that you have determined that you wanted to have with you. A lot of people use Jesus-Sananda and the group of disciples that were around him during his incarnation. (this is the group that I, Norma, personally used at this stage of my growth.)

### **Two Halves Of Soul Meet At Last**

Any who has had a life of Christianity will usually plan for this guidance system in their next life. This is the group, then, that prepares for them to meet the other half of their soul who is in the pituitary gland also, but at this point is a weak, still small voice. This small voice needs to be encouraged to come forward and meet and blend with this other half of him, a seeming stranger at this point. His beautiful twin who, when they separated was identical to him, now seems in some respects to be a very frightening person because of the blend of the animal qualities. It seems very foreign to this soul, but this is his beloved twin. This is a delicate process, this second stage of synthesization. (I, Norma, remember how timid Donoray [the half of my soul on the inner planes] was when the contact was first made. An inner plane teacher named Mafu had to come in and help because Donoray did not want to have anything to do with Tasha [the half of my soul in incarnation] or me [my personality]. He just preferred to be alone.)

When these two halves of the soul do reunite this opens up a whole new world for them. The person becomes much stronger in his own beingness. Now at this point it is no longer a matter of whether the personality is stronger than the soul. It is all blended and they firmly have their feet on the ground and are very well-balanced people. When this second stage of synthesization takes place they become much more masterful, balanced and grounded. This is why none should marry until this blending has taken place. The marriage must take place within yourself before a marriage with one of the opposite sex in the physical realm can fulfill you.



### **Blended Soul Must Not Overshadow Personality**

But while the process is taking place this is, as spoken of, a very delicate time for the individual. It is not the duality they experienced in the earlier stages of the formation of growth but it is a delicately balanced process as far as the bearing it will have on the rest of this person's life. If it does not take place properly the personality can be overshadowed by the combined soul. This is not what is wanted because this is the incarnation of this



personality to do with as he planned, or rather as the soul planned. You see, if the combined soul becomes too powerful it defeats its own purpose, which was to be taught lessons by the personality it formed. Now this seems to be at odds with present day humanities thinking, but the purpose of the incarnation is for the growth of the soul. If, when this soul becomes blended into its wholeness, it overshadows this beautiful personality that it has worked so hard to form then it truly is defeating its own purpose, because this beautiful personality is the means by which the soul's growth will take place. Regardless, we are now in the upper right hand section of the brain, level ten, the experimental station.

### **Third Stage Of Synthesization Never Been Done Before**

I would like to digress one moment. What I'd like for you to keep in mind is that whatever stage you are heading for begins to come in quite early. In other words, the move into the upper left side of the brain map where the contact is with the past incarnations and then the Biblical teachers, eventually starts reaching the half of the soul on the inner planes before the synthesization take's place. In other words, in my case, Donoray was coming in much much longer before the synthesization happened. The same thing happened in the upper right hand section of the brain. Master had been coming in before the connection had been made – before the third stage of synthesization had taken place. It is a delicate balance process.

There is no way to know how long this last stage will take for anyone or if it will take place in a particular lifetime. Guidelines can be given as to when the earlier stages of synthesization should happen, but this last stage has not been reached by any on the earth plane. There are no guidelines for it. It will be travelling new paths for humanity, blazing new trails.

Jesus himself did not accomplish this third stage. He reached the second stage and was in the process of attaining the third stage. When He said I and my Father are one, He hadn't quite reached it yet. Jesus and His Father were not truly one.

Each one that goes through these processes have their own goals and no one's goal could be what the goal of Jesus was. It couldn't be as humanity itself was at a different stage of evolution when He was here and His plan didn't work. The plan backfired almost to the point of the soul becoming too powerful. The whole plan of Jesus was instigated too early for a too unevolved humanity. There will a return of the Christ. It will not be Jesus. Jesus was the man who took on the Christ Consciousness. To take on the Christ Consciousness is the third stage of synthesization at its proper time and place. Jesus took it on too early. His incarnation was out of time – not running out of time, but it was out of balance time-wise. Those in the higher planes have learned much and will continue to learn as more and

more of humanity can go through this process. It is a stage of evolution that is totally new for the human race. It has been tried before, not only by Jesus but by others, and has not been successful.

### **Overshadowing Spirit**

An explanation of Overshadowing Spirit came through from my teachers as follows: Master is the overshadowing spirit of Norma but it is not made up of just the two halves of her soul. Master is a conglomerate. It is made up of many entities. At the present time these entities are both part of the Undersoul and some aspects are from the Oversoul because of the stage of transition which she is in at the moment. This gets very difficult to explain. When Master says I am of the Christed Kingdom, or I am an elemental, it means he is one of the higher aspects from the Oversoul who actually could be said to be a personification of the Christ Consciousness. He is a subatomic particle. Donoray and Tasha are subatomic particles. All the members of the conglomerate are subatomic particles and the subatomic particle evolution is at all stages exactly the same as human evolution. So part of them are much more highly evolved. The Christ Consciousness subatomic particle is much more highly evolved than the two halves of Norma's soul, but they work in harness, they work as a conglomerate on the inner planes and they influence the material that comes through Norma. So when this material is signed as Master it is not just Donoray and Tasha.

If a person desires to continue their growth and take on the Christ Consciousness, it must be their decision and it must be part of the plan that they entered with. To make this determination is actually part of their own growth. We cannot rob them of this. Their decision will be one that will involve body processes, thinking processes, creative processes and spiritual processes. It will be the combination of decisions made in relationship to all parts of them. The four aspects that make up their whole would all have to fall in line on exactly the right track or they would not take on the Christ Consciousness. All aspects of them must be in total agreement that this is what they planned. If not, it will not happen. It is as simple as that. One aspect or the other will not make the proper step forward in the right direction. It could be seen by some as rebellion; it could be seen by others as a set of checks and balances; it could be seen by some as their reasoning intelligent mind or it could be seen by some as a powerful soul who knows whether or not this was part of the plan for that particular lifetime.

### **To Review**

There are three major stages of synthesization that will occur over time as an individual evolves:

1. The first synthesization takes place when the animal-based brain (personality) merges with the half of the soul in incarnation. At this stage the half soul in incarnation gains control over the physical body.

2. The second synthesization takes place once the individual evolves to level 6 of the mind dimensions. The half soul on the inner planes merges with the half soul in the incarnation. It is only at this point that the individual can receive direct guidance from the half soul on the inner planes. It also seems that emotion can't be assisted with or controlled by the inner plane soul until this synthesization takes place. This level of synthesization allows an individual the ability to receive thought impressions from the inner plane teachers and guides and to draw from the divine mind.

