

THE NEW MILLENNIUM NOTEBOOKS
SPIRITUAL PROGRESS PART II
The Soul's Journey



Neil Hickox

Excerpted from
The Chrysalis Teachings
by **Norma Hickox**

Cover Photograph
A Peregrine Falcon in
Los Angeles, CA

by
Neil Hickox

A soaring bird always brings wonder and joy to us and perhaps a bit of envy also. Were it not for our physical bodies we would be free to soar just like the bird. This photo was taken from the 25th (top) floor of a bank building near the intersection of two major freeways in LA – the 101 and the 405. The falcon evidently had built a nest on the roof of the building.

A Profile

I am a professional musician. I play and teach six instruments and compose music. I've been an organist and choir director for many different religious denominations. I have also taught vocal music in private elementary and pre-schools and have had my own dance band in the past. I live with my husband Lyle in Grand Junction, Colorado. We have one son, Neil, a computer scientist living in California. Neil has done many of the drawings used in the teachings.



Norma Hickox

Photo by Neil Hickox

When I began composing in 1981, the music and lyrics would flow out in complete form. A year later, I began to receive information from a spiritual source that flowed the same way as the music. This new material was later explained to be from spiritual teachers whose intent is to bring the Chrysalis Teachings to human understanding. My individual part in the work is to act as a thought provoker; to bring through ideas that stretch our minds and break us out of the shells of old thinking; allowing us to wonder "What If." This work is in the realm of creative ideas, before inventions are made or new products are designed and opens the possibilities of new ways of doing things. For the last twenty years I've been working on the Science of Music. This science will tie everything that has existed since the time of the big bang until now, to a musical vibration for the purpose of finding compatibility between the different kingdoms.

I have been blessed with the privilege or gift of "knowing" many spiritual truths. It seems that some part of my makeup has the ability to "know" and "see" the aspects of creation in a way that relates to musical vibrations. Actually, being a musician, it was the vibrations of music that I've been exposed to since the age of four that enables me to do this.

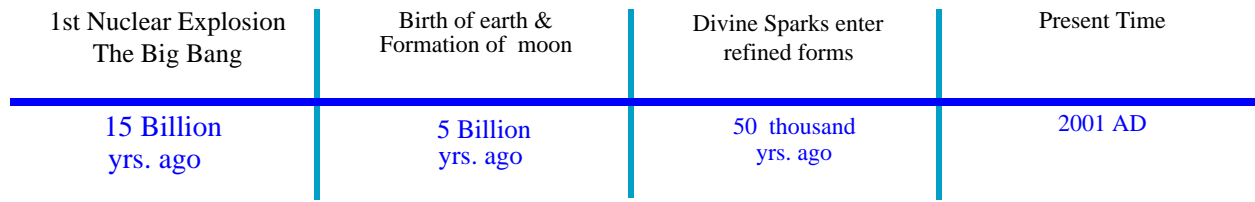
These notebooks enable us to look at any time period of the universe. They allow us to experience events that have happened in the past, events that are happening now, and events that will happen in the future. Each New Millennium NoteBook will take a look at a small portion of the TimeLine of Eternity.

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CHAPTER ONE

THE SPIRITUAL PLANETS

The Planets

The life lived on the first three planets was not of the kind that can even be conceived of by humanity. I'll only say that it had an evolutionary plan like planet earth has. All three of the previous planets had their plans and still have their plans. Yes, life of some form is found on all planets, but is not recognizable by us as life, because we have nothing with which to compare it.

Planet Number One

These early planet evolutionary chains are not appealing to humans. The first one is simply air, that's all; just the atmosphere itself; but this is the start of life in our solar system, ions and neutrons that make up air, electrically charged air, that eventually starts forming into thoughts and ideas.

Planet Number Two

When a thought forms enough to ask, "is this all there is?" it immediately finds itself on the second planet. Here it develops into small ringlets of atoms that make up storms with lots of wind and rain. The energy that forms into groups on planet two tends to stay together through the whole trip. Eventually the ringlets get tired of playing around this way making storms. Even though it is quite pleasant, it begins to seem quite useless.

Planet Number Three

When this thought strikes this particular ringlet of energy, it leaves the atmosphere of planet number two and proceeds to planet number three. It is still in the gaseous form, but develops into a thinking bolt of lightning, an electrical line of energy. These ringlets (groups) cling together like the grease puddles floating on top of the kettle of soup, because "like attracts like." One ringlet of energy is human, one animal, one plant, and one mineral. The human band or ringlet is by far stronger and larger and much more intelligent. It is the main part, the largest ringlet. It makes up about ninety percent of the Oversoul. It plays around planet number three until it realizes that if it has progressed to

this stage, there must be more.

Planet Number Four

It leaves planet number three as a lightning bolt and strikes planet number four (earth). When the energy flare hits earth, the top half of the energy stays up above and, like a whirlpool, the bottom half spirals down. The energy is spinning so fast that because the top half is stationary, it eventually breaks in two and that explosion releases the divine sparks. The bottom part of the energy, the very bottom, is the mineral track; next is the vegetable tract, next is the animal track and then the sparks themselves are for the human track. Because the energy at the bottom didn't shatter into sparks, (mineral, vegetable and animal), these kingdoms are not individualized. We therefore should think of all things in nature as our younger brothers and sisters in whom we are in charge. Because of our having the superior intelligence, we are responsible for them. They evolve right along with us.

There is an ethereal realm of planet earth which is the true fourth mind dimension and planet. It is a different vibratory mind dimension and planet, but is a "preview," if you will, of what perfect conditions could be on earth. Theories are tested here in an unmanifested state before being sent down to be implemented in manifestation on the earth plane. There is a well planned field of help and expertise for everyone. The lower levels are the hardest and take much work. The more quickly contact is made with the other half of your soul the easier and faster your progress will be from that point on.

The minute the thought strikes that you know all you need to know and you truly feel satisfied and knowledgeable, your growth and evolvment stops. The thought, "There must be more than this," is the only way to progress. You must tell yourself that even though you understand spiritual concepts at the level where you are, you know that you really don't have the whole answer. You know there is a deeper understanding. That tells your teachers and guides that you are ready for more.

The fourth dimension is on the ethereal body of the earth. The spirit of each planet is found on the ethereal bodies of these planets. As an entity moves from the first to the second to the third he moves into the spirit, the ethereal body, before he is able to go on to the next planet. When he moves to the next planet then he goes to the physical body of the planet and elevates himself, working his way up through the twelve levels of that planet and into the ethereal body. This then permits him to move on to the third. The same thing takes place there and that permits him to move on. Each time, then, the entities work their way up through the twelve planes on each planet and into the ethereal body. Actually, the ethereal body is where that true dimension is. The planet itself is still on the dimension previ-

ous to it.

Lets compare this to our schools. It would be as if a child in the second grade is still considered to be of first grade accomplishments until he has completed that second grade. At that time is when he would be called a second grader. Those in the third grade are considered to be of second grade mentality until they have finished the third grade. This is the same thing that takes place on the planets. They're not even first dimensional until they have climbed through the twelve planes of the first planet and get to the ethereal body of th first planet before they are considered first dimensional. The same thing takes place on the second, third and fourth planets, the fourth being earth. You will not be considered fourth dimensional until you have climbed through the twelve levels of the fourth planet and graduate into the fourth dimension ethereal form or body.



