

**THE NEW MILLENNIUM NOTEBOOKS**

**PHYSICAL PROGRESS - PT. IV**

**Progress Through the Brain**



*Neil Hickox*

Excerpted from  
**The Chrysalis Teachings**  
by **Norma Hickox**

*Cover Photograph*  
*Triple Waterfall in Rifle Falls State Park*  
*Rifle, CO*

*by*  
***Neil Hickox***

*We all love to watch a waterfall and we actually get a little excited just listening to one. A waterfall serves to remind us that water is the life-giving ingredient in all that makes up our planet.*

## A Profile

I am a professional musician. I play and teach six instruments and compose music. I've been an organist and choir director for many different religious denominations. I have also taught vocal music in private elementary and pre-schools and have had my own dance band in the past. I live with my husband Lyle in Grand Junction, Colorado. We have one son, Neil, a computer scientist living in California. Neil has done many of the drawings used in the teachings.



*Norma Hickox*

*Photo by Neil Hickox*

When I began composing in 1981, the music and lyrics would flow out in complete form. A year later, I began to receive information from a spiritual source that flowed the same way as the music. This new material was later explained to be from spiritual teachers whose intent is to bring the Chrysalis Teachings to human understanding. My individual part in the work is to act as a thought provoker; to bring through ideas that stretch our minds and break us out of the shells of old thinking; allowing us to wonder "What If." This work is in the realm of creative ideas, before inventions are made or new products are designed and opens the possibilities of new ways of doing things. For the last twenty years I've been working on the Science of Music. This science will tie everything that has existed since the time of the big bang until now, to a musical vibration for the purpose of finding compatibility between the different kingdoms.

I have been blessed with the privilege or gift of "knowing" many spiritual truths. It seems that some part of my makeup has the ability to "know" and "see" the aspects of creation in a way that relates to musical vibrations. Actually, being a musician, it was the vibrations of music that I've been exposed to since the age of four that enables me to do this.

These notebooks enable us to look at any time period of the universe. They allow us to experience events that have happened in the past, events that are happening now, and events that will happen in the future. Each New Millennium NoteBook will take a look at a small portion of the TimeLine of Eternity.

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# Table of Contents

## **Part IV - Physical Progress - Progress Through the Brain**

Chapter 1 - The Brain System .....	1
Chapter 2 - The Powerhouse in our Brain .....	9

Development of 1st Chakra Kundalini	Development of 2nd Chakra Sacral Plexus	Development of 3rd Chakra Solar Plexus	Development of 4th Chakra Heart	Development of 5th Chakra Throat	Development of 6th Chakra Third Eye	Development of 7th Chakra Crown	Development of 8th Chakra Ear
4 billion yrs. ago	900 thousand yrs. ago	700 thousand yrs. ago	600 thousand yrs. ago	90 thousand yrs. ago	50 thousand yrs. ago	10 thousand yrs. ago	2000 AD

## CHAPTER ONE

# THE BRAIN SYSTEM

### First Brain Registered Repeated Patterns

I would like to draw a picture of the stages of brain development from the first brain to the present. The first brain was a single glob of matter that registered outside stimuli when a pattern was repeated. Any action that was not repeated again and again did not register. It was simply a “musculature” conditioning to outside activity – outward physical actions. These, of course, included walking, running, eating, elimination of waste, procreation etc., the basic body functions. When an action such as picking up a rock and throwing it was not repeated for a long period of time, say several weeks or a month, the next time it was performed was like a brand new experience as far as the brain was concerned. It had no memory of the previous try and was a totally new performance. If the action were repeated every day for several days in a row, the muscle content of the brain would register this new “twitching” or “flexing” and “loosen” up the tight constriction of the cells that were photographing this action. It then became a learned action and an easier task to perform from that point on.

In the early animal-man, the very first action to register was walking on two legs because the pre-programmed brain was tuned into walking on all fours. This standing on two legs to reach food high up in trees was actually the first sign that here was an animal that could be taught new things. That first action of balancing on the two hind legs was repeated often enough to register as a muscle reflex action on the brain. Walking soon followed.

As the next generation was born, the flexibility of the brain cells was more prominent due to the use of the one giving the genes. The change in cells of the brain of the parents caused the genes that were passed on to their offspring to be more “advanced.” It is very important that this be understood. Herein lies the answers to some of humanities puzzling questions of genealogy. A man could father one child and three years later father another who was directly influenced either for good or for bad by what that father did in the three year period between fathering the two children. The mother also has this ability to pass on “changed” genes between offspring. As a matter of fact, she has slightly more influence

than the father because the matter for the form is drawn from her cells.

### **Evolutionary Growth Due To Survival Instinct**

The first animals to stand upon the hind legs became stronger and more intelligent due to taking this initiative on their own because of their desire for food. In other words, it was a matter of survival that instigated the survival of the race and caused it to grow.