3. The third level of synthesization occurs when all aspects of the half soul in incarnation and the half soul on the inner planes merge with the overshadowing spirit.

Each entity (individual) in human form consists of many aspects in incarnation and on the inner planes. The various aspects of an individual in incarnation are:

1. The half soul in incarnation. This soul has a personality that has been developed over the many incarnations of the individual. It is personal to the individual and has traveled through all of the past lives, and will be part of all future lives of the individual. The soul is at a certain level of evolution based on the progress of the individual.

2. A piece of the divine. This is a piece of the Creator God. It is also personal to the individual and like the soul has traveled with the same individual throughout time. This piece of divine is also at a certain level of evolution based on the progress of the individual.

3. An animal-based brain. This brain also carries with it some innate intelligence carried over from past lives as well as a predestined personality profile.

4. A piece of the seedcore.

The combination of 1, 2 and 3 make up the basic personality of the individual until each of the 3 stages of synthesization take place, whereas the individual takes on progressively higher vibrations with higher aspects of the original personality becoming more and more dominant. The various aspects of the individual on the inner planes consist of:

1. The half soul on the inner planes. This soul can only influence the individual's incarnation after the 2nd level of synthesization takes place, and then can only come into the

incarnation through some form of expression of the arts. It is not capable of expressing through the personality at all.

2. Teachers and guides.

3. A master teacher.

4. When an individual reaches the 3rd level of synthesization he starts to receive guidance from his overshadowing spirit.

### **Stages Of Synthesization Related To Brain Map**

The three stages of synthesization are: the first stage takes place at mind dimension six, the second stage at mind dimension nine and the third stage at mind dimension twelve.

#### **First Section Of Mind - Dimensions 1-2-3**

The forming of the personality is completed at mind dimension three. In other words, the total lifetime could be divided into four sections with dimensions 1-2-3 as the forming of the personality.

#### **Second Section Of Mind - Dimensions 4-5-6**

When you have moved through the twelfth level of mind dimension three you “graduate” into the second division consisting of mind dimensions 4-5-6. This is the emotional body section and work is begun on merging the personality with the half of soul in incarnation.

#### **Third Section Of Mind - Dimensions 7-8-9**

Your graduation from this section, at mind dimension six, leads you to the third section, mind dimensions 7-8-9. The work in this area with inner plane guides leads you to connection with your inner plane teacher who is the other half of your soul on the inner planes. In other words, the other half of your own soul is your inner plane teacher. The inner plane guides are advanced teachers on the inner planes, halves of other souls who are in incarnation. Perhaps the entity in incarnation with the other half of their soul is not even aware of any of this. Because there is nothing they can do to help their own entity until the work at the lower stages is done, they are free to help those who are reaching up trying to connect with their own other half of the soul.

#### **Fourth Section Of Mind - Dimensions 10-11-12**

When this connection is made, at the twelfth level of mind dimension nine, then the soul on the inner planes enlists the help of a master teacher as the move is made into the fourth section of 10-11-12. This is the scientific section, especially level ten. Level eleven is spir-

itual truths and level twelve is connection with the total mind of God which is a more true definition of the overshadowing spirit. But because this cannot happen until the synthesization of personality, and both halves of the soul has been completed it seemed easier to explain it as a conglomerate to fit into the context of the rest of the explanation.

### Apex Of Mind

The term to be One with God is the final “icing on the cake,” if you will, after the synthesization of the other three parts has taken place. This is an octave higher resonance. This means that the total channel has been built and the healing energy of God can flash down to the lower bodies of the human for healing purposes.

### Further Explanation Of Levels Of Synthesization

The following came through from one of my teachers in the higher planes:

*In order to further explain the various levels of synthesization, including the forming of the personality, we will give examples using Norma's development, telling when these various stages of synthesization took place and mentioning if any unusual occurrences led to each breakthrough or if it was just a matter of general progress. Also, we will give, if any, the noticeable results that occurred which have affected or enhanced her life after each synthesization.*

### Choosing All Factors Of Incarnation

*To begin with, the forming of the personality begins approximately six weeks after birth. The incarnating entity either enters the form of the babe just prior to birth, or just after birth, sometimes as long as two weeks after, but this is rare. Those on the higher planes are trying to encourage them to enter just previous to birth. Some choose to enter after the third month of pregnancy but this is rare also. The incarnating entity, the half of the soul to be in incarnation in this life, entered Norma's body just prior to birth. It has occupied the body every since. In the beginning it had the body to itself until the new personality began to form. It was responsible for the forming of the new personality. At this particular stage the incarnating entity had one last chance to change its mind about the lifetime it had set up for itself and could have given up the form and allowed another entity to enter at this time. This is rare but not as rare as you might think. It does happen and those who take over the form that was planned to be used for another have a difficult life because they are working with pre-planned energies that may not suit the particular lessons they have to learn, such as the influencing planets at the time of actual birth and the genetic lineage of the parents, and many other factors. There must be a valid reason why the takeover or exchange is allowed to take place. It must be agreed on by the other half of each soul involved, plus the seedcore of both entities that are involved.*

*Regardless, this did not happen in Norma's case. She chose the parents, the time of birth, the past lives that were to influence this incarnation and many other controlling factors. Also, the mission she is working on was chosen by her as one of great interest to her soul.*

*When the animal-based brain began its slow emergence as a viable thinking tool that the entity or half of soul could use, the half of soul had to just wait until the growth process was complete. This is also a natural occurrence. There is nothing that can influence this animal-based brain until about the age of four. At this time the incarnating entity can start the process of patterning or coloring the new personality. This is when most childhood memories begin. Until this time the form is operating on pure animal instinct, which is what a baby born into an ape family would operate on. The baby apes know their own mother and father and brothers and sisters by instinct. They learn to respond to love and playfulness and learn to cry to get attention, exactly the same as the human baby. The incarnating soul cannot have influence any earlier than this because certain mechanisms must be learned, such as speech and logical thought processes as to action and reaction, and balance in physical needs, such as nutrition and digestion and elimination. All these must be thoroughly learned by the animal-based brain before the entering half of soul can begin the coloring and shading and influencing. At the time the entity can begin to have this influence, he can begin to correct anything he sees that has developed that is not to his liking such as, perhaps, bad bowel habits or bed wetting or a tendency to throw tantrums to get his own way. All these bad traits will begin to level out as the soul begins to mold and shape and form the personality he has deemed that he wanted to work with.*

