

THE NEW MILLENNIUM NOTEBOOKS
SPIRITUAL PROGRESS PART IV
Eternal Life



Neil Hickox

Excerpted from
The Chrysalis Teachings
by **Norma Hickox**

Cover Photograph
A Peregrine Falcon in
Los Angeles, CA

by
Neil Hickox

A soaring bird always brings wonder and joy to us and perhaps a bit of envy also. Were it not for our physical bodies we would be free to soar just like the bird. This photo was taken from the 25th (top) floor of a bank building near the intersection of two major freeways in LA – the 101 and the 405. The falcon evidently had built a nest on the roof of the building.

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A Profile

I am a professional musician. I play and teach six instruments and compose music. I've been an organist and choir director for many different religious denominations. I have also taught vocal music in private elementary and pre-schools and have had my own dance band in the past. I live with my husband Lyle in Grand Junction, Colorado. We have one son, Neil, a computer scientist living in California. Neil has done many of the drawings used in the teachings.



Norma Hickox

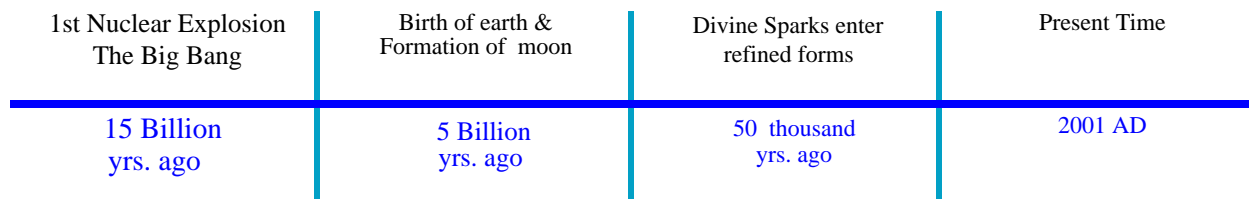
Photo by Neil Hickox

When I began composing in 1981, the music and lyrics would flow out in complete form. A year later, I began to receive information from a spiritual source that flowed the same way as the music. This new material was later explained to be from spiritual teachers whose intent is to bring the Chrysalis Teachings to human understanding. My individual part in the work is to act as a thought provoker; to bring through ideas that stretch our minds and break us out of the shells of old thinking; allowing us to wonder "What If." This work is in the realm of creative ideas, before inventions are made or new products are designed and opens the possibilities of new ways of doing things. For the last twenty years I've been working on the Science of Music. This science will tie everything that has existed since the time of the big bang until now, to a musical vibration for the purpose of finding compatibility between the different kingdoms.

I have been blessed with the privilege or gift of "knowing" many spiritual truths. It seems that some part of my makeup has the ability to "know" and "see" the aspects of creation in a way that relates to musical vibrations. Actually, being a musician, it was the vibrations of music that I've been exposed to since the age of four that enables me to do this.

These notebooks enable us to look at any time period of the universe. They allow us to experience events that have happened in the past, events that are happening now, and events that will happen in the future. Each New Millennium NoteBook will take a look at a small portion of the TimeLine of Eternity.

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CHAPTER ONE

ETERNAL LIFE

Know Thyself

You need to contact or rather to form and know your own soul – know thyself. Once you are able to make this contact you can reap the knowledge gained by your former incarnations but must not depend too much on them as some of them were not as wise as you. How could they be? They do not have all the knowledge in the computer at their hands that you have now. Of course they have learned more on their own on the inner planes, but not as other personality-souls who have their own experiences. You actually have a chain to draw from all the way to planet twelve. If you tried hard enough you could reach them, but they would be so much more advanced that if you did reach them, you would not understand their existence at that point anyway.

The way to reach the center of your being is by curious about everything. Wonderment at the world and how everything ties together with everything else. It does not mean big fancy words and thoughts. Deep thought is tracking an idea as far into infinity as the mind can reach and then still not being satisfied and forcing it further – like butting your head against a wall until it gives way and you are free. An idea will also do this and that is what you are. An idea that has been set free to explore and wonder, all because the oversoul wasn't satisfied with the returns he was getting on his thoughts. He butted his head against the blockage and shattered the energy into sparks that went into time and space to explore for him.

You need to do this in your own mind. Try it. Take an idea, any idea, and send it as far as you can consciously. Trace it to all of its probable endings, then shelve it for awhile and then dig it out again and forcefully state that you know there is more and demand that it fly free to discover what that “more” is. A good thing to start with is the idea of the trip through our solar system . We've traced it to planet twelve, but it does not end there. Send it out into space and see what returns to you as the next stage of the Oversoul's journey. Doing this with everything will cause you to think deeper immediately. Don't just slap the surface, stand back and look at it from all sides and try to imagine all possible outcomes.

This is what meditation will help you accomplish. Center your mind on one thought for several days until you get a breakthrough in wonderment. You pick the idea. You have to be curious, really curious about it to achieve deep thought.

Look to the fertilization of the human egg by the sperm and study the process of the development of the fetus and the birth process and you see the process of the universe. It is exactly the same only without being clothed in a form that can be seen. It doesn't need to have the forms for it to take place and it doesn't need to be seen to be the truth. It needs to be felt and sensed. Humanity has a long, long way to progress to ever reach the point of feeling and relating to infinity. It simply is not within humanity's grasp at the present stage of evolution. When infinity is sensed and grasped, that is the ultimate rejoining of your beginnings, the closing of the circle where you have found yourself.

Personal relationships are important because the individual oversoul needs to have the experience of knowing and relating to the ideas of other parts of itself. Like an octopus it puts out tentacles, one hundred and forty-four of them. Each tentacle showers sparks that are capable of reproducing one hundred forty-four different personalities. You are half of one of the sparks. Your individual soul is your little piece of a tentacle. There are one hundred forty-four pieces from the one hundred forty-four tentacles. It's like splitting the atom. It's very difficult to understand, like looking into a mirror, into a mirror, into a mirror, etc.