The soul is a necessary part of the physical form that is used on planet four, but was not present on the first, second or third planets and is not present after planet number four. This is a concept that will be difficult for people to understand at their stage of evolution. The soul is spun off the seed core which is what is used over and over again on planet four with new physical forms and personalities for every incarnation. When that incarnation is over, the one that crossed over into the inner planes remains their on the inner planes as the spirit of that one who was, and continues on the evolutionary journey as a third stage, so to speak, of that seedcore – a stage of spirit.

Planet Number Five

When the twin is found, you plus your twin spark, plus all the learnings of each one's former incarnations, progress to the fifth plane for healing and preparation for the rest of the journey. When this move is made you will be in a loving, protected atmosphere of healing and learning. This fifth planet is a very restful, peaceful, healing group experience. All twin sparks have been found and the sparks are united again, not only with each other, but with all other sparks into one divine lightning bolt. (This is the planet (plane) that would come the closest to what people think of as heaven, as rejoining our maker, etc.) It is truly a healing and joyous time, but is certainly not the end of the line, by no means. The journey has just started.

The ring of energy swirling around planet number five is where the thought-forms for this

planet are located, instead of on the planet itself. It is a higher step in evolution and does not sound appealing at all to those on earth; but when a divine spirit is ready for this stage, it is a goal to be strived for vigorously as it is a beautiful plane. All are together, and experience a terrific feeling of well-being and wholeness. Each divine spark is in thought-form. There is much work on individual attitudes and why they had thought that being separated from each other would be a good experience and finding out that it wasn't and that they were very happy to be rejoined with each other. There is no pain or illness or frustration and no ego problems or timid souls. All are equal in a way they never can be at all on earth. There is no difference in sexes.

When each lightning bolt (each divine spark making up that bolt of lightning) feels rested and happy and healed and feels it has really accomplished something, looking back over its long term on earth, the lightning bolt begins to get bored and that same old thought strikes – “there must be more to life than all this happiness and well-being.” This boredom drives it from its safe, restful haven of the fifth planet and sends it to the sixth. The evolutionary stay on the fifth planet is not as long as on others. The eighth planet is a short trip, as is the twelfth.

The following is a description of planet five by one of the teachers who had already been through all the planets and was waiting above planet twelve.

Planet Five

When we have perfected ourselves we move into the fifth planet which is Saturn. The energy on Saturn, the thought-forms, are in the band of energy around the planet. Let there be no doubt about this. This is where we are found and we stay there and circulate. It's like one big macro spaceship, if you want to picture it that way. This is the first ring of energy or satellite. Another term for a satellite would be a planet or a spaceship. This is what we want understood. It is very difficult because the material gets mixed up with the macro man and the micro man. The progression from the human standpoint of view, which is what you are when you are on the earth plane, is to this big planet Saturn, the macro universe. Then when we want to travel back to you, we become the micro men and this object that you view as a planet becomes a spaceship. This is very confusing. You can picture a ring of energy either way. This ring of energy can be said to be Saturn. This is where we all go when we're joined with our twin souls and we join that ring of energy around Saturn. This is the first stage of help back to planet earth, but on an individualistic basis. This would be the 1st ring of energy that you can tap into. When you tap into it in your inner being, in order to bring it down to your size, you need to picture us as micro men and picture that planet as a space ship which you can see inside your mind through your third eye. The functioning of your third eye opens up the two higher levels of your mind at

that point. You can reach us from the second section of your mind.

To explain, the first section of your mind is the first, second and third planets, the second section of your mind is the fourth, fifth and sixth planets. Your first point of contact, of course, would be the fourth dimension, the very next plane above you, the very next level above you. But then you move on to the fifth and your contacts with the sixth and then when you go into seventh is where you can see us through the third eye. This is where your information, most of it in this time period, has been coming from, although since I, David, took over it has been coming from even above that. It has been coming from outside this solar system. I am spirit above the oversoul's path, his twelve levels, so I am quite a ways above.

Records Left On Rungs Of Ladder

As I moved up through these rings of energy, I left records on the rungs of the ladder. I left records on the fifth dimension and as I moved out from the fifth dimension, through the last pass of the oversoul and moved on to the sixth, I left records of more advanced knowledge on six. I moved on to seven and from seven on to eight, but from here on, our vibration is so high that its very difficult to reach back and there are very few that can come back down. This breakthrough with you is highly unusual because there are seven of us that can reach back to you. This has not been possible earlier because there were not that many of us who are capable of it, and also, you did not have the capability at that time. Your mission has all been planned that you reach this stage at the same point that we reached our stage, so that we could reach back and contact you and give this information, trying to explain humanity to themselves.

Now to get back to the ring of energy on planet five. We would like you to picture this as circular stair steps going up in the micro men stage of it, even though you can still picture it from your point of view on earth as the macro stage of the planets growing bigger and higher, etc. Your first stage of contact would be the astral plane, the inner planes beyond earth where entities are still reincarnating back to earth before going on to the fifth dimension. There are twelve levels of the astral plane. It's a reflection of the earth plane and when you first start to make contact, you receive good information because you reach the reflected plane which is a higher mental plane. But there is an area – picture in your last war you had what was called the demilitarized zone. There is a zone between the earth plane and the astral plane that is all garbled up. Your first point of contact is below that and then as you try to move up you have to work your way through this demilitarized zone, or the garbled zone until you come out on the other side of it into clear, pure contact with these rings of energy, with the pure rings of energy.

As you raise your own consciousness you can then contact the next plane up. Now I will still be there. I as David, who am above it all as spirit, have left records on the fifth plane that you can contact and tap into the wisdom and knowledge that I possessed at the time that I was there, but I am no longer there. You're contacting my records at that point. And the same thing as you move into the sixth and the seventh and the eighth and so on right on up. You're behind me. You have to be behind me the exact number of generations that were between us from the time when I was on the earth plane until I no longer had to recirculate. Do you understand what I'm trying to say? I will always be that far ahead of you. That spacing will always be there. It's just like your birth years on the earth plane. You can never catch up to someone who was born four years ahead of you or ten years ahead of you. That difference is always going to be there, and that difference will always be there on these rings of energy, this beam of Holy Spirit.

Planet Number Six

The sixth planet is a very necessary splintering classroom again, probably the next most difficult after earth. The knowledge gained through all the incarnations on earth and all the feelings of separateness have been stored in the divine core or computer of your existence to be pulled out when they are needed on the sixth planet. This knowledge will be as instinct and intuition then and you will be free to experience and learn higher teachings.

The sixth planet is very beautiful, but all are alone. They cannot see or sense each other,. They are totally alone. They have a beautiful environment, but no one to talk to about it. They have plenty of food which they partake of alone. They, if they could see themselves, are in beautiful etheric bodies, but it makes no difference because there is no one to see them. Their seed core knows by instinct and intuition that there is no joy if it cannot be shared with others. If they thought they were lonely on earth, they did not know what loneliness was. This is loneliness. Even though the twin sparks are not separated here, they realize that having each other and being whole that way is not enough. They, the whole divine spark, male and female together, realize they want others around to share this beauty and abundance. The foliage is very lush and green. Although the climate is very hot, one can cool off under the shade of the trees by a beautiful waterfall. There are huge vines with big clumps of fruit, delicious to eat, but there seems to be nothing to do, no purpose, no pain, no goals. They begin to feel, "What am I doing here? Is this all there is, this paradise with nothing to do but sit around in beauty all day? There must be more!"