*In Norma's case, she had chosen her past strengths of music to bring in as a tool to open the channel wide in this life to accomplish her mission. She chose the family situation where this music could take place early and where her educational process could start early. She is a very determined soul and as soon as she could begin to have influence she started the piano lessons and first grade both at the age of four. This was one of the first accomplishments of the incarnating half of the soul. This had much to do with coloring and shading the new-forming personality. The music and the early study laid the pattern that has been followed since to open and enhance the channel. The early start on music accomplished two things. It gave the mechanistic part of playing and reading the music the opportunity to be incorporated and synthesized into the animal-based brain at the same time that all body functions were being accomplished. This means that the mechanics of playing and reading music were a part of her animal-based brain to be used as tools by the incarnating soul. At the same time she learned to read and write at this early age which also incorporated these skills into the animal-based brain allowing them and the music to become part of instinctual behavior that were welcome tools for the half of the soul to then use to color and form the personality.*

*The half of the soul had determined that it did not want to be famous. It had experienced this in previous incarnations. It was working strictly on the fact that it wanted to accomplish this mission. This has been the uppermost goal in this entire lifetime. Relationships were not to be an important part of this life as this part of the evolution of her soul is at the level it needs to be. There were a few minor karmic debts and left over lessons that were to be worked on. One was learning patience, one was in learning to not be “stand-offish” or a “loner.” One was volunteering to be the vehicle for her son’s birth to enable him to move forward many steps in this life. All this was planned, along with the plan to not become associated with one that she had been with for many past lifetimes, to break this connection. All this was laid out and has been achieved.*

*She chose the time of birth and the size of family and the type of parents that would allow her to not become famous as this could hurt her mission and cause it to be not able to be accomplished, especially in the early stages of her life. She determined that if it happened later after her mission was well on its way to accomplishment, then so be it, but it was not why she wanted to accomplish her mission.*

### ***Forming Of Norma’s Personality***

*The personality formed around the animal-based brain that had accomplished speech, walking, digestion, an intelligent reasoning mind, note reading, musical performance, dance and other creative enterprises that were all instigated by her soul. All these brought about a young girl that was very talented but at the same time quite shy. Norma always had an early beauty and glow due to the overwhelming influence of the soul at an early and quite demanding stage. Therefore she graduated from the physical body division of the map of the brain, into fourth dimensional consciousness at a very young age, much younger than she realizes. She actually chose to come in with the physical body division of the brain already musically balanced so she could begin early with the building of the channel, which is what the move into the second mind division is. The development of this channel was a long slow process for her. It could be quicker for those entering now and could have been quicker for her except for the lack of any knowledge of it whatsoever. But when the life was planned, she knew there would be no knowledge to draw on. After all, that was what her mission was all about, to bring this knowledge to the earth plane to pave the way for others so the channel can be built sooner in the new children.*

### ***First Stage Of Synthesization***

*No matter, the channel was years in developing through the process of the performing arts. When all things were in place and the time was right, as predetermined by her soul, the channel opened wide almost all at once. This had its down side also and those in the high -*

*er planes realize now that the opening should be more gradual. She actually opened it so wide when it did open that she got the cart before the horse. Instead of realizing that her soul had contact with its spiritual family, she gained contact with her past lives first. This is what was meant by having the cart before the horse. The contact should have been made with the seedcore so the hookup with the past lives could have been understood more fully at the time it was taking place. But it has all worked out and she survived the rough times that this caused.*

*The first noticeable effects of all this to Norma and her friends was, of course, her ability to write music. At the same time that the stage of synthesization, true synthesization with the half of soul in incarnation took place came the ability to make decisions easier. Now Norma is a little different than most people in that the soul was always very prominent due to the early exposure to the arts, but she still had to go through the process of total control by her half of the soul in incarnation as part of a maturing process that the animal-based brain had to go through. Even though the soul was very predominant and had much influence on forming the personality, there still was much influence of the animal-based brain on this soul partly because of just plain unevolution of the physical stock at that time. In other words, had she been born later into a more highly evolved physical stock she would have made the synthesization with the half of the soul much sooner. But she has accomplished much more than we on the inner planes had hoped that she could. We commend her. The stage of synthesization with the half of soul in incarnation actually took place when Tasha began to come through, but was being worked on through the process of communication with the past lives. In her case they all realized their role in the process and did not try to hold her in communication with them. When the time came for her to move on in her journey they released her. This does not always happen to those beginning to channel past lives. Norma's were all aware, through contact with the seedcore, of what her mission was and what their role in that mission would be, and they all cooperated beautifully. All of the contacts she made with past lives are all part of the seedcore because they all accomplished tasks that were acceptable to the seedcore.*

*When the contact with the half of the soul in incarnation took place, Norma was able to read the akashic records. Until that time, her past lives had to read them for her and then channel the information to her. That left room for misinterpretation. This would account for the misinterpretations found in her early material and books. At the same time because of the predominance of her soul she was able to do soul travel to the soul of those she knew and look into their thoughts, desires and goals, etc. This allowed for the readings she did that gave an overall essence of those she knew. But once the contact with the half of the soul was firmly established, through one final battle with the animal-based brain, she was able to read the akashic records herself. This final battle with the animal-based brain was*

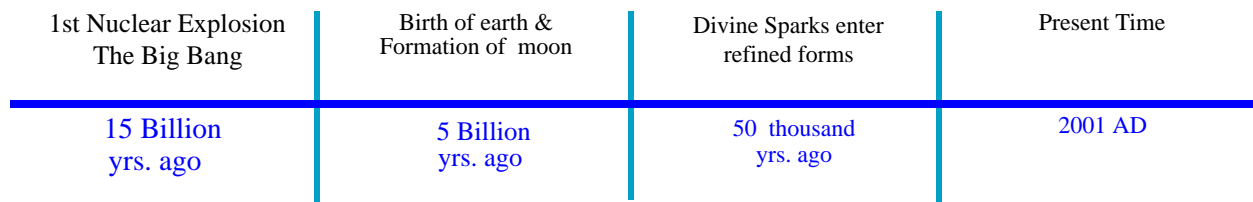


*accomplished by the meeting and agonizing over the one she had spent too many lifetimes with. This situation had also been planned and took place as planned. It was planned to be her final battleground by which she accomplished victory over the animal-based brain. This is what allowed the final link up with the half of the soul. Until then this half of the soul had been very much in the picture all the way through, but more as something floating. It had no security. When the final link up was made, it was as if the half of the soul was finally stitched into the fabric of the brain and given a permanence that had eluded it before.*