Your immediate concern is your personal soul, your piece of the Creator, that is infused in you and goes with you when you cross over. On its level, it needs to know the other pieces and to understand them in order for you to ever understand yourself. If you are only interested in yourself and your ideas, you will never really know yourself. In order to know yourself completely, you have to know and understand all others who are part of you. You are incomplete by yourself. Even when joined with your twin you are still incomplete, but you do not feel so fractured.

Twin Souls

Even on the first planet as a part of the whole, there were individual sensations for each electrical particle that remain as the basis for that one's nervous system through his planetary journey – through all the twelve planets. If one could trace his incarnations just on the third dimensional earth plane, they would see a similarity in their nervous system make-up in each life, and this follows through all planes. The twin souls will have identical nervous systems because they split the same identical spark. One will be positive energy and one negative, but the component electrical elements, the formula in other words, will be exactly identical in reflection.

Some are being mistaken for twin souls who are simply soul-companions or soul-mates. If one is your soul-mate, it does not mean you need to be or should be together. You must ask yourself if it feels right to you. Are you mentally, emotionally, physically and spiritually matched? If not, does any of these areas matter that much to you? Which area is it? Is it more important than other areas? What are you satisfied to compromise on? There is a test that can be done to determine one's twin if it were needed, but it is not needed as these twins know immediately without any test. It is as instinct. As earth is at the very beginning of the fourth dimension, there are some that have their twin in incarnation but the time is not right for the rejoining. This will occur after the fourth dimension is in full bloom.

When you cross over, you progress on the inner plane as a soul-infused personality looking for its twin soul, the other half of the divine spark that fell at creation. It takes all of your stay on earth's planes to be rejoined with your twin soul. When this twin is found, you will both be so highly evolved you will no longer need to reenter earth's plane as you will be able to be pure energy at this time. You will not be perfect energy and will continue to work toward this goal, but now as a complete spark once again and therefore there will be no feeling of separation and searching and longing and loneliness. You see, it can be no other way on earth's plane, because when you find your other half you do not return. Therefore, everyone on earth has this feeling of searching and loneliness and always will.

You continue searching on the inner planes for your twin and studying and learning and will know when the twin is found. There will be instant recognition (male and female halves) and together, mated as one, they continue the evolutionary journey onward towards home. When the twin is found, you plus your twin soul, plus all the learning of each one's former incarnations, progress to the fifth plane for healing and preparation for the rest of the journey. You will progress through the fifth plane, healing; sixth, separation from others; and seventh, helping and serving others. You will wait on the seventh with all other former parts of the seed core for the rest of the probable realities to get there before moving on to planet eight.

Here the total complete seedcore with all the knowledge of all one hundred forty-four realities, synthesize and bring together (gather in or reap) all that is good and of benefit and discard the rest and move on to planet nine where, similar to planet six, they plan the rest of the journey. Then they move on to planet ten, an experimental work station, then on to eleven for more synthesis, then on to twelve where all form back into the lightning bolt (the oversoul) and move out of this solar system.

The soul that is in one's body is at the same level as the twin on the inner planes. It's true level is the same although it may be operating at a lower level on the earth plane to help it learn a particular lesson. This would clear the lesson up for each half if the goal is accomplished by the half in incarnation. This is why the half on the inner planes tries so hard to guide the one in incarnation as it is to this half's benefit also. They move up the scale in unison taking turns as to which half incarnates, not necessarily every other lifetime, but perhaps five lifetimes as the female half and then five as the male half. No matter which half incarnates they still have the choice of which type of body to enter, male or female, to better accomplish the lessons that are needed.

Guidance

When listening for one's guidance the only way there could be more than one message would be because of conflicting messages coming from the animal-based brain, the personality. The message of the soul in incarnation will be in complete harmony with the message of the half on the inner planes. The difference between the messages being heard from the personality and those being heard from the souls working in harmony is what sets up duality. The voice of the soul is the tiny voice within and is usually quite dim compared with that of the personality. This is what the first stage of synthesization will accomplish, will be a blending of these two, the personality and the combined souls, the half in incarnation and the half on the inner planes. This will be the reaching of the "higher self," but not the "higher mind." As stated, that is a higher process.

Walk-Ins

A highly evolved soul on the inner planes can ask for and receive permission to enter as a walk-in, but only for the purpose of accomplishing something for the benefit of humanity. They must have, of course, the permission of the one whose body they want to take over. Sometimes this is pre-arranged, that is decided on before one enters. It could be thought of as being the same as two people sharing the same job with one taking the morning shift and one the afternoon shift only instead of doing this every day, they do it over the lifetime with one taking the early part of the life and one the latter part.

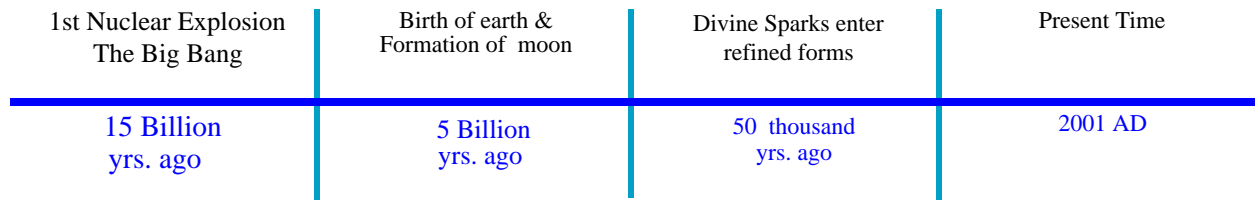
These two highly evolved souls may each have one purpose they want to come in for, one little bit of left over karma or one thing they will feel better about if they accomplish before moving on. This does happen more than might be thought.