They then begin to plan what they would do if only there were others around to do it with. They have all this time to analyze how the evolutionary track of other planets could be improved, because they do remember the previous planets. They think, "If only I could try this experiment or bounce this idea off someone else. I wonder if it would work. These are

the goals I want to set to try and help universal life be improved.” All this is done, has to be done, before the whole spark can move on to planet seven.

Humanity is not ready for the concepts and higher thought processes that go on above the fifth plane. The fifth plane attitudes are easily understood by any with reasonable intelligence. The sixth plane could be understood by the highly intelligent. I say not educated, as this will not make a difference. Intelligence and evolution are the two contributing factors to understanding sixth plane thought-forms. Seventh plane is beyond most on earth today.

One sixth plane concept coming to mind is that of “greater power to bridge-over destiny.” To bridge-over something is to find a higher way, though a longer way, to reach a goal. The straight level path to a goal is shorter, but there is no sense of satisfaction or excitement attached to reaching it. If one were to bridge-over to the goal, one would find a higher area of consciousness that would make that goal look more difficult to attain because one must accomplish a higher task first before allowing oneself to attain the original goal. This causes much growth in the evolutionary process on the sixth plane. Say, for instance, one sets a goal that he wants to reach, such as learning to transmit to level four when he progresses to level seven. This is not a terribly difficult task to learn when the right receiver is found, although it takes much energy. He therefore sets a primary goal of having a new concept in some field or other, such as education or medicine, that is worth being transmitted because it will help humanity. Therefore, before he can accomplish the goal of transmitting, he must come up with a concept that is totally new and all his own. He must get over this hurdle first and in this way the second goal, which was the original goal, is achieved with a sense of satisfaction and meaning.

This is a difficult and seemingly silly concept to those on planet four, but to those on planet six it is easily understood as they are at this time unisex, the two are one. They have a whole feeling about themselves that is unattainable on planet four. This feeling of wholeness makes goals easier to accomplish and therefore the challenge is not there that this spirit is used to having drive him. He therefore sets a double goal, as he is a double entity. The challenge then is what impels him forward. This is an example, the easiest example, of a sixth plane concept.

The following is a description of planet six by one of the teachers who had already been through all the planets and was waiting above planet twelve.

Planet Six

After we've perfected ourself on the earth plane we are all together. To begin with, we

have joined our twin and we are one whole complete soul. This is a beautiful feeling. You have no idea; you just can't imagine what a wonderful feeling this is going to be when it does happen. Not only are we joined with them, but we are then also joined in group consciousness, almost back together totally again as the Oversoul was before He split and went down to experience on the earth plane. Earth plane is a very difficult plane for the Oversoul. After that, when the Oversoul is all joined together on planet five, we move as the total Oversoul on to planet six where the Oversoul again shatters His sparks, but more gently as He did in the beginning on the earth plane and we do not split into two halves. We stay a whole complete spark.

This dimension is one of what you might call the occult blindness dimension because we cannot see or communicate with others. We have to be alone and plan for what we will do when we can progress to the next planet, planet number seven. While on this sixth plane we are beautiful. We're whole, and totally beautiful. Our surroundings, our environment is totally beautiful with luscious trees, luscious fruit and luscious food. We are luscious, but there is no one to appreciate us and no one to discuss ideas or thoughts with. We're a thought-form and as thought-forms we have thought-formed ourselves into these beautiful bodies and we have all these beautiful thoughts, but as we said, there is no one to discuss them with.

But we do plan ideas that we think will help those behind us when we get to the point where we can reach back and help with more substantial help than the seventh planet can give. They can give some thought impression back, but its just not as strong. It is much more individualistic type of thing. Let us put it this way – there is no conglomerate like you are in touch with now. When you get to planet seven is when two or three will join together, or even maybe five will start joining together, perhaps even the same other thought-forms that they joined with on planet two as ringlets of energy. And because they have similar ideas that they would like to pass back to humanity to try to help and they are interested in the same thing, they join together. We are also still talking space ships, when you get right down to it, because we are micro men in these space ships. This is the way we contact you, as we said, through the third eye. But at the same time, from the Oversoul's view, we are on the huge planet Venus. I'm afraid the more we talk about it this is the more confusing it's going to be. You're almost going to have to keep a double picture in your mind or pretend that the planet Venus is the Mother Ship and we take the little ships out from there and come down to you. That perhaps would be the best way to state it.

We then go on to planet seven where we have a very, busy, beautiful existence. This is probably the most beautiful of all planets in the crystalline white colors with overtones of

lavender and purple. It is just absolutely a beautiful existence and we know that we are helping those behind us. This is the planet of help, number seven. This was my favorite and I stayed there probably longer than I needed to and I left considerable records on this planet.

Planet Number Seven

The divine sparks were one when they left the third planet and were splintered apart when they struck earth. They must become one again before leaving earth for planet number five as this is the planet of group work. It's very hard to describe. The bolt of lightning will remain a bolt of lightning (energy) on planet number five to be splintered apart again on the sixth and seventh levels, then brought back together on eight, apart on nine and ten, etc. At times they (the sparks) can glimpse a couple of planets ahead of them and even visit the next one when times are right, but cannot stay until they have completed the cycle of their own planet.

The seventh planet will ever be the one to reach back to the fourth, planet earth. The seventh plane is a helping, teaching and guiding planet. This is where most inner plane teaching comes from. It is beautiful here and a very busy and fulfilling planet. All who are here are helping those on earth and at the same time preparing themselves for planet number eight.

Those on the seventh plane are still separated from the lightning bolt, but as a whole spark. They think, "Here are others. Here is order and purpose and learning and service to others and exploration and activity. This is where I want to stay." Here is where they will get a chance to accomplish the goals they set after all the meditation and analyzing and planning that was done on planet six.

Some of them have had many lives on the earth, especially those on the seventh plane. This is the plane that all information comes from except the technical or scientific material and some of the spiritual teachings. Anything relating to people, places and things on the earth plane will be from the seventh plane.

Those on planet seven are unisex you know. Some of them, most of them, choose to be seen as the male sex, but they are the two halves back together again. They must reach this stage to be able to progress to where they are. In other words, when they have progressed enough to not have to incarnate again, (both halves of the spark reach this point at approximately the same time), then they can join a conglomerate. Their good deeds records of the whole divine spark are joined and stored in the ring of energy around their conglomerate. This is their vibratory field.

The following is a description of planet seven from one of my teachers who was on planet seven at the time:

There is no aging on other planets due to compressed time, which is a seventh plane concept. You arrive here on planet seven as an adult and move on as an adult, looking exactly the same as when you entered this planet. You have grown and changed mentally, to be sure, but your body, being an ethereal one, does not change form. You choose it; you create it. You do the modeling of your body in your mind, like an artist modeling a statue. Because it is not made up of the matter that your physical form is, it does not deteriorate, but does go through energy cycles. It arrives here on the seventh planet with immense energy and, as this is a working planet of service to the universe, this energy is constantly being depleted.