### ***Second Stage Of Synthesization***

*Now the move into the next division of the brain could be accomplished. This is the realm of the mental body. This was when contact was made with the inner plane guides, most of whom chose to contact her as Biblical characters, due in part to a side mission of hers which is as an underlying goal to the main mission. This is to try to clear up misinterpretations in the Bible and enlighten people as to what their religious practices meant and where they came from and how they have been misinterpreted. Most of the inner plane teachers offered bits of knowledge that would apply to this secondary mission and at the same time served as a training ground for the meeting of the soul-infused personality called Norma with the half of her soul that had stayed on the inner planes. This of course was Donoray, but the early contact with Donoray was made with lower aspects or past lives that made up the essence of Donoray. Some of these past lives were more nearly in tune with the half of the soul in incarnation, Tasha, and therefore contact with them was easier. Sashuyon was one of these. Even though Sashuyon and Donoray are part of each other, Donoray had grown much on the inner planes since Tasha had been in incarnation and Tasha was more familiar and more in tune with Sashuyon so the connection was made there first as a preliminary stage. This actually is the same lineage that Korlon was part of, so by contacting past lives one is starting up the staircase that will lead to future lives. The link up with Donoray brought forward less desire for the field of music and a very strong desire to accomplish this work. It brought forward some stronger characteristics such as a firm knowledge of a goal which had been kind of wishy-washy previously. It also brought forward much less interest in the physical life, such as sexual fulfillment. Actually this has never been a strong part of Norma's life due to the early influence of the soul and to the lack of importance of relationships in this life. This was all part of the interwoven plan that would support the goal of breaking the ties with the one she had spent too many lives with. Many things have been accomplished in this life for the progress of the soul who is working through the personality of Norma.*

*The final link up of synthesization with Donoray took place at the twelfth level of the ninth mind dimension which is where the incarnation entered on. In other words, this was the*



## CHAPTER TWO

# BIRTH & DEATH

### Birth

A baby in the waiting period in the womb is being acclimatized as to the household it will enter into. It can even sense the difference between indoors and outdoors, the solitude or busyness of the mother's life, her emotional state and her relationship with those she is around. This is picked up by the baby through the mother's nervous system and transmitted to the brain of the baby, as the first recording done on the shiny, clean surface of the seedcore. All the knowledge of previous experiences are under this top layer of information. Those previous experiences necessary to furthering the progress of this new life are programmed to be stored closest to the surface of the seedcore. They are then covered over almost immediately when the nervous system of the mother starts impressing sensations on this wee brain. This takes place approximately at the twelfth week of pregnancy. This is the brain level that is at the instinct stage.

You may be puzzled that the seedcore is in the mother's body before the entity. We will try to explain. The entity remains on the inner planes as the previous entity, even though the seedcore has been detached and sent into the mother's body. This entity, (the previous life,) remains on the inner planes separated from the seedcore, but still a combination personality-soul. When the moment of birth is near, the second stage of separation takes place and the soul and personality split, with that personality and its part of the seedcore staying and progressing on the inner planes, and the soul joining the piece of the seedcore that is already in the baby's brain.

The experience of the highlight of sexual intercourse, is a very similar feeling to that which should happen at the birth of a child and at the death of the body, (which is the birth back into the unmanifested plane). This is a repeated pattern, if you will, of the original birth of the Creator. When the energy builds to a certain point that it can not longer be contained within a minuscule black pin point — a feeling of intensity — the spasms build, and the energy eventually shatters or explodes, giving this wonderful thrill.

From the Creator God:

*“This is how I know what sexual intercourse feels like to you, because I felt it at my birth, at my creation. Humans feel it at their creation. The babe when he comes out of the womb has this memory of the father’s explosion which has been ejected into the embryo or egg. Then he grows in the womb, building up the power, and when the birth pains begin the spasms grow wider and stronger and he shatters, feeling this same thrill throughout his own being that his father felt when he impregnated his mother.”*

### **Entities Should Enter Babe Before Birth**

Some incarnating entities choose to enter the new babe before birth, thereby being present at birth of the physical form and experiencing the thrill of the explosion out of the womb. These are the people who do not search all their lives for this feeling. They did not miss it as do those who do not enter until after the physical birth. The ones who enter after this thrill do not get over the searching for it until the blending has taken place between the animal-based brain mind and the incarnating spirit.

Even those who enter before birth do not always experience this thrill if drugs are used for the birth. The anesthesia given to women in childbirth is a direct cause of alcoholism and drug use. This is why it is more prevalent now than it was, say one hundred years ago or so, and this is why natural childbirth must be returned to. This anesthesia is not the only cause of these diseases, but does cause a large percent, say seventy-five percent. This anesthesia also causes many minor health problems.

### **Search Into Sex, Drugs And Alcohol Not Fault Of Physical Body**

It has been thought previously that it was the animal-based brain part of the man who was causing the search into drugs and into sexual promiscuity. It is not the physical body’s fault, it is the incarnating entity who is searching for this because it did not enter the babe in the womb and feel the thrill during the birth. The incarnating entity is the one who missed it and until he brings his two bodies together he will be odds, at disharmony. He will cause a search to be made to replace this by any means that he can except the right one, which is synthesization of the soul and the animal-based brain. This is not the total synthesization of the spirit mind, this is the body and soul working together. Until this happens the soul will continually search. When the blending of the soul and the body takes place the search is over because at this blending he now feels that thrill. He experiences it at the moment that the soul and body have blended. This is what is meant by the term being “born again,” or “rebirth into continuity” that has been explained in previous booklets, but not on this level or depth of understanding.

It’s very difficult to tie in the feeling nature, which is the emotional body, to the mechan-

ics of the physical manifestation, which is your physical body, and at the same time try to explain the action of the minds. I'm terming it in the plural because this is what happens is the meeting of the minds of this mental body. The animal-based brain has a mind of its own and when the spirit enters, it is the mind of the incarnating entity that must blend with the animal-based brain part. Then, at the point where they reach a blending, the spirit of the Creator can also be blended. This would be your spiritual body.