They can also, if it is considered of prime importance, enter the body of one who wishes to leave with the permission of all concerned, of course. Sometimes a chela (a student) will volunteer to enter and serve in that body, preparing the life circumstances for his master to enter later; thereby saving his master the trouble of going through the baby and

childhood stage. This is also quite rare.

Many today who feel that they are walk-ins, are not. They simply have had the next stage of evolution unfold in their lifetime. This is happening to many and is a stage in the evolution of all whose time has come. Those ready for this stage were chosen to be in incarnation at this time. The teachers on the inner planes knew this would happen to them at some time in this lifetime and if the process does not unfold naturally, they will see to it that it is brought about in some other way because it must take place.

Believe it or not there are very few cases of walk-ins. As given, it is for the most part simply the unfolding of a stage of evolution due to the star seeding that was done thousands of years ago. If there is a walk-in it is almost always well-planned in advance. A master teacher will ask for volunteers from among his students to incarnate and prepare a purified body for the master to use when it matures. The student does not have to be from the same seedcore, but quite often is. He is allowed to choose circumstances that will allow him to work off karma in the early part of the life. If, when the master enters, the student had not fulfilled any obligations he had undertaken, the master must fulfill them for him before being allowed to start his own mission. This is a universal law. This may include raising children until they are adults.

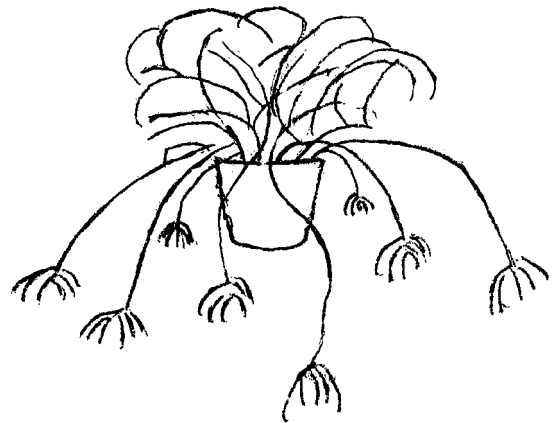


CHAPTER TWO

SEEDCORES

Individual Seedcores

The individual seedcore is what stays and reincarnates each time. Your individual soul, that spun off from the seedcore, goes with your personality. You do not die, but the soul-infused personality that you are now does not come back to earth. The moon, though considered “dead” still fills an area of time and space. So humans, when “dead,” are also still in time and space. Your seedcore, that which you spun off of, is what comes back. It spins off another personality-soul combination that you help to create. Your twin soul’s seedcore does the same.



A Seedcore Compared to a Plant

Incidentally, when one dies young, before approximately the age of four, there is not much of a new personality that has had time to form. There is an exact criteria when the entity in that body returns to the inner planes that determines whether that personality or any part of it will survive. This criteria will not be given at this time due to the reaction this would bring forth in those who have lost children at an early age.

The seedcore goes to the inner planes with you, the personality-soul, when you cross over. You are one at this point. You read charts of your seedcore’s progress, have conferences with teachers, discuss mistakes and areas where lessons are needed. You, with much help from your teachers and guides, plan what the seedcore’s next try will be like, the lessons that are needed, the goal, etc. The seedcore then separates from you, similar to the stages that separate from a rocket. You, the personality-soul with all the knowledge of the seedcore still in your memory-computer bank, stay and progress on the inner planes. That same knowledge that you have in the little piece of seedcore that has spun off and stayed in you, (your individual soul), also stays in the central seedcore that reincarnates into another

body.

This seedcore of each, their individual seedcore, is like a porous rock or stone, or perhaps a sponge. All the tiny cells of this sponge are filled with all this great and beautiful knowledge of former incarnations. It is compressed in each to as small an area as possible. This sponge needs to become as though soaked with water. It will swell and expand inside each and the knowledge locked in these tiny black holes of cells will be released. The way to get it to expand is through meditation, imagination and visualization. But first there must be the awareness that it is there inside of each, in the brain of which only 15 to twenty percent is being used now. These cells of the sponge must be enlarged for evolution to go forward.

You see, all your former lives are part of this seedcore. This is the point where the good and bad are separated and only the good, beautiful and creative lives are kept. This is the true meaning of death. If the life you lead has been so degrading and so unspiritual, that you cannot pull it back up with help on the inner planes, that particular personality truly “dies.” It will not linger on. No part of it will be incorporated into the seedcore to have everlasting life.

All it takes is one plus act or deed to allow any lifetime to incorporate as an eternal part of the soul. If there is nothing that was achieved in that life, than no part of it will remain. As an example, say you had a lived a life as a murderer we’ll call Dan. If you never did anything good in that life, Dan would not live eternal life. It is as simple as that. Yet if Dan, before he died repented and gave money to help a blind child or to feed his old mother or something like that, than Dan would become an eternal part of the soul and live on.

A past life that did do not accomplish what it incarnated to accomplish is what causes most of what is termed schizophrenia. A facet that did accomplish the goals is at rest with himself and content to study and progress on the inner planes. It is the ones who left unfinished business that are not. Depending on the strength of this past personality and the strength or weakness of the present personality, this previous personality can surface and even remain the dominant personality from that time on.

This is why people need to be educated about the true process of reincarnation. If they understand this they can deny this other facet any expression until they themselves are strong enough to be able to help the other facet. This strength will only come from blending with the half of the soul in the body. At that time the half of the soul on the inner planes who has been working with the previous personality, who left unfinished business, can then determine whether to give this other personality any surface time or not. If it is a sim-

ple matter that can be accomplished in an hour or two to give this past personality peace, it will most likely be granted. But if it is something that will take a long time it will not be. The past personality will have to accept the fact that he will have to resolve it on the inner planes. This most likely will not take place until much later, at the seedcore level. At that time the problem will be taken up and the seedcore will determine the best way to finish up the unfinished business left by this one particular facet of itself.