When this happens, the ethereal body must be recharged and this is when our advisors tell us to enter our form of rest and relaxation states. These are forms of suspended animation, similar to an animal in hibernation. When we enter into one of these states, it is the end of a cycle and we start a new cycle when we leave this state. The length of time spent in suspended animation is determined by the amount of energy depletion and also which cycle we are in. Therefore, the first stage of suspended animation will not be as long a period as say the fifth or sixth one. We had determined the goal of evolutionary growth we wanted to attain while we were still on the sixth planet. In other words, we had charted our next year's turn in school and laid out our curriculum. When we have completed enough cycles to have completed our evolutionary growth for this pattern, we move on.

One of my personal goals was in communication. I determined that all humanity's progress could be speeded up if communication could be established and maintained with lower planes, not just higher planes. This is a breakthrough, this communication between the earth plane and me, that many have struggled for and hoped to attain for eons. I have spent many cycles trying different methods and different channels. We here feel that the knowledge and teachings we are able to send through you (Norma) will be of great benefit to mankind."

Those on planet seven are so very happy to have assignments. Most start out as guides to planet four, helping them by thought impression all they can without overstepping the boundaries of universal law. They progress on this planet in a school, so to speak, of duties. After so long as a guide and teacher on the inner planes with one individual, they move on to some other duty – the computer birthing room, the akashic records room, interplanetary communications, etc. They are given every opportunity to achieve whatever

goal they set for themselves while on planet six. They also attend classes and may be assigned as a guide to a very adept pupil on planet four who has the same seedcore.

They are divine spirits now. They have left the personalities and the soul and the seed core behind. They have no further use for them. The soul is a necessary part of the physical form that is used on planet four, but was not present on the first, second or third planet and is not present after planet number four. This is a concept that will be difficult for most people on earth to understand at their stage of evolution.

The soul is spun off the seed core which is what is used over and over again on planet four with new physical forms and personalities for every incarnation. When that incarnation is over, the one that crossed over into the inner planes remains (on the inner planes) as the spirit of that one who was, and continues on the evolutionary journey as a third stage, so to speak, of that seed core – a stage of spirit.

A master of wisdom is one who has been through every phase of human expression that can be imagined. This one has suffered greatly all phases of human experience from physical injury and torture to betrayal by loved ones. There is no area in which this one has not had experience. When one reaches this stage, one usually wisely decides to not incarnate anymore as he can do more good for humanity by staying on the inner planes. This way he can reach and help more people than the few that he could touch by reincarnating.

These masters are the teachers in the Halls of Wisdom here and do much healing of broken and bewildered spirits who arrive here. These masters also, at times, reach down to the earth plane to help a very adept pupil who deserves special nurturing because he is sincere. These masters then move on because their own evolution must continue eventually.

The bands of color that are seen around those on the inner planes do denote their progress. The lower planes have, believe it or not, more colors – many colors. The more evolved have fewer and eventually settle into one color band. The teaching ray that is having the biggest influence on a student is the more predominant color at that particular time.

The yellow band is the band of wisdom and knowledge. The green is the band of intelligence. The yellow or gold band is the soul's forte, the green is the personality's. One may have a great storehouse of wisdom and knowledge, but not the intelligence to put it to use; or rather one may have the intelligence, but not be using it. If so, the wisdom and knowl -

edge will be useless.

Eventually the green band will widen out and be equal with the gold and the two will be absorbed into the blue band which is protective custody of all teachings. When the blue band then is blended with the pink, which is love, it will become the purple band of a master teacher. The colors do not mix and blend as an artist would do; they flow from one to another.

No two color bands are ever the same. They are as individual as the fingerprints of each human body, and are used for identification records in the computer rooms. The color bands are coded into the akashic records of each individual.

It is not only how many colors, or what colors, but also the depth and brilliance of each color that is recorded. There are many shades and hues and dimness and brightness and also a shimmer factor that enters in. Reading auras on the earth plane is a much more difficult task than on the inner planes where they are easily read.

The colors for music, rays of teachings, healing and planets are all the same. It is difficult to box them into the earth colors and this is why they are misinterpreted. Some see them as one thing, some another due to all the different factors. The ones given you, : first, red; second, orange; third, yellow; fourth, green; fifth, blue; sixth, pink; and seventh, white (or violet) are as accurate as can be to compare with what most humanity determines to be a certain color. The white of the seventh is so pure as to reflect the two previous colors at times and at other times also to reflect the two ahead of it. Due to the shimmering pearly deep look of the white, one could interpret it in many ways. A slight bit of color blindness would confuse orange and yellow or blue and green, etc.

All those from other galaxies and solar systems have different ways of interpreting colors. Each planet has its own color band itself and this determines the interpreting of colors for that particular planet. When a new solar system is forming, the whirling dust will act as though in a centrifuge and while spinning, the particles will group together and form planets. It is amazing to watch this take place. It is beautiful. Swirling colors first blend, then separate to blend again and separate again. At the final forming, all colors will separate into their own and this determines the colors of the different planets. Earth's color is truly green, but is being misinterpreted as blue by those who are viewing it from the moon. From further out in space it truly shows emerald green. The colors are tied to the musical keytones that all humans have. One is a visual I.D. and the other an audio I.D.

The colors relate as follows: Red - 1st ray - C tone - Orion; Orange - 2nd ray - D tone -

Placida; Yellow - 3rd ray - E tone - Mars; Green - 4th ray - F tone - Earth; Blue - 5th ray - G tone - Saturn; Pink - 6th ray - A tone - Sirion; White - 7th ray - B tone - Venus. (A note from Norma - I have since settled on using the colors as learned for the rainbow: red, orange, yellow, green, blue, indigo, and violet.)

Here on the seventh planet, the cities are crisscrossed or braided with crystal overhead. Many other designs are used also, and these overhead patterns form prisms which reflect gorgeous colors. This is our atmosphere. The rays of the sun are bent and twisted and layered automatically to produce exactly the right climate conditions. Our atmosphere shimmers because of the water vapor which is produced by the reaction of light from the prisms on certain materials found in the soil. The vapor is lighted by the prisms at the same time that it is formed. This produces an atmosphere of shimmering colors, unbelievably beautiful.

Hanging lights store the rays during the peak hours of sun and reflect them back when they are needed during the dimmer hours of the cycle. They glow, like your moon, only much brighter as they are designed to hold and store and then emit the light, not just reflect it.

The edifices are tall and the tops of them are woven and connected into the crystal pattern that is over the city. The roof or tower of the edifice you live in is designed to reflect the color ray you are working on at the time. We are in groups in our own place of residence, a series of rooms that are just for us. We have three colors of our own choosing in our home.

A large crystal wheel rolls slowly down an area and back, very leisurely. You may take a seat and effortlessly you arrive at your destination. We do not travel far from our abodes, only for special meetings.