It is time now that humanity understands a little fuller perhaps, what it is that drives this search for sexual satisfaction. It is a part of our spiritual heritage, our divine Heritage. Do not misunderstand, the sexual act itself is a physical manifestation. The animals without the incarnating soul still perform the sexual act to propagate the race but they hold it in check with the cycles of heat given them by nature as a system of checks and balances. Humans do not go by these cycles of heat because of the incarnating soul's search for the thrill of birth that he missed. The teachers and guides on the inner planes realize this more and more and we are advising those reentering bodies to do so before the birth. They cannot force them to do so; they can explain to them why they should do so, but they still have free will. Even on that side of the veil they have free will. If they don't want to go back until the very last minute when they have to enter that baby's body or give up their chance to reincarnate, they have the free will to hold back and not come in. The teachers and guides are trying to educate them on that side of the veil and now they want to educate them on this side of the veil. They believe if this knowledge is given to them on the earth plane and explained to them and thoroughly understood, then when they come back here to the inner planes they will hold this knowledge and make the teachers and guides job much easier. When it comes time for them to reenter they will not balk at reentering before the birth.

### **Entities Are Afraid To Experience Birth Because Of The Pain Involved**

What happens is they are afraid to go through that birth because the birth itself does cause pain to the baby which is soon covered over, the way the pain to the mother is covered over. There originally was to be no pain. There was no pain before the restructuring when some of the chakras were re-balanced. This would be the "original sin" as termed by our Biblical scholars that caused the pain of birth. But it's not just the mother, it's the child also. Therefore, the incarnating entity would just as soon bypass that and enter afterward, but he is also bypassing the thrill of the entering and goes on what is, for some, a lifelong search trying to replace it. Now the ones on drugs have very little hope of ever understanding this thereby being able to be rid of the drugs.

The teachers and guides weep at times because of man's inability to see the total picture. They need to understand themselves and to know what it is they are searching for and the

fact that their search is causing them to not ever be able to find it. Do you understand how frustrating this is to their teachers? If these people would attempt to bring the soul and body into working in harmony, they would find that they would experience what it is they have been searching for and the search would be over. Then they could continue on their way to becoming divine beings by then attempting the third part of blending or the third stage of the Trinity which is reaching the divine mind.

It's not being said that once this blending between the soul and the physical body has happened that you will no longer want sex. That's not being said at all. What is being said is it will actually be more satisfying and you will not feel the need to go searching and searching and searching with many different sexual partners.

### **Inner Plane Midwives**

There will be a representative on the earth plane – in an etheric body of course – at the birth of a form onto the earth plane. There will always be one or more representatives present for the protection and assurance they can give the entering soul. If it is a difficult birth the one being born will look to these representatives for reassurance that all will be well. The representative could even hold the babe by incorporating into the body of the nurse as the nurse is holding it. When the representatives see that all is well they will leave.

### **First Impression On New Brain Must Be Positive**

The babe emerges from the womb and is slapped by the doctor to start the breathing process. This should be immediately explained to the baby because there is an old, wise soul in this baby's body. This soul knew this process at one time, at previous births but needs to be reminded and reassured of it this time that this is a necessary action. When the old soul hears this, it registers on the shiny new surface of his brain, the first physical experience in this life to wrinkle that shiny new surface. This first wrinkle needs to be explained in a positive, loving way as the very first correlation between the physical body and the brain.

The old soul is the overseer of this action of imprinting the first physical sensation on the brain in a positive manner. If it is not explained at the time it is done, the old soul will most likely register this as a negative sensation and the first wrinkle in the new shiny brain is a negative one. These first moments of a babe's life are so important. This is a place where the father could really serve everybody in these first few moments of the baby's life. As the baby is put to the breast to nurse, the mother needs to talk positively about the taste of the milk and what it is doing for the baby's body – that it is the taste of life, that it sustains life in the physical form and also that only things that will be for the perfect

health of the human form should be put into the body.

Health habits need to be instilled in the babe from birth on. Remember please, that this babe is a very wise, old soul. When a child cries, he is to be asked what is bothering him, even if not old enough to understand, or you think he cannot understand. He is then given a talk to the effect that whatever he is crying about is not important, but the fact that he is loved and wanted is. Reassure him that together you will figure it out, but if he continues to cry you will not be able to help. When they are teething, explain to them in a reassuring voice that this is a natural happening that must be gone through when one enters a body, so that eating can become the normal way of sustaining life for the duration of the stay in that body.

A positive mental attitude towards the physical body can be instilled in the child from the moment of birth. This must be the starting point. Once any negative reaction to the pain of teething, for instance, is allowed to remain, damage to the positive attitude has already started and it is, similar to planting seeds in a garden, allowed to grow and become strong. This negative attitude is then placed on any sensation of pain that body experiences and negativity always leads to fear. This fear does its part towards undermining the mental attitudes of the entity. This, then, leads to resentment and hatred which leads to destructive behavior outwardly and finally to destructive behavior inwardly. It is like a snowball rolling down a hill.

This fight or battle against negativity has to be started by the parents from day one of the new soul's life. It is a responsibility as great or greater than taking care of the baby's physical well being, such as bathing and changing a diaper. A babe who doesn't always have a clean face or a dry bottom is better off than one who does, if he is being constantly reassured as to what is happening to this unfamiliar form he is in. This is very, very important. The first impressions on that shiny new piece of seedcore must be positive reassurance. All expectant parents must understand this.

All of this talk is registering on the brain of the infant in a positive manner and is laying the first layer of the brain for education. It must be positive and logical. A parent could even, at this time, start reading stories or explaining math problems or teaching musical concepts or anything that will help the child later. You see, all that goes into the brain in this stage can be retrieved very easily when the child starts formal education. You are talking to an old soul at this time and this old soul knows all this stuff, all the math, etc. It has been taught each lifetime to this old soul for so long that all that is necessary is to remind this old soul of the times tables, for instance and this information is registered on this first education layer in the brain.

The brain will have many different compartments and you may even want to instruct the old soul which compartment to store any particular information in, but most likely the other compartments will come about naturally if this first education compartment is layered with reminders of all the knowledge this old soul brought back in with it. This will be able to be done very strongly for the first six months and then on a different level until the child is four.

### **New Personality Begins**

This is when the baby begins to be a new personality. Until this time, it has been on an animal level of instinct. When joined by the soul, it begins to form a new personality with the sensations already picked up from the mother as the basis for building this new personality. Remember, that underneath this layer is all the rest of the information, carefully planned as to what is nearest the surface, that has been collected by that seedcore from the very beginning. The stage of chrysalis that humanity is in now can be compared almost exactly to this. The entity is only on an instinct level, which is similar to the animal level, and receiving guidance (sensations) from a body (group of guides and Teachers.) This body (unlike the mother's body) has many under its guidance.