The personality that does not accomplish anything worthwhile on the earth plane goes to one of the first two levels of the astral plane. There is no light here in either of these two planes to speak of. There is little hope of helping any that are sent to these two dimensions. As there is little light or no light, there is little or no electrical content to this energy. In other words, the spark is so dim as to be almost indistinguishable. This means there are no thought-forms present. Without the thought-form, there can be no eternal life. The energy caught in these two lower planes does get a chance every few thousand years or so to be reviewed and it may be determined that they have been able to bring back some of the thought patterns that were present in the last life. When and if this happens they are moved up and put with a group under a specific teacher. They may eventually be able to pull themselves up to reincarnate on the earth again and strive for growth. If not, this energy is sent back to the pool of atomic energy to be used in other forms, not as human beings, but perhaps as some species of evolving animal that is moving up the evolutionary ladder. This would be starting over again on the evolutionary track for these sparks who cannot seem to progress as humans. This does not happen very often. At times, the energy caught in the lowest levels is sent to a different solar system to evolve. But one thing is for certain, this energy can never be gotten rid of. It is still a piece of the Creator and will be used in some manner for evolutionary purposes.

Akashic Records

This process, the way all this is handled, is similar to documentary films kept in a projection room (Akashic Records room). There are rolls of records in the akashic record room. The individual lives are each stacked on top of each other as “cans” of film in a projection room. Instead of using a numbering system for the cans of film the notes of the chromatic musical scale are used. When twelve lives have been completed for each trip through the chromatic scale, the group of twelve rolls or cans of film are wrapped together and labeled with the musical tone of that particular set of lessons. The rolls of twelve are then turned sideways and stored with the previous musical tone. They are left standing upright in front of the bin for that soul, the male and female bins are side by side. When each have completed twelve lives for the same musical tone, they make a “documentary” of the positive and negative aspects of each life. The negative aspects or lessons that need to be learned are stored on one film to be worked on in the future. The positive

lives are weighed or compared to the previous negative documentary and those attitudes that were transmuted by either half of the spark are eliminated from the negative documentary.

As you can see, it is a system of pluses and minuses of the combined lessons learned by either half. Whoever chooses to incarnate the next time chooses which items on the negative documentary film they want to transmute and then they refer to the positive film to choose past strengths gained. You can see why you need to be in contact with your other half. The strengths you need to draw on may have been a strength gained by your other half instead of you. If you never reach contact with the other half you most likely will not transmute the negative attitudes you chose to work on so they can be eliminated from the negative documentary.

As you keep coming back to the inner planes after each lifetime you bring the knowledge, or perhaps understanding is a better word, that you have gained and mesh it with the previous incarnations through the seedcore. The seedcore is the original divine spark from the Creator which spawned your individual soul. The good is kept stored in this seedcore, the other is what is brought back into incarnation to be worked on, relearned and re-experienced because it wasn't acceptable to the standards of the seedcore.

You come out of an incarnation with concepts you have formed in that life. These concepts are then presented to a panel that evaluates them for the seedcore. If this panel determines that a certain concept is unacceptable for storage in the seedcore they most likely will decide that this concept should be the basis for your next incarnation. You will then reincarnate and strive to prove or disprove your theory. At the end of that incarnation you will again present it to the panel of evaluators for the seedcore to once again be accepted or rejected.

I was given the following explanation of how the seedcore operates:

The number of entities making up the conglomerate working with you usually hovers around twelve. It may drop, at times, as low as six or have as many as thirteen or fourteen; it depends on the birthings that take place of conglomerate entities, which depends on the progress gained from each lifetime of the of half of the soul whose seedcore is giving birth to conglomerate entities.

Any efforts and activities that are pursued solely for the physical form's enjoyment will not do the eternal part of them any good once they leave this life. They truly cannot take it with them. They should instead "store up treasure in heaven," if you will, so the divine part of them has something to store in the seedcore so that it may hope then that it passes

on to the Oversoul, or they truly are “lost.”

What does it take to get it stored in the seedcore. What is the criteria? Any act that furthers another’s growth and progress as far as their spiritual path goes will be recorded. Any new concept or theory that proves to be of benefit as far as furthering mankind’s spiritual growth will be stored, and these concepts will need to have the ability to be expanded. Any act that gives you personally a feeling of “goodness” is also stored and your own soul will be very selective about what gives the “special feeling of goodness.” You can be sure it will not be in the line of “ripping off another human being or store or anything of that nature as far as money goes. It will never be anything of a materialistic nature that is allowed to be recorded. Now do not misunderstand! We must live our materialistic life or the opportunities for lessons could never be set up in which the fulfillment of acts and deeds can be done to be stored in the seedcore. It is the balance and blending of the duality that insures eternal life.

Perhaps you return to the inner planes with several different concepts or theories that are unacceptable. As this would be too much to try to accomplish in one lifetime, the seedcore will send you back in with one and keep the others to be handed out as assignments to other members of the seedcore to take back into incarnation and prove or disprove, similar to investigative research.

Same Process Applied To Large Seedcore

Now to move this up a step higher the same process is gone through on the large seedcore level. This time all documentary films of the combined twin sparks that have “graduated” from a certain tone, we’ll use the tone of F as an example, are meshed or merged into two documentaries again. This time they are not labeled positive and negative as before because they are by this time all positive. They are labeled instead, individuality/creativity as the one to pass on to the Oversoul. The others are labeled “not valid” because they do not stretch the confines of the human mind. Now remember, they are all good or positive concepts or they would not have been passed to the seedcore to begin with. They just do not have the quality necessary to move forward, they instead move backwards for more refinement at the lower level and are then incorporated into a documentary that is again brought before the seedcore for consideration.