We are clothed mostly in shimmering white as this can then absorb the colors of the prisms, much like the light globes. As they absorb and store, so do our clothes. When we leave our particular edifice and go to another, we glow with our own color band. We turn the force to emit instead of absorb so we don't reflect the color of the place we are visiting. Those who cannot do this yet show rainbow colors. They are not as advanced as we who are able to do this. It is a matter of the cycles. We have rest cycles here. The number of cycles one has evolved through determines their ability to do this. The highest cycle is the purple as stated before. My gold will transcend through a blending and fusing of green and then into blue and again will have to merge the blue and the pink of love to blend into purple. I have a long way to go to reach this color.

My name is Korlon and I am associated with Sananda (Jesus) at different times. He is remarkable and beautiful, a model for all to follow. He emits the most beautiful shade of purple, when he is with us. Other times his white glow is what is seen and felt.

We do much experimenting with the light from prisms and the effect the sun's rays have on all phases of life here. I am experimenting with a musical instrument called a galaxeon. The prisms reflect different colored lights which in turn activate certain tones producing beautiful sounds.

We teach our own particular subject in the Halls of Wisdom and also attend classes. At all times we are trying to help those on planet four. If we have a particular charge we await an opportunity, are ever alert to an opportunity, for communication to further the education of planet four. At times we travel in our ships outside our solar system.

The experiences we have on the earth plane merely prepare us to be able to understand most all that goes on when we reach the stage of becoming teachers. That's why reincarnation is necessary. One that chooses not to have many lives on the earth plane is not one able to help in the capacity we fill.

You see, it is not so much the experience "literally" on the earth plane as it is a curiosity about many things that equips one to be able to teach, lead and direct humanity from this side. It is not whether we were "hands on" scientists or "hammer swinging" architects or "concrete mixing" bridge builders. It is our ratio of pervasiveness of all realms of experience now that we are on this side. By pervasiveness we mean our ability to "enter" the form of one on earth and experience what they are doing. For instance, we know what certain scientists are accomplishing because we saw to it that they are accomplishing it. Therefore, we know the end results before they do and can then simply pass this information on to those on the earth plane able to receive it.

Planet Number Eight

As you move up each one of these planets, you are reflecting up an octave higher in your vibration. If you want to picture it on a guitar, perhaps, up until seven you have had the normal vibration pattern just getting faster and higher pitched each time, but when you go from seven to eight is when you go into a harmonic which is an overtone type of thing. For those who don't know music this may be hard to understand, but perhaps you could think of an overtone as more of an echo of the tone. It is so high and so refined that it has this hollow sound. From here on up, then, it is much harder to reach back because you're out in this echoing field, this dimension that is so refined. There are not that many who

can do it. There are some. Planet eight has not many in it.

The eighth plane is one of separation, similar to the sixth, where you are alone, but know that others of like mind are near. You feel comfortable with that thought, knowing that you will be reunited eventually, but also knowing that this is a necessary stage of being alone to synthesize and make future plans, map out your track, so to speak. It is not a feeling of loneliness as strong as the sixth plane was, in fact, it is quite exciting in its own way. Here they, the total complete seed-core with all the knowledge of all one hundred forty-four realities, synthesize and bring together (gather in or reap) all that is good and of benefit and discard the rest.

Many new ideas are forming because of your seventh plane term of service. Areas are seen and sensed that need to be improved. Old ideas are thrown off like totally changing your clothing. Nothing seems as it did just a short time ago. There is more, new and exciting more, out there. You have to search for it and you have to do it alone. Your aims, your goals, your focus is all on you, the personal you. You know, and feel secure in the knowledge that planet seven is helping others and that you are free to explore yourself with no guilty feelings of betrayal to others.

Life on the eighth planet is not very exciting, but neither is it boring. It is a stage of feeling confident in yourself, and your choices thus far. It is also a time to tie together loose ends and discard all previous ideas of happiness. What you thought would be the ultimate joy now seems quite childish, does it not? There is a supreme joy waiting up ahead and that is what the strategy must be – how to reach it. You know now what you are capable of and what you have inside you to draw on. Your self-confidence increases and you make your stay on planet eight very productive and worthwhile until you're ready to experience planet nine.

Planet Number Nine

Planets nine and ten have very few in them. On planet nine they plan the rest of the journey similar to planet six. The process of synthesizing as done on planes six, nine and eleven are simply the two blending and becoming one on planet six, the one then welcomes all incarnations and stores and discards knowledge on planet nine.

Planet Number Ten

After the human climbs past the level of nine, they still “reincarnate” but in a different form. They go through a stage of Evolvement of Light. This would planets 10-11-12. Planets 7-8-9 below this are accomplished with the colored auras. Planets 10-11-12 are that of light in all its stages of evolvement. Yes, light evolves also the same as humans do.

After this is when you become a pure element that no longer has to incarnate in any form on the earth.

The ones on ten are not that concerned with direct one to one helping of those clear back on planet four. They're more concerned with helping those just behind them. The thoughts, the ideas from planet seven are the ones that those on planet ten wish to work with. This is the experimental station and this is where these thoughts will be tested and perfected, etc. Also, those on ten, the experimental station, are doing the planning and experimenting and forming of planets eleven and twelve and a few have moved to them as the first inhabitants, but even so, constantly revert to ten to try something different and experiment to find a better way and form to express through on eleven and twelve.

Planet Number Eleven

Planets eleven and twelve have only a couple on them, who have a long wait ahead of them, except that because of compressed time they will not be aware of this. Those planes are just being formed. On planet eleven, through with any experiments they planned and carried out on planet ten, they decide if theories were good or bad.

Planet Number Twelve

They then move on to twelve where they graduate. The oversoul's trip through the planets is the same as the seed core's trip through earth's inner planes. All schooling should follow the same pattern.

The following is from one of the first entities (David) to make it up this far:

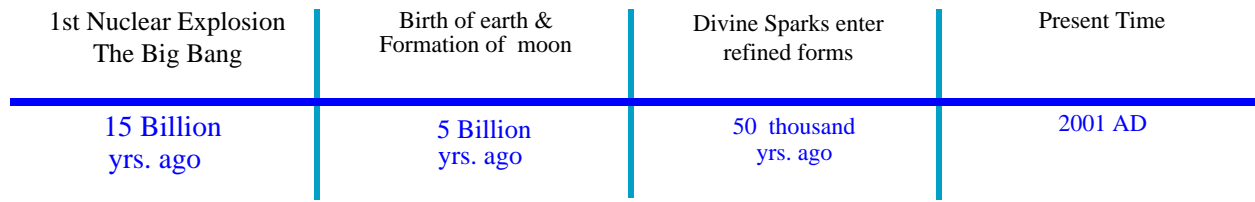
From ten up to eleven and twelve there are very, very few that have gone this far. Earth is a fairly new planet and as in the beginning of creation there was none from the earth plane to help any on the earth plane, so it is when you get to planet twelve. There is none from our own solar system that can help you, so your help then comes from a higher evolved solar system until you get enough to form your own help.

This is the stage where I am at now. I am David and am above planet twelve, and I am one of the first to make it up here. When I say first, there are probably a couple hundred of us, but I was one of the first. This is where I am, on the ethereal body of planet twelve and I will, of course, leave a record here when I progress on into the mansion worlds. I will be done soon with the total solar system. I hope that that this contact with planet earth can stay open as I progress on into the mansion worlds I will be able to reach back giving explanations of them to those behind me.