### **The Body Is A Perfect Universe**

The body is a perfect universe that will process automatically all that takes place in it, if it is not interfered with by the conscious mind. If left to function on "automatic pilot," it tends to stay well-balanced and cleansed. This is why the higher mind levels must be reached. This takes the process of bodily functions out of the conscious mind and keeps them where they belong, in the subconscious mind, the lower levels.

Remember please, that a human life will encompass all stages of evolution up to the present in the one lifetime. In other words, each individual will go through the age periods in his own life cycle. His beginnings as a baby will echo the brand new animal-man, bewildered, but determined to survive. Frustrated by lack of communication, he learns to talk. First he crawls, then he stands up and walks. He is educated and he goes through stages of fear and stages of idol worship and stages of sexual exploration and stages of rebellion and stages of accepting responsibility. He has forward spurts in progress and periods of darkness.

If a chart of all humanities' evolution were made, similar to a tapestry marking physical, mental and emotional periods in black and white, this would be a help in understanding a person's behavior problems and predicting what the next stage would be and seeing that no stage is skipped. This is very important and happens, due to many causes, much more

frequently than might be realized. This has far more damaging effects than is now realized. In fact, this is one of the biggest factors in the world's problems at the moment. All must experience each stage of humanities' evolution. No matter for how short a time period, it must not be skipped.

This one guideline would be very necessary to those directing education for children and also for those in charge of health for children and adults alike. If one of these stages is skipped, there is a breakdown in the health of the individual, manifesting either physically, mentally or emotionally. This is what causes abortions of fetuses – the skipping of a stage of the creation process. No stage can be skipped by any.

## **Death**

When the time comes to leave the earth scene and return to your home, the spirit is the first to withdraw. It starts its process back into the tiny pinpoint of a black hole. This is very difficult to explain; the collapsing and the expanding and exploding of these black holes is wherein lies the total secret of beingness. The illustration of a balloon collapsing within itself is perhaps one of the easiest ways to try to explain this to humanity.

As the spirit withdraws it builds spasms that grow stronger and he explodes back into the black hole feeling the thrill in his ethereal body, not his physical body. At the birth of a child on the earth plane this is felt in the physical body. At death it is felt in the ethereal body which is what you will be in until your next term to come back out of the black hole into the physical form.

The entities who have had many painkillers, in the form of drugs, before death on the earth plane have more adjustments to problems on the inner planes. To begin with, they sleep much longer at birth into the inner planes as it takes time to erase the effects of the drugs from the atomic make-up of the entity. They also feel, believe it or not, cheated of the beautiful experience of death, since there is a feeling of bliss at the time of death, as there should be at birth, that is so glorious and all-consuming that there is nothing to equal it in humanity's life whatsoever. Those who have received a lot of drugs do not feel this. This feeling can be closely approximated by a woman giving birth, we really shouldn't say closely, as it does not come close, but perhaps a hint of it is present. The baby being born should also experience this feeling of bliss when bursting out of the womb, but if the mother has had anesthesia they do not, cannot, feel this. (Perhaps this is why so many enter this plane of existence bawling.) As given previously, they forever after miss this feeling and search for it constantly, using anything they can, in the form of drugs or alcohol, that will approximate this feeling, the rest of their lives.



When this feeling is missed during the death process, due to drugs, those on the other side can approximate it in a safe way, substitute a synthetic feeling, and also explain and reason with them at what happened. But this cannot be done on the earth plane to help those who miss this experience. They do not realize they missed it and, in some, it causes a feeling of resentment that never leaves, and they never understand what causes this feeling, nor does anyone. On the other hand, if the mother is not anesthetized, and the babe has this experience, it is not realized either, but the child grows up to be a well-adjusted entity, with much to contribute to humanity.

There should be no fear of dying. It is really quite beautiful. The soul leaves the body quite effortlessly. The ethereal body is what leaves you when you die. It has encased your physical body all the time you are in incarnation. Therefore you look the same or better – in your prime – after you pass over. Everything is beautiful color and light. If one needs to see angels and hear harps, one will; but if one is enlightened, he will not. He will meet his teacher and after casual conversation, will get down to the business of evaluating that life and determine whether or not he did what he intended before coming in.



When my father passed away in the fall of 1987, I asked if anyone could tell me about him – if he was all right and aware of what has happened. I received the following information:

*Yes, we have been checking on him. He is resting, quite tired but aware of his crossing and actually relieved about it. He no longer wanted to be incarnated in a form that is incapable of participating in life. He participated in life all his life and is willing now to leave it behind and move forward to renewed healing and spiritual awareness.*

*He is aware presently of your inquiry and tells you not to worry or mourn his passing as he truly wanted it. He says to tell you that you are on the right track and to continue your work and to tell your brother that if he wants to sell the business and retire to another part of the country to go ahead and do so. He does not have to pursue the business as a memorial to his father.*

*He also is in contact with his mother and his brothers, one who recently crossed over and one who crossed over as a child whom he never knew well. The one who crossed recently will be reincarnating soon, but your father has not had the necessary healing time and feels he will want to rest for a longer time period than his brother has done. His brother*

*will reenter the same family once more as his own great-grandson, shortly. Your father's father has long since reentered and is unavailable for contact.*

*All in all your father is well looked after. He has not faced the self-examination of the incarnation as yet. It is too soon. They are allowed as much rest as necessary. They themselves dictate when this examination will take place by starting the process of reviewing and remembering. At this point is when he will receive personalized help from those in charge of his clearing. This is a form of setting aside or sorting out the pluses and minuses of the incarnation. There will be regrets that fall on the minus side and delights that go to the plus side. When all is said and done he will heal much faster and start the education process which will lead to the next incarnation.*

*He is sleeping now after having roamed and visited since his crossing, checking in on those he knew in this "new" way that he was curious about, using that instant ability to travel at will. He said he liked that part. He will most likely sleep for a period of six weeks in your time span and then awake and probably make the visits again with more strength and then the other process will start, that of remembrances which will incur the pluses or minuses from within his own conscience. He will not be judged by anyone other than himself. He will have counseling to help him in the process, similar to self-realization counseling done on your plane. But he is at peace and sleeping. So be it.*

### **Son's Letter To His Mother After Crossing over**

A friend of mine, another channel, was grieving over the death of her son – a young man. They let him communicate with her through me. The following letter from her son and advice from her guides came through for the mother. (The names of the mother and son have been changed to protect their identity.)