If one of the members of the seedcore interferes with the progress that is being made, it will set the whole seedcore’s progress back and out of time schedule planning. This is turn throws off the progress of the Oversoul who needs to have this information then before he can graduate or move on to the next tone. This holds up the next Oversoul coming up on the rung of the ladder behind Him, etc.

To recap, the soul is what makes up the seedcores. The soul joins the half of the soul left on the inner planes and as a whole soul, does an accepting and rejecting of all its past lifetimes. It is almost like reviewing a group of plays wherein you were the star and deciding the best roles you played. You analyze everything and perhaps one small line that was delivered quite eloquently from one play will be the only thing to go on the plus sheet for that play. But this is enough for that play to stay on the roster of good plays.

The ethereal name is in the akashic records, but only plus experiences are charted under them. Negative lifetimes are charted of course, with big black marks beside them and as they are balanced by a good karmic pay-back, they are zeroed out as far as the black x's go and any good that perhaps did come from that lifetime, in spite of its being a negative over-all experience, is then listed under the ethereal name.

This process is gone through at the end of each incarnation and believe me, when an entity sees how very little there sometimes is that is permitted in the permanent record of the seedcore under the ethereal name, they feel much regret for the wasted opportunity. (Anytime one needs to have strength and power and needs to draw on their storehouse of treasures, lessons already mastered, they should use their ethereal name.)

Eventually the large seedcore will present the concepts that it approves of to the Oversoul and the same process of approval or disapproval is gone through. This time the concepts would be of much higher and more spiritual value. If rejected by the Oversoul, these heavy-duty assignments from the "Big Boss" are handed out to those who are destined to come back to the earth plane to become great leaders of humanity.

When You Cross Over

Once an incarnation has ended, the new personality that was formed must be presented before the "board of directors" of the seedcore and the total incarnation is relived. It is then determined if this was a plus or minus lifetime and if a plus, the most important forward moving realizations that this personality molded into their life as a guideline to live by are kept and put into the "open basket" of the conglomerate mind and the entity or personality is taken into initiation as an inner plane guide and started on the training process. The guidelines this one had that did not prove to be forward moving for human spirit were put into the classroom exercise program that he is started on. In other words, he has passed into the conglomerate mind due to the validity of certain concepts and guidelines he has formed and meanwhile he is also sent back to school on the inner planes to work with the unsuccessful concepts or guidelines he brought back with him. All of this is ongoing while he starts training as an inner plane guide.

If none of his concepts were valid for moving forward the spirit of humans towards reunion with the Creator, then he is put into a program that prepares him once again for incarnation to relearn and experience and work with the unacceptable concepts.

The lives on the first half of the allotted span for each seedling of the seedcore are spent working out personal concepts that weren't proven and perfected enough to allow him entry into the guide training program. The last half of the lives then are used to take concepts which have been approved by the seedcore board and work them and take them further, push them past the limits that any human being had taken them previously. The central parts of each seedcore then work with future concepts seeing always the overview for all of humanity.

The Seedcore Compared To A Tree

The seedcore is like the holder of the family tree. Each spark that split in half came from a certain branch of the fork of lightning that shattered onto the earth plane. Therefore there are family branches on many levels. Picture a tree. Out of the main trunk there are many fairly good sized branches that all have many smaller branches off of them. The seedcore would be as the very end of a branch off the smaller branches. Each spark that broke off from that particular end of that particular branch is from the same seedcore. It can follow the line of communication back up that branch and into the main trunk of the tree. It can even follow the main trunk to other branches and connect with the experiences learned by these seedcores.

Difference Between Conglomerates and Confederations

To explain the difference between a confederation and a conglomerate, it is a matter of the origin of the confederation, or conglomerate or seedcore, as to which branch of the main tree trunk the seedcore came from. A seedcore is a conglomerate or confederation. Picture the Oversoul as the tree trunk and the leaves at the ends of the branches as the confederation. The branches themselves could be considered the undersoul. The confederations or conglomerates, then, are groups of seedcores all from the same branch that are "in training" to rejoin the undersoul. They are part of a protective force around the planet rather than an educational force, although they do that also. Their position is to protect, not only the humans on the earth plane, but also the teachers from the higher planes. They serve these teachers and act not only as servants, but also as consultants. They honor the teachers and do what they can to ease the flow of the teachings back and forth from the inner planes to the higher planes. Each one serves a period of time in a confederation before moving on. The Oversoul is, remember, the tree trunk in our analogy, the confederations are groups of leaves at the end of the branches. They are called conglomerates in the

Chrysalis material because this information is coming from a teaching group rather than a protective group.

Seedcore Group Together On Inner Planes - Should Do This On The Earth Plane

The seedcores have a tendency to group together on the inner planes. This has not been true on the earth plane, but it is in the beginning stages now of members of one seedcore finding each other, or planning to find each other on the earth plane. It was not realized previously that this was important to evolution but it has now been determined to be of more importance than thought.

The following came from my teachers:

You, Norma are working on an assignment from the Oversoul. There were those from your seedcore that volunteered to help. The assignment was one that you and your twin spark, who is also in incarnation, took on in conjunction with each other with help from the rest of the family. You may want to picture it as a family whose father has left the earth plane with unresolved problems or questions. Two older members of the family, Norma and her twin spark, vow to clear up the answers to the father's unanswered questions and the younger brothers and sisters volunteer to help. This is, perhaps, not a good analogy but will give some idea of the process. The younger brothers and sisters also have projects of their own to accomplish. Some are assignments from the seedcore, some are assignments from the undersoul. Usually there will be only one assignment from the Oversoul being worked on by any one particular family group. In this case, the main assignment is to give the Science of Music to humanity through the process of the Chrysalis Teachings. The Science of Music is the assignment of the Oversoul, the Chrysalis Teachings themselves are the assignment of the undersoul and the other members are also working out problems assigned by the seedcore that can be handled in conjunction with the other work.