We are entities living on planets, but we are also pure elements of the sun. We will progress

on in this manner, as a sub-atomic particle until we reach the central core. Here we will instigate life in a totally new solar system and begin the journey again as a small part of an individual manifested form. This may seem puzzling. We begin as a small part of the make-up of a human body. We progress through all the stages of growth of the manifested earth plane, as the thinking mechanism of divine mind that reincarnates each time. Then we progress through the unmanifested levels. At some points here we are back in the over-soul and on some levels we are separated, but always as a whole spark.

When we go beyond the twelfth level of the unmanifested mind dimension & planets of earth we are shattered again by the oversoul in the next solar system. This existence does not ever take on a manifested form, but we exist as the individual piece of thought of the Creator that we were throughout all the lives on the earth plane both manifested and unmanifested. As we progress through this next solar system we continue with our duties of helping the unmanifested teachers still working on the earth plane. We are as their advisors, just as we have advisors from the next solar system beyond us. It is a continuing line of reaching back to help those beneath us in the order of evolvement necessary to reach the central core. As spoken of, here we start life over again in a system that is not even formed yet out of the hot gases that will eventually solidify and form a complete solar system of its own. It is continuously more beautiful as we continue to evolve. It gets very difficult to be able to explain our existence to those so far behind us. We thank you for this rare opportunity to explain how it works.



CHAPTER TWO

THE SOUL

The Creator Shattered His Mind To Experience Planets

The soul is the original spark of the Creator’s mind that fell at the beginning of creation. The Creator’s purpose in shattering himself was to learn and grow and evolve Himself and experience His planets. He could not do this as a whole mind. He had to individualize Himself in order to enter the animal/caveman bodies that populated the earth. Therefore, even though the soul is part of the Creator, it is not knowledgeable about life in manifestation. It, being a beginning piece of energy, was total light or goodness – innocent and childlike about the ways of manifestation. Even though the Creator Himself had much, wisdom and knowledge of spiritual ways, He did not have any experience as to being caught in matter.

The soul, as a soul without physical form, did live on earth in the beginning. From the beginning of Creation until the manifestation of the human form the souls lived on earth as part of the evolutionary journey. They floated around in the air, they hovered just above the ground and moved or glided among the trees and above the water. They communicated with the animals when the animals began appearing. They would move on to another planet in their evolutionary growth and some even moved out of this solar system in their journey before the human form appeared, but they never forgot the beauty of the earth planet and, if they had not progressed too far past it, elected to return to it and experience the entering of the animal/human forms.



The Divine Spark

Each divine spark, brought with it a piece of the wisdom and knowledge. Picture it as each

cell in your body that has a pattern in it whose purpose is single, to build a part of the eye, or to become a piece of the liver or help make up a finger. Each of these cells in your body has the total beingness and wisdom of the Creator buried under the surface but is of single purpose as far as each incarnation goes. This would apply to the sparks (souls) which were pieces of the divine mind. They are as cells of the mind of the Creator and have as their basis, the total wisdom of the Creator, but for the purpose of experiencing the earth plane they had a single-minded purpose. That purpose was to enter the animal/man bodies and learn to experience the world from this viewpoint and to return to the Creator with all the experiences they could gain. At the same time that these sparks were to educate the Creator, the Creator was to educate the animal/human bodies.

Sparks Asexual - Bodies Divided Into Different Sexes

These bodies by this time had a definite sexual separation. The sparks, or pieces of the divine, did not. The piece of the divine was the original half of each spark that fell. The sparks separated into positive and negative upon landing on the earth plane, but in reality were a combination of both sexes, male and female attributes even though one had a negative polarity and the other a positive polarity. Some of our misconceptions come from thinking of the sexes as being positive and negative. This is causing confusion. There is a definite difference between male and female and positive and negative energy. One has naught to do with the other. One is of divine reality, the other of matter reality. To continue, the sparks broke apart into positive and negative, but each contained both male and female attributes because there is no separation of female and male qualities as far as the spiritual life. It is all asexual. Planet earth is the only planet that goes through this particular form of separation of the sexes.

Spiritual Growth Patterned After Physical In Beginning

Each spark tried to enter the animal bodies and because of the definite distinction between the male and the female roles, it was decided that each particular spark, in actuality each half spark, would be better able to control the forms if they were also separated as to male attributes and females attributes. This separation was done arbitrarily due to experiences of the two different kinds of bodies. It seemed that because the female bore the young that certain qualities of tenderness were allotted to the female when the separation was done and certain qualities of dominance to the male because it had already developed (in physical manifestation) with early man that the male was the protector of his family. These patterns had already been established. Spiritual growth was patterned after physical growth at this stage. It was a matter of being the best way to control the animal forms for the purpose of experiencing life in this manner on this planet that the Creator had set out to do.

It is the sparks who moved on but could still watch and look back at what was happening

on the earth plane who devised the experiments of perfecting the human. They took divine substance and caused a transmutation of matter in restructuring the animal form, causing it to lose the tail as no longer necessary and redesigning the digestive system. All of this was patterned after life forms they found on other planets as they progressed. These life forms would not appear as physical matter to us on the earth plane, but do appear as physical matter to those on the other planets. We appear as solid matter to them though they do not to us. The planets beneath us appear as solid matter to us but we do not to them.

This is one of the complexities of trying to explain the spiritual realms. Each planet can see and know that the ones below them in vibratory rate are solid physical matter, but not the ones above. It must be taken on faith, as it were, that the planets above us are as real to those on them as our planet is to us. All our lifetime experiences are carried over, then, to another planet and experienced in the manner of expression for that planet, be it in the form of a dolphin or a bird or giant humans or tiny micro men. It is all the state of mind that the personality forms in.

Reincarnation Takes Place On Higher Planets Also

On these other planets, they do have personalities formed from the matter of their ethereal body, that they express through on those planets. For instance, as far as my personal teachers, one called Sashuyon was a higher level of Tchaikovsky and one called Donoray was a higher level of Sashuyon. This is the rebirthing or recycling or reincarnation that takes place above and beyond the reincarnation pattern for just the earth plane. This information has not been given to any on the earth today as it is beyond the understanding of most humans. We barely understand the beginnings of our own planet, but know that it is so. We will have future incarnations in ethereal manifestation when earth has progressed enough that the physical form is no longer needed. This will be when all have perfected themselves to the point of no longer needing to incarnate in a physical body. At that time all will be masters.

Soul Is Separated Into Two Halves

With this spark separated into two halves, labeled the male half and the female half, we had the soul, or rather two halves of the soul. Therefore the term divine spark, means the whole complete soul before separation into sexual qualities. Once this separation took place, the term soul would stand for either the female half or the male half. When one is in incarnation the other is not and vice versa.

When no part of this particular piece of energy is in incarnation it is once again a whole spark. Both halves of the spark are following a track of evolution that comes together for brief interludes on the inner planes then separates once again as one half or the other enters

into incarnation and the other half stays on the inner planes to guide. It is not always one's turn and then the other's turn. Sometimes the female half will enter two or three times in a row if the whole spark determines that is what is necessary. The overshadowing spirit is the same as the spark in the time period when both halves are on the inner planes. Therefore, all these terms mean the same basic thing but are indications of different stages of development. The overshadowing spirit comes into more power as evolutionary growth progresses, both in each individual life and in the overall progress of each spark.