*Dear Mom,*

*As my mother, there was no one else like you ever. You were the best mom any guy could ever have. I really want you to stop crying. You know I never could stand to hear you cry. They are letting me come through this way as a personal favor because Mrs. Hickox is not to be used for this purpose, but they have made an exception.*

*Remember the time mom when I wanted a dog and you wouldn't let me have one because you said I wouldn't take care of it. You were right, but at the time I really was mad at you. You were always right about everything. Now I know why. You have this inside track to God that not too many people have.*

*Do you know how lucky you are to be able to talk to those big guys that way. This is why*

*they are letting me talk to you. If you keep on crying they will not be able to get through as you are muddying up the air waves.*

*Don't grieve for me anymore. I really and truly am much happier now. I'm studying hard on this side to learn how to help people grow food better in the days to come. I will be working in this area and at times can give you some ideas perhaps, but will not be with you at all times as I am now. I must leave and "go away to technical school" as they call it here. Real schooling will come after awhile they tell me. It seems I'm not quite ready for the "college" classes. You see we get to pick an area that interested us on the earth and take our time and learn as much as we want. We visit experimental places on the earth and really have a lot more opportunities for growth and learning here than we did there. We also have many friends. Some are even relatives. Do you remember a guy named Sam? He says he used to know you while he was on earth. Not real close friends or anything like that, but knew you. He and I have been getting along quite well, talking over the scene where I lived while on earth.*

*Now really mom they tell me I have to quit. I love you very much and long to be with you but these dudes have made me realize that I was not to spend too long down there this time around. I will be with you again and for both of us, the time will pass quickly. You will get the other kids you know. Where's your faith mom? You always told me to walk with my antennae pointing up. Good-bye for now, love Johnny.*

When I went back to correct the spelling there seemed to be more that wanted to come through from her guides:

*Martha, you simply must pull your emotional body together. We suggest a long walk each evening reflecting on all the moments you can remember with Johnny. This may seem like it would be the wrong thing to do to help you get through this. But there is a reason for it. When you start remembering his life and all the incidents that stand out in your mind about him, you will find a pattern or thread to all the memories closest to the surface. This pattern or thread or common subject matter will finally begin to pull together into showing the purpose of that incarnation for him. This purpose was singular, and once it was accomplished he had determined to leave. He had made this decision before entering. As a matter of fact he had not especially wanted to enter this time but was advised that it would be wise to enter, accomplish this one goal, then exit.*

*This is according to plan. You have been with him many times in the past and were chosen for this incarnation for this reason. Also you could not be told that it would be a short stay, or it would have defeated the purpose of his incarnation. We cannot give any more*

*than this now without running the risk still of defeating the purpose. The answer lies in past lives, not the present. Know this, that it is cleared up now and will not have to be undertaken in the future. Some achievements take a much greater toll on humanity than others and what you have been through is just possibly the hardest, even much harder than losing a spouse, as a spouse is not part of your own flesh and blood. Losing a child is one of the, nay is the most difficult separation to handle. We feel that your anger and disbelief and non-acceptance are normal reactions. Understanding is the key to overcoming. Hence we want you to focus on his life and especially the times spent directly with you. Therein lies the understanding which will overcome the grief. Bless you my dear child in your agony.*

### **Rest And Review**

One will be allowed to rest and relax for a period of time depending on his need for this. This is based on age and physical condition of the body at crossing. The ethereal body can carry scars from one lifetime to another if they are bad scars. Compare it to a heavy electrical wire. The outer wrapping can be used over again on new inner wires and if there is a bad nick in the outer coat, it will still be there if new inner wires are run through it, but it doesn't hurt the passage of energy.

When rested and healed, one will be allowed to visit any relatives or friends he can contact – any on his particular level. Then his teacher and guide takes him to the station of evaluation, where they review that incarnation and decide what line of study should be pursued. He will be advised and guided in this decision by his teacher, who will explain the benefits of all choices and help him lay out a plan of action.

### **Preparatory Schools For Earth Plane Incarnation**

As each entity reviews his progress from the previous incarnation, he is given enough time to analyze where he went wrong, what attitude attracted him again, etc. Then he is sent to school in the Halls of Wisdom and those particular attitudes are worked on until such time as the entity feels he is strong enough to be tested again in that particular area. But say he had several different attitudes to overcome. The schooling would take much longer. It is rare that an entity would be allowed to reincarnate just to work on one specific area unless it was really a strong attraction he was fighting. This does happen, but it is quite rare. The schooling could take a long time, judging by earth time, let's say eighty or one hundred years, or as little as one or two. This is also quite rare and is usually a failure – a wasted opportunity. It usually happens only when the previous incarnation had to be aborted due to unforeseen events. If this happens, the entity would be allowed to reenter as soon as a proper vehicle was found.

We'll say, for example, an individual finds that he needs to have lots of work in the area of prejudice, jealousy and controlling his anger. The teachers are dubious that he is ready to handle all three of these areas in one incarnation as this is a rough assignment for anyone to take on. He feels so strongly that he can lick them all, that they decide to let him have a go at it. Then much research has to be done to find exactly the situation that could combine all three areas to be worked on. This could take quite a while, but usually not too long.

The following came through when I asked about a friend's grandmother who had died some time earlier:

*She has moved on to the preparatory schools for earth plane incarnation. She will be involved in a lengthy process of education on this side of the veil to prepare her for her next incarnation. At the present time she is studying new teaching concepts for children as this is what she has determined she would like to set as a goal for her next life. In this past life she saw so many children that were totally "left behind" in the education process that she determined to come up with ways that would help all children. This is just a small part of her present studies. She is involved in all aspects of civil rights as they relate to prejudice because she was guilty of prejudice towards certain races in the past life.*

*We are not contacting her directly because this would only interfere with her progress onward. She has gone through the period of mourning for those she left behind and is now healed. If we bring her a message now from a beloved grandchild it would only set her progress back. She has accepted the separation and is eagerly preparing for the future. We suggest the grandchild left behind do the same. We are reading her records and progress report to bring you this information. Rest assured that she is well and actually quite happy. She never had enough time to pursue some of her many interests while on the earth plane. Now she has that time and is taking that time. She has not set any date for reentry. She wants to be sure that she is ready and can make much progress spiritually next time.*

This is the way it works. When your half of the divine spark is in the cycle of suspended animation on the inner planes, it has its computers running and is storing knowledge gained, lessons failed, and so forth, for the last life. It then correlates them with the seed-core's record. Then, when awakened out of the rest period, the spark has a good idea of where he failed, and of what he needs to work on. He begins his studies on the inner planes and at the same time begins forming plans for his next class on the earth plane. This work continues until the teachers decide that it is time to re-enter the classroom.