You, Norma have been a transmitter for many previous lifetimes. It is not so much a training as it is a talent that has been honed to a sharper degree than many. You did, indeed, incarnate this time to bring in the Chrysalis Teachings. That was the total purpose of the incarnation, but it could not be achieved until some personal karma had been cleared from the records.

When one gets to seedcore level, he has much to think about. One member of the seedcore, has taken on an unacceptable concept that was rejected by the seedcore. It was not an original concept with him; he volunteered to 'clean up someone else's concept' for the good of the whole seedcore as this other member could not seem to accomplish the task.

Another member of the seedcore, is working on a different type of project. She volunteered

to pull together a number of concepts that were in a gray or fuzzy state and sharpen them up and define them for the seedcore which will then decide if they are acceptable or not in the form she brings back with her to the inner planes. In other words, she took on the assignment of defining several 'borderline' concepts that were not totally unacceptable, but were not clearly and concisely defined. They were muddied.

Another member of the seedcore has plans at the present time which, if carried out, will prevent her from helping with the Chrysalis Teachings.

Another member of the seedcore accepted a concept that had been rejected by the seedcore as not valid to be the main goal of this incarnation. Because of the nature of the unacceptable concept, he himself chose to drop back several tones, from Ab to F, as this tone of F was the origin of the concept. This would allow a better chance of transmuting it for the good of the whole seedcore so it would be an acceptable concept to pass on to the Oversoul.

You could say that this entity is living in a "time warp" during his waking hours, but at night is in his actual true position. He has now begun to bring actual progress into bearing on the "time warp" lesson and, with the help of other members of the seedcore to hold him steady, can transmute or transfigure or transpose this one unacceptable concept.

When the seedcore accepts the transposed concept which by now has been raised from, in our previous example, the level of F tone consciousness to the true level that this entity should be at, that of Ab, then the documentary of creative individuality film can pass on to the Oversoul who is waiting for all these rolls of film documentaries to come in from all the seedcores. Then the Oversoul goes through the process of acceptance or rejection and the unaccepted roll of film is sent back to the seedcore for more refinement. As it will be dealing with creative individuality, the member of the seedcore working on or volunteering to hone or refine or polish this creative individuality will necessarily be working on the highest tone available with the most artistic strengths available to draw on to help in this refinement. This process is handled the same as at the lower individual level. Each soul's lives are stored in cans of film and labeled with a musical tone denoting the level attained, negative on one and positive on the other. Eventually the seedcore will present the concepts that it approves of to the Oversoul and the same process of approval or disapproval is gone through. This time the concepts would be of much higher and more spiritual value.

To Review

The original bolt of lightning branched off into many branches These sparks were the

piece of the divine that tried to enter the animal-like forms. The sparks were asexual as that is what lightning is at the level this lightning bolt came from. It is both male and female energy. All energy is both male and female when in its pure and natural form. It is separated into positive and negative only for different purposes and uses on the earth plane. The same thing was true of the sparks. It was separated into male and female for purposes of controlling the forms but still is to be considered a combination of positive and negative energy. Therefore all humans have both positive and negative energy in them that have been separated according to major qualities of one sex or the other.

When the piece of the divine is separated it is called the soul, either the half in incarnation or the half left on the inner planes. When neither half is in incarnation it is called the overshadowing spirit as it is once again a whole spark or whole piece of the divine mind and has its own essence of wholeness, asexual wholeness, that is as an aura. When one finally synthesizes the animal-based brain with the half of the soul that was intended to color it, he then must reconnect the half of the soul that incarnated with the half that was left on the inner planes. When this happens, this whole complete spark or piece of the divine is connected and again gives off the aura of the overshadowing spirit that is in place at all times on the inner planes when both halves of the soul are out of incarnation. At this time they are part of the seedcore which is the main glob of lightning or energy or sparks that was at the end of that particular branch.

More on Seedcore given by my teachers:

I would like to explain the difference between Korlon and Kortina, members of Norma's seedcore group that she was channeling several years ago as far as Korlon and Kortina and then Tasha and Donoray. Kortina was one of Norma's former personalities as Korlon was that of another member of the seedcore. They have been associated in that life as they are to be in this life. The basic premise of the plan, you know, is for members of each seedcore to be together on the earth plane as they are on the inner planes. The buck stops here for both of them as this is the 12th lifetime on the tone of Ab for both. Although the other member chose a lower tone on a different level for a personal review he felt was necessary, he is still working on the 12th lifetime of the tone of Ab and will move on from there at the end of this incarnation. The spiritual body tones are chosen to match the planned incarnation. If one chose a tone in the lower part of the scale to work through and then chose a highly advanced spiritual body, there would be much confusion and a very difficult lifetime.

As far as Korlon and Kortina's relationship with Norma and another member of her seedcore, they are merely doing what was planned and are expressing the overall plan correctly. This needs to serve as an example to humanity as to how the plan works. This rela-

tionship of the seedcore needs to be explained to humanity. There are other members of this seedcore at lower levels and higher levels, but as the 7th planet is the one ever to reach back to help humanity, it is most often us (Korlon and Kortina) who will be contacted unless more difficult information is needed.

The difference between Korlon and Kortina is that Norma and the other member of the seedcore are growing and evolving at a faster rate on their plane than Korlon and Kortina are on theirs. It is highly unusual for earth plane entities to pass this far ahead of the seedcore group. Most people never seem to accomplish the reviewing of lessons in time to move faster than the seedcore group before the incarnation is over. This is what has been holding up the progress of humans. This reviewing must be done by all and should be the basis of all your educational institutions and religious groups. But it is not. This is why the new schools for children are so important and also the schools, classes and lessons for adults. All of this would speed up everyone's review process so they could then start on the goals for this incarnation. (This is also why many people channel the same entity continually. They are not moving forward in their growth.)