Soul Has No Personality - Only Attributes That Color The Personality

The soul itself has no personality such as we think of personality. It has attributes and qualities that color the personality depending on what lessons need to be learned and which half of the spark is entering into the classroom again, but these qualities and attributes are not to be considered a personality. They shade and color the animal-based brain and the new personality develops from the combination of the animal-based brain, which has traits and qualities and attributes of its own that have been brought to it through physical evolution. The incarnating half of the soul brings with it the spiritual attributes of either male or female, depending on the form chosen, that will best help it control the form and develop the best personality for its growth. The soul helps give birth to and form the personality for its use, but the personality is from physical evolution. This is why humans are so fantastic. Those on other dimensions who have not been through earth plane experiences do not have the qualities of laughter and a sense of humor and the compassion and the expressions of joy until they have experienced the earth plane. It is a very important stage of development for the sparks of the Creator's mind. He is totally fascinated with the experiences and ingenuity they bring back to Him. Physical evolution has a definite impression on spiritual evolution and vice versa. One is teaching the other and out of this combination the Creator is growing and evolving and learning. He will then carry all this gained wisdom with Him on His evolutionary journey into the next solar system.

The soul is a necessary part of the physical form that is used on planet four, earth, but was not present on the first, second or third planet and is not present after planet number four. This is a concept that will be difficult for people to understand at their stage of evolution. The soul is spun off the seedcore which is what is used over and over again on planet four with new physical forms and personalities for every incarnation. When that incarnation is over, the one that crossed over into the inner planes remains (on the inner planes) the spirit of that one who was, and continues on the evolutionary journey as a third stage, so to speak, of the seedcore, a stage of spirit.

Personality Compared To A Painting On Canvas

The personality could be compared to a picture painted on a clean canvas that will be the

leading character in a picture book story that will be followed for a lifetime. The problem is that the clean canvas is not as clean as we think. When the soul can actually start painting with color on this canvas, it must be remembered that there are spots of grease seeping through from the underneath side of the canvas that do not let the new pigments spread and flow evenly. This causes blotches in the painting. If the soul wielding the paintbrush has flaws in the manipulation of that brush that cause uneven brush strokes and jerky lines then these, combined with the blotches, make a pretty messy painting. If the soul is wise when it enters and realizes that there are spots of grease seeping through from underneath, then he will take pains to eliminate these spots of grease before trying to paint on top of them. In some cases, at intermediate levels of evolvement, the soul learns to cover them over on top of the canvas before proceeding. What he doesn't realize is that they will eventually work their way to the top layer of paint and present a blotch after many years. A more evolved soul will know that they must be taken care of from underneath.

Influence Of Genetic Stock Is Surprise

This is the soul that starting at the age of four will be analyzing every action and reaction of not only himself, but also the parents and siblings. Now this is not apparent in the baby, but is being taken care of on the inner planes. This is an automatic process when the personality is being formed or painted on the canvas, if the soul is wise enough. The soul will have help at night on the inner planes. There are souls that – when in contact at night with the twin that did not incarnate – receive so much love and support and understanding of what is going on in the family and even that, perhaps, it was what the soul planned when he entered, that they wake up each morning as happy as can be. There are other souls that even though they get this support at night are not strong enough when waking up in the body to remember it. The difference is quite often to be found in the genetic stock. The influence of the genetic stock is a big surprise to those on the inner planes as to how strong it is. Therefore, their desire to educate humanity as to what they are “up against” is very urgent because the animal-based brain is becoming stronger with each generation that is born. The animal would have progressed to a certain level of intelligence without the incarnating soul ever entering the body. This is a natural process of evolution. If spiritual evolution does not at least keep pace, much less surpass that of physical evolution, there will be dire circumstances in the coming generations.

This experiment of humans has had many surprises and this is one of them, the fact that so much is passed through the genetic heritage. Those on higher planes are still surprised at how much is passed through the genes. This is why they are constantly searching for the best way to upgrade the human race through the physical senses besides through spiritual education. Spiritual education alone will never do the uplifting and erasing and reprogramming that needs to be done to further the evolutionary climbing that needs to

take place. This accounts, in part, for so many physical disciplines that are coming into the earth plane at this time. Most people need to have much work done on the physical body before spiritual education can possibly have much effect. Even though the mind accepts the spiritual teachings there is still that “hard as concrete” animal-based brain that, for most everyone, is still in control of the system as far as body functions go. Herein lies the biggest stumbling block those in the higher planes have encountered to present.

Memories Of Past Events Passed Through Genes

Our knowledge and memories are passed through the physical body as well as the divine part of us. Our animal brain is a receptor and a storehouse for memories that our divine spark has no interest in. Only the deeds, good or bad, of the conscience or divine core are stored in our ethereal body.

But the physical, animal brain of ours is capable of much more than perhaps we care to realize. Our animals could make much more progress if we put the effort into helping them that those on the higher planes put into helping us.

This animal brain has its own memories of events that happened to the physical bodies of any of its forebears. These memories are passed along, the same as the ability to grow a beard or the tendency to have buck teeth. If we had an ancestor that was mauled and eaten by a lion, the memory of that happening that was impressed on the animal brain would carry on through to the next incarnation of that entity and be photographed into the genetic code. The DNA of that man’s or woman’s physical offspring would carry that memory. This person’s divine spark, although having that memory in the next lifetime embedded in his ethereal body could and probably would be able to erase it after two or three incarnations, but the photograph of that event stays ever in the genetic code.

Scars on Ethereal Body

One morning while I, Norma, was taking a walk, a dog came up towards me barking. It scared me and I felt something similar to shivers in a circle all around me. I later asked my teachers what this was and received the following answer:

What you felt could be considered scars on your ethereal body from a childhood incident of being bitten by a dog. But also, along with the fear was a protective shield, an energy shield, that we immediately threw up around you. When you felt the shivers this is what you were feeling. The fear you were experiencing internally, the shivering part, was external on your ethereal body. The scars on your ethereal body did cause the fear. Those scars are still there as they will be for the rest of your existence. When a body is scarred with such an incident, there is not any way that it can be totally gotten rid of. The fear can be

conquered, but when something like that happens to one as sensitive as you, it's there on your akashic record.

The same thing would apply to floods, earthquakes, tornados, etc. Anything causing a violent, fearful death of the form stays as such a vivid memory in that one's next life, that this is when the imprinting is done into the genetic code. Take the explosion of our spacecraft, Challenger, for instance. The astronauts who perished will still have that memory, that fear very strong and very close to the surface in their next life and this is what will then be passed on to any offspring they have in their next life. Any offspring they had in this life will not be affected, as they received genes before the accident.

Those same astronauts, the entities themselves in the lifetimes after the next will probably be totally free of that fear, but any physical bodies descended from them in that next lifetime will carry the gene with the photograph of the accident. This gene can come forward at any unexpected time in any descendants. The astronauts themselves are responsible for coding it into the DNA system the next time they incarnate, not purposefully you understand. It just cannot be erased that quickly. It takes another life in a form to "soak up," if you will, this "picture" that is haunting them.