## **Ready to Go Back To School**

When one has convinced the teachers that he's ready to go back to school (reincarnate), he has an assignment sheet drawn up as to what areas he wants to work on, similar to what chapter in a school book they want to study and then be tested on. He then takes his assignment sheet and, similar to entering or registering for college, he and his advisor go to the computer room and enter in the requirements needed for the lessons to be studied, such as what nationality, race, sex, and many other factors. The sex you were in your most recent incarnation is the one you remain until you reincarnate again. Then, as explained, you decide what sex you think would give you more opportunity for growth in the next incarnation.

The computer then comes up with, say six choices, giving the time expected for birth, location of birth, etc. This is then narrowed to three and the other three are returned to the computer bank. Then a panel of seven judges, so to speak, take the remaining three prospects and interview the student and his advisors. The panel of judges choose the one set of parents or one mother who will best be able to give the student the necessary background for his efforts. When the seven judges and three advisors are in complete agreement, the student is then told of the decision.

The student had a say in all except the choice of the one out of the final three. In other words, he had the choice of race, sex, location, time of birth, etc., but the final choice was not his. He is then introduced to the prospective parents and stays close and gets to know them. If at any time during the process he begins to have doubts as to the wisdom of the choice, he can ask for a review of the facts; but if the judges still feel it was the right decision, he must stay with that choice or give up his chance to enter school (earth) at that time. If the student can show a just cause for his doubt as to the wisdom of the choice, the judges will change the appointment; but the reason must be valid and very important for a change to be made. One reason the judges would change would be because of a damaged baby. Unless the student really wants to take on the difficult lesson this would present, he will be allowed to change as long as a suitable vessel is available.

## **Choosing Our Own Forms**

The form that each finds himself encased in on the earth plane is one which the entity himself chose before entry. If one does not like something about oneself, there is no one to blame it on. It is your total responsibility. No genes were to blame. If it is something that is due to heredity, you chose this circumstance with your eyes wide open. One must be able to accept this responsibility and ask themselves why they chose as they did. Was it to set up certain conditions for themselves to overcome, and by overcoming, gain a lesson that would permit them to take a step up the evolutionary ladder? Probably so. Therefore,

the more sympathy given a crippled child, the more harm you are doing him, and this is harm to his eternal soul that we are talking about. He must be made to understand that he chose a “special” body to be able to accomplish a “special” task. This is the attitude that must stay uppermost in his mind; he must try to ascertain what that task was. If hardships are overcome and the task completed, this is a giant step forward up the ladder for that entity. He should be encouraged and fortified with education and support, but never pampered and babied. Gentle, firm, disciplined support, and gentle urging, is what is needed.

Most people never apply any circumstances of their lives to a bigger picture than just that of the physical, material world they live in day by day. Therefore, most of these well-planned and set-up lifetimes are a big waste. This will not be allowed in future incarnations. There will be a test given, and if one cannot pass this simple test, one will not be allowed a chance at a “special” (handicapped) body to speed up their progress. This is part of the “tightening up of the rules” process that is taking place!

### **Choosing a New Personality**

Choosing what sort of personality one will have is also part of the master plan for each incarnation. After all, one could choose all other circumstances very carefully to set up the needed experiences and if the personality were left to chance, it could ruin everything. You see, certain lessons would be so easy for one type of personality and terribly difficult for another.

The signs of the zodiac are laid out on a wheel with personality traits pertinent to each sign. The choices in the birthing center are, as spoken of previously, narrowed to three. The expected time of birth is looked up on the zodiac charts and taken into consideration when making the final choice. It is chosen with respect to the lessons to be worked on and has a definite bearing on the final choice. After the final choice has been made, the personality ray is chosen. The soul ray is kept throughout each lifetime.

The basis of astrology is thrown off somewhat by the uneven days in the months. This breakdown of months is not mathematically correct, as all things in the universe should be. Each zodiac sign is determined by the placement of the star at any given point in rotation of earth. The different movement of the stars focuses a different energy on the earth at that particular time. Energy from one planet can be forceful and energy from another may have a calmer effect. It really is an important aspect in the birthing computer room. If the delivery of a baby on earth is speeded up, it can really throw a monkey wrench into the planning that went into that incarnation. Do you see how this could happen? It does have a bearing if it throws the incarnating one under a different influence than was planned. In some instances it makes no difference. It depends on the time of the month.

The energy coming in from other stars is determined by that star's plane in evolution. Remember, they have evolved back to pure energy and are the influencing factor on the zodiac signs.

### **Choosing our Intelligence Level**

The intelligence level is chosen along with all the other factors. This would be included in the choosing of the musical keytone, as the possibilities of the mental body tone are an automatic result of the keytone chosen, as also are the possibilities for the perfection of the physical body. The three tones given in the Personal Music Charts are the Keytone and the inner and outer aspects. These all have to do with the physical body, they are the emotional, mental and physical makeup of the physical body, or the first three dimensions, the lower left section of the brain. The other tones, the emotional and mental body tones, are an automatic process, found in the theory of music, for the possible growth, illumination and perfection of the emotional and mental bodies. Therefore, when the keytone for the physical body is chosen, the mental is an automatic harmony.

The intelligence of all entities is determined by the soul tone they came in on at original creation. This soul tone also has a predetermined mental level of activity which is an octave higher than that of the physical body's mental tone because the soul tone is an octave higher than the physical body tone. The other tones are also an octave higher than those used on earth. As one continues to climb spiritually the intelligence level raises with them. When the vibratory rate of a soul makes the expansion at the seedcore level, then so also does the intelligence level change as it becomes a combined intelligence at that point. The first stage of combining with the twin is what was just described as the octave higher. The seedcore level not only goes an octave higher but also is expanded intelligence. This happens again at the undersoul level and, of course, when all rejoin the Oversoul the intelligence is that of the Creator God, of which there can be no intelligence higher. The levels of raising the intelligence are also tempered with wisdom as they evolve, so intelligence is no longer the determining factor. The wisdom to use the intelligence is.



**This series of New Millennium NoteBooks will hopefully further our understanding of things that happened long ago and far away from the time period we are experiencing now. Analogies are used in many places to help with understanding. Teaching through the use of analogies will be the trend of education for the future –**

**AnalogicThought. While contemplating these NoteBooks I hope you will allow yourself to imagine that perhaps I have been given incredible insight into some of the mysteries of the universe. Please allow your mind to expand and wonder “what if” it all took place as being presented.**

**Norma**