Korlon and Kortina are at the seventh dimension of the seedcore, Tasha and Donoray are at the ninth and tenth respectfully. It is a higher telescoping of the same energy that made up Korlon and Kortina. Korlon and Kortina are still on the seventh plane but have moved up several levels from when Norma was contacting them. This is a case where reverse time is evident. In other words, time on the earth plane is going faster than time on the inner planes. This is unusual, as stated before, and is due to the proficiency of this channel. Her climb through the mind dimension of the physical universe has been faster than Korlon and Kortina's climb through the levels on plane seven. These are the levels that relate directly to the mind dimensions. In fact, Norma entered at a level higher than Korlon and Kortina. She entered at level nine with Tasha.

As everyone must review to bring themselves back up to entry level, when she started channeling she reached her past lives first, the ones that she had decided to bring in with her. These were Francois, Charles and Phillipe. These were levels 4-5-6. Then she reached seedcore plane of 7 and contacted first Korlon then Kortina, who is several levels past Korlon. She progressed on up to nine where she blended or synthesized with Tasha, then up to level ten and synthesized with Donoray and then the blending with Master took place.

Suicide

The animal-based brain's actions can go beyond the control of both halves of the soul and the seedcore and commit suicide. This can happen if the animal-based brain is so strong

that the half of soul in incarnation never gains any foothold whatsoever over this animal-based brain. But it is difficult to tell in most cases, as there may be one moment in the lifetime where the soul does gain control, through desperation, and end the life by impressing the entity to commit suicide. This would have to be a life that is so totally disastrous that it would set the soul back many, many lifetimes. This does happen occasionally. As stated it is an act of sheer desperation on the soul's part that allows a momentary breakthrough in control long enough to commit the act.

But there is a large percentage of suicides that are committed due to astral plane influence. We would say that probably 75% of them are caused thusly. About 5% are desperate acts of the soul about 10% are planned acts of the soul leaving only about 10% that are acts of the animal-based brain. You see, the animal-based brain is a part of the physical body and this physical body is programmed, through instinct, to survive. For an animal-based brain mind to deliberately commit the act of suicide goes against all of nature. Nature, in the form of instinct, is very, very strong. We would say that even the 10% that may commit the act as a result of the animal-based brain are working with an impaired animal-based brain, due to disease or birth defects in the form of an undeveloped animal-based brain, a brain so underdeveloped that it has no reaction to instinct. This would be one then operating as a "vegetable." When they are at this level they cannot function enough to commit the act. Many of these cases are mercy killings that have been made to look like suicide.

There is nothing wrong with a mercy killing if one is operating on an impaired animal-based brain, if there is no soul in the body. If there is a soul in the body, then the responsibility lies with the soul. Otherwise, it lies with the doctors or the family.

Some of the earth plane teachings through the churches have taught that suicide is the worst "sin" that a human can commit. This is not true as it quite often is the result of listening to the God Within. Perhaps this was a very short lifetime planned to clear up one area of karma that would not fit in with any other karmic debts as far as circumstances on the earth plane allowing for a grouping of this particular karma with any other. Once that karmic debt has been cleared, the soul can return to the inner planes and plan the next life which can tackle a grouping of karmic debts, a grouping that the other piece of karma simply would not fit into. Therefore suicide is not a "sin" as has been taught. There is not such thing as sin.

The death of an individual is planned by the seedcore which is the motor center of the whole soul. It is always planned by the seedcore. There are no accidental deaths. It does not always plan the exact form of death unless the form of death itself is part of the karmic debt being paid off in the lifetime. This happens about 60% of the time, that the seedcore

plans the form of the death. The rest of the time the seedcore plans the time of the death, leaving the method to be determined by the soul during the lifetime. At times even the time of death can be changed by a soul who determines that with just a little more time he can achieve a big accomplishment. He would plead his case before the seedcore and there would be help and advice brought in from higher sources and the timing can be changed if it is determined that the accomplishment is worth it. Therefore, death itself can be changed from what the seedcore determined would be a long enough lifetime to accomplish the goals that were set. Sometimes the free will of humanity can change the length of the lifetime of individuals.

From my teacher:

The work you, Norma, are engaged in is one that will have a bearing on much of humanity. If you had used your free will to not have been willing to bring these teachings through, then many incarnations would be affected. Because with some of the advances you make possible, this in turn lends itself to allowing greater growth for others so the incarnations of others can be extended by their seedcore. It is not always cut and dried as to what the seedcore determined and more of this flexibility is allotted, the higher in evolutionary growth you go.

Sometimes members of the same seedcore serve together on the earth plane. This is true in your case Norma. You chose to be born on the earth plane as the anchor of the seedcore grouping. Picture a multiple birth on the earth plane. You can have a set of fraternal twins and one a single seed. This is the structure of your seedcore. There are two sets of fraternal twins and a single seed, the same breakdown that could happen in a live birth of quintuplets on the earth. Two more of your seedcore are actual twins in the physical body. You all have your own individual talents, but the goal for the seedcore is the publishing of the Chrysalis Teachings in book form for all of humanity, both now and in the future. You are the restructuring agents for the New Creation – restructuring of all aspects of life on earth.