This knowledge is buried deep in humanity and some who commit suicide are acting on this knowledge unaware on a surface level, but deep down knowing they entered this time to relieve themselves of a tragic circumstance. If this were realized consciously by them and they refused to bear offspring, many problems of humanity would "die" and be problems no more. This is being realized more and more as far as physical problems, but not as far as mental problems.

Decision Making Process Not Activated Until Age Of Four

The animal-based brain has not made any decisions by the age of four, no matter how much the baby has been through. Any so-called decisions that you think were made by the age of four were not decisions, but merely instinctive reactions. The decision-making process is not activated until the age of four; the baby is working purely on instinct until this time. Therefore, these are not hard and fast decisions that cannot be changed, but merely reactions to physical circumstances, such as waking up in a dark room and being fearful. This reaction may be as a memory that came through the physical genetic heritage. So also could be the fact that their mother has abandoned them. These reactions to events are passed through the physical form. This is why rolfing, a massage technique, would help from early babyhood on. Rolfing would release these preset, instinctive reactions to physical circumstances and cleanse the form. This way, by the time the incarnated soul can begin having influence, he has a form that is clean of old outdated patterns. These old pat-

terns have been passed down through the physical form since the first cave man stood on two legs and reached up to the top of the tree for food.

The decisions that stay with a person have been made after the incoming soul is beginning to take over and shape the personality. This soul is not so evolved that he knows correct actions and reactions or he would not be incarnating. That is what he is here for – to learn. So the decisions that stay with a person are made by the soul. They are then incorporated into the personality being formed on the base of the animal-based brain.

If the soul makes the decision that his mother doesn't love him, and at the same time he is working instinctively with that same fear that has been passed through physical heritage, then he is in trouble. This will be one major attitude that will follow him until he realizes what caused it and makes a terrific effort to eliminate it. The way this would come about would be to educate him about the instinctive reaction that has been passed through physical lineage for eons. Then he must face the fact that there were some extenuating circumstances associated with the feeling he came up with that his mother didn't love him because she left him. Perhaps she had to work to insure his physical survival. Perhaps she had to give him up for her own survival. One must search out every clue he can by talking with relatives or friends, or by having past life regressions to determine karmic ties with the mother. Also, talking with the mother herself will help or searching old records, reading old letters and analyzing dreams or meditation. There are any number of ways that one can pursue the search as to why one's mother acted as she did. Then comes the hard work of erasing the decision that was made by the soul after the age of four. As you can see, each attitude may take years to accept and transmute and to attain forgiveness for the mother and then forgiveness for our own soul for accepting that premise and living with it for so long.

Pineal Gland Is Where The Soul Enters The Body

As the animal form developed there was no pineal gland in this form. At the time that the soul, the whole soul tried to enter the body, there also was no pineal gland. This was the very first time they tried to enter. That was when the direction was given that they were to not enter until more experimentation was done on the forms. This was the experimentation then that led to the development of the pineal gland as a dwelling place for the incarnating soul. In the former case, (the first time they tried to enter), having no pineal gland also made for the fact that they had no control over the forms. The pineal gland is rooted in the brain in such a way that whatever comes from the pineal gland permeates the brain cells. But this gland is inactive until the age of four. The incarnating soul actually enters into this gland at his choice, either before birth or shortly after. It is his choice. The baby, the form, works or functions on animal instinct. The soul is in the form but not connect-

ed to it in any way. It is truly like being in hibernation in a cave inside this baby's body. It is its wise self, the old person, the old soul is a better way to put it, as far as wisdom and knowledge.

This is a very frustrating time for the soul. But it is making plans, and at the age of four when this gland begins to be activated, the material of this gland begins secreting the ethereal or God substance into the brain cell. It is not a substance you can see, but it lightens up and stretches the brain cells – it spreads them apart. Until the age of four these cells have been working truly on instinct of the animal as far as body functions. Animals have experienced fears. These fears are perhaps the withdrawal of the familiar vibration of the mother, etc. but it is still an instinctive fear. Crying would be an instinctive reaction to this fear. Crying, is still of animal or physical evolution.

At the age of four when the gland opens, half of this soul moves into the pituitary gland, or part of the brain, and half of it moves into the thinking process division, which is where the mind will be developed. The one who moves into the pituitary section is the half that it was determined would stay on the inner planes as guidance. His ethereal matter is now locked into the pituitary gland which, at this point, is inactive. The incarnating half of the soul begins his work of permeating the brain cells.

To Review

The soul is that part of a person that has reincarnated over and over again to constantly perfect itself. This is its only concern – absolute perfection – so it can pass on from the earth plane with its constant round of trials and tribulations and begin the real business of living in the glory of the Creator. At present he is living in the reflection of the Creator. It is as though one can never touch the real person, only a mirrored reflection. Picture, if you will, meeting someone on the earth plane whom you truly admire and have always wanted to meet. You finally get your chance but you can only see this person in a mirror. You cannot truly touch them or shake their hand or have intimate contact with a mirrored image, can you? If you speak to a mirror, the sound bounces back toward you. If you see the mirrored image talking, you would be fascinated as the lips move and you try to read them because your ears cannot hear the music of their voice which gives a whole feeling to a person. Without hearing their voice, you are held at a distance. This is what life on the earth plane is like to your soul. It is very frustrating.

Now on the inner planes it is a little, tiny bit better. It is as though living in the shadow of that one you admire. You know you are near them, you can feel their warmth and vibration and hear their voice, but you still cannot touch them or look into their eyes or have a sense of communion with them. It also has its own level of frustration. But yet you know

that it is possible to be near the real person, to talk with them, touch them, be healed by their vibration and caressed by their eyes. You know this is possible, to work with them, to be their helper and to someday be in this inner circle. This is what your soul strives for in all its many lives on the earth plane. Your soul in your incarnated body is only half of its total self, remember. Half of it is your own personal soul on the inner planes. It is living in the shadow of the glory of the Creator which is better than what the half of soul with you in your body is doing. It is living life looking into a mirror. This is just slightly more satisfaction than a picture hanging on the wall. Therefore, contact with your own other half of your soul on the inner planes, is a much more satisfactory feeling. This is why you need to have periods of meditation, which is the only true form of worship. As your soul progresses, both on the earth plane and the inner planes, it is continually moving closer to the shadow and also at the same time, its mirror image for its half on the earth plane becomes sharper and more real. The half on the inner plane comes closer into contact with those nearer the figures you admire and want to be close to.

“This is the oversoul Michael. Remember, part of me stayed on the inner planes while I sent the other half down to experience, learn and grow. As with you, so with me. As your half on the inner planes grows and becomes closer to my half on the inner planes so must half of your soul on the earth plane move closer to the mirror, to the reflection, which is the part of me on the earth plane which is the rest of humanity.”

This series of New Millennium NoteBooks will hopefully further our understanding of things that happened long ago and far away from the time period we are experiencing now. Analogies are used in many places to help with understanding. Teaching through the use of analogies will be the trend of education for the future –

AnalogicThought. While contemplating these NoteBooks I hope you will allow yourself to imagine that perhaps I have been given incredible insight into some of the mysteries of the universe. Please allow your mind to expand and wonder “what if” it all took place as being presented.

Norma