Seedcore

I would like to further define soul growth (on the keyboard of souls) as opposed to the personality growth on the (keyboard for personality). The keyboard charting soul growth is actually not the next keyboard above that of the entity in embodiment. There is a keyboard of seedcore activity that is between them. The seedcore itself acts as a distribution point or a “roundhouse” or gathering point for synthesization of materials gained from individual personalities, so this keyboard chart could be considered a past personality chart. These are personalities formed by the halves of the spark. They chart the growth for the individual half of the soul. The next keyboard up is charting the average of the two halves

of the soul. This keyboard would be comparable to the report card at the end of the year. The seedcore chart would be comparable to the report card at the end of the first semester and the personality chart to the report card at the first quarter. The movement on the seedcore chart takes place every two or three centuries. The whole soul (not spark) makes a move on his keyboard every 2500 years or so, or should, if keeping up with the expected progress. These are part of the cycles of the solar system.

Each and every individual soul is part of the whole and, as such, has a time schedule to keep as far as growth so he keeps up with the cycles of the heavenly bodies. Part of his growth is tied into the movement of the heavenly bodies. He is an esoteric aspect, or part, of a thought-form which forms certain galaxies or constellations or new stars forming, or perhaps is slated to be part of a new planet. This is the growth in movement that the soul's keyboard chart is tracking. Astronomy charts, or planetary charts or any reference to planets are talking about the whole soul's progress. This is the basis for astrology and much misinterpretation has entered this field, but for the sake of understanding you could compare the chart of soul progress to astrology. The seedcore chart could compare to numerology. It deals with how many personalities each half of the soul has had, whether they have been as male or female. It records the good deeds and the bad deeds. This is the keyboard chart directly above the individual's personality chart. This seedcore is a clearing house that discards unwanted material from individual past lives of each half of the soul, and charts the good lessons and growth that took place in each half of the soul's personalities. The seedcore is the planning department that actually plans the next personality spin off that will be done by each half of the soul. The seedcore is the motor center or perhaps nerve center for the whole soul you might say.

The individual personality chart of each one on the earth plane is expected to start from C and review up to the point of entry and beyond. For some this review may take the whole lifetime and they never start on the new course of study. For others the review lasts not much longer than the forming of the personality and they get a very quick start on the new lesson plan, the new class in the school. Each one is different. Some plan to finish the review in a hurry and start on new lessons, but get caught up in the material world once they get there and never finish the review, as said. Each one of these lives is planned to cover one of the twelve degrees of pitch between each chromatic tone on an octave keyboard. These are the Personal Music Charts. What this means is that in each life they will progress through twelve levels of C, twelve levels of C# twelve levels of D, etc. By the end of the incarnation they should have been through all the experiences on all twelve degrees of pitch of each of the twelve chromatic tones.

The keyboard of the seedcore will then average out the growth of this lifetime along with

the average of the other past lives of both halves of the soul. This will cause a movement of undetermined length. It may achieve a growth of perhaps three levels of one chromatic for the whole soul. In other words the incarnation may begin at tone F the third degree and may only accomplish enough good to raise the seedcore chart to tone F, degree seven. The keyboard of the soul, the next one up, cannot make the move to the tone of F# until another personality has been planned and incarnates. This can be done by either half of the soul, either the half that just returned or the half waiting on the inner planes during the last incarnation. If this next lifetime gives enough good growth to allow the seedcore chart to climb from the tone of F, level seven to the tone of F, level twelve or further, the keyboard chart of the soul will be able to make a move of one chromatic step. This does not need to be from F to F#, of course, it could be from D# to E or from G to G#. In other words, the seedcore chart is at a different tone. It is keeping an average figure for the two halves. It is even conceivable that it could regress, go backwards in any one lifetime if a really bad personality is spun off. This does happen at times. It could be considered the same as an explosive combination of genes coming together in the physical evolution. The seedcore can come up with a mixture of concepts, or truths, along with a certain set of lessons to achieve a certain goal by determining to mold a certain type of personality by choosing birth times, places and parents that don't all blend in harmony and produce the beautiful personality that was pictured. This does happen, not very often, but it does happen. This usually causes a backwards slide on the keyboard. Say, for instance, from the tone F, degree three they may slip back to the tone of E the tenth level. This does not change the keyboard of the soul from whatever position he is resting on. He pays no heed to the ups and downs of the seedcore keyboard until a climb out of any chromatic tone's twelve degrees. Then and only then will the chart of the soul move forward one chromatic step.

You can use all experiences to evolve and everyone does. One can use the very nature of survival for spiritual growth similar to isometric exercises. As you evolve you're still up against challenge, whether its to find food or a job. Both can be used equally for progressive spiritual growth. Many, many people have evolved in India into saints from being poor or beggars. This did not hinder their spiritual growth. But at a certain stage on the path, certain experiences do not allow enough challenges for further growth. Those we are talking about as rising from poor beggars to saints came in as saints, choosing this way to be as an example to others of how to attain sainthood. It was part of their lessons to do this to prove whether or not it would work to give humanity an example such as this to follow, to get them over their material focus. For the most part, the experiments did not work. Those saints had to go back to their seedcore and report that the idea did not work favorably for the most of humanity. They may have affected a small percentage of the people, but they needed to redesign the idea. Jesus was one who choose a redesigned concept

on the same theme. He had more of a chance of success, but his mission has been tampered with and contaminated with too many other earth plane thoughts.

As far as comparing evolutionary gains to isometric exercises, isometric exercises soon become merely a holding pattern for the person doing them and do not achieve creative breakthroughs into new abilities. The same would be true of a person who chooses to come back each time into a country such as India and sit on the street begging. He would be in a holding pattern and would not be achieving any breakthroughs as far as future evolutionary progress goes.

This series of New Millennium NoteBooks will hopefully further our understanding of things that happened long ago and far away from the time period we are experiencing now. Analogies are used in many places to help with understanding. Teaching through the use of analogies will be the trend of education for the future –

AnalogicThought. While contemplating these NoteBooks I hope you will allow yourself to imagine that perhaps I have been given incredible insight into some of the mysteries of the universe. Please allow your mind to expand and wonder “what if” it all took place as being presented.

Norma