In other words, the evolutionary growth of the race was begun because of the survival instinct. That set the pattern for all that was to follow as far as the development of this brain. Therefore, even after the experiments were begun by those in the higher planes to hasten this growth, there was no changing this first pattern of survival instinct which had as a sidekick, competition. Competition is a necessary part of the survival instinct. It cannot be separated from it, or the survival instinct is no longer there. Therein lies our problem. If competition is totally eliminated, humanity would not have the will to survive and would die off. This competition needs to be balanced, not eliminated. What it boils down to is the fact that competition is the survival instinct. All changing and growth that has been done since then has been built on top of this “animal instinct” of survival, leading to competition. This must be remembered and “worked” with in everything having to do with the human brain.

### **Changes Passed To Offspring**

The only way to change this ever is through education and conditioning of the brain from birth onward as to a better way to survive than competing against each other. This babe then grows to manhood or womanhood and has children. These children then have brain cells that are not as loosened up in this area as was their parents. The same procedure is then used as far as their education goes and the children they give birth to has the same non-functioning of this particular cell mass of the brain. After enough generations go by, the cells in this mass begin to deteriorate. Eventually this part of the brain is undeveloped in future generations and disappears. What a long drawn-out process of change this is going to be. But it must start now with the education of each and every babe born onto the earth plane. This very beginning of brain function is not understood by our scientists today. When it is, then will come further understanding of early childhood education from birth and before on.

A study needs to be done of the fetal growth of animals and the physiological changes that they encounter in each life and the growth they are capable of in relation to what they achieve. This can then be compared to the total overall evolutionary growth of the animal track and then can be explained as far as animal-brain based actions and attitudes. This will then all be related to the process that takes place in humans. For instance, the brain

of a baby human at one stage is exactly the same as a koala bear's brain. They could be used for experiment and research to aid AIDS. The answer to this baffling problem would be found if this research was done.

### **The Animal-Based Brain**

The animal-based brain is the motor function center of the physical body. It cannot be said that the role of the animal-based brain is unimportant. Without it there would be no life, no body for the incarnating soul to enter to experience the earth plane. It is the control of this animal-based brain for usage by the incarnating soul that is of vital importance. The animal-based brain is a physical organ by which genes are passed from physical evolution. These genes are as thought pictures passed from the parents. They are memories of traumatic and also very impressionable and inspiring happening to our ancestors. These thought pictures can go back a long way, over eons even, to the beginning of the human race, which was when the first genes from the higher planes were inseminated into the animal bodies. There will not be thought pictures passed previous to that because it was the genes from higher planets that carried the animal into the human dimension. It was the inseminating of these higher genes that changed the animal to the human and allowed the passing of genes or memories or thought pictures. Animals that followed the animal track, even animals today, do not have this capability of passing memories of their ancestors. They operate purely on instinctive reactions that are pertinent to their particular species. Humans, on the other hand, can pass these memories and can change these memories. This is wherein lies the secret of evolution itself, is in the changing of the memories and passing on more highly evolved or knowledgeable thought pictures.

The animal-based brain at the center of the brain can be compared to the sun. The twelve mind levels for the soul to use to develop are compared to the planets orbiting the sun that the oversoul uses for his path of enlightenment. As planets move out of the solar system and new ones move in, so also does this take place in the human. In the beginning of the sun and planets in our solar system, the sun kept the planets alive by the black holes of birth, by feeding them nourishment through these vortices. When this stopped the planets became able to sustain life and position in the universe on their own. The same is true of the human universe.

In the beginning, the whole of the animal-based brain was used just to keep the body alive not just by eating, but also for the functions of the lungs, kidneys, liver, heart, etc. - all the organs necessary for the life of the form. These first levels of mind power in the human have moved out. These were the controls that allowed the body to function on "automatic pilot." These body functions are partly instinct leftover from the animal forefathers and partly inherited genes passed on from the parents from the time of the inseminations of

genes from higher planets. The organs are now capable of sustaining life without requiring the absolute focus of the animal-based brain. Therefore, the first two planets or mind levels have moved out from the solar system of the brain. There is a new one coming in, the fourth mind level and it is time for the third dimensional level to recede and eventually move out.

This is the stage that most humanity is at now. There are some out ahead of this but they are few and far between so humanity as a whole must be classed as being on the brink of moving the third planet out and allowing a new one to come in. This makes it sound as though the brain is capable of only working on two levels at once. This is not true. They are all there, but are in suspended animation, the same as the twelve planets are all in our solar system. Two have moved out but the rest are all there only most of them are in suspended animation as far as life forms due to the oversoul not having progressed to them as yet. The same is true in the human, the animal-based brain has not allowed the soul to move very fast through the mind levels. The sun in the large universe is doing the same thing because of the intense heat that is still within it. This prevents life forms from surviving which prevents the oversoul from using those planets at this time.

There is hope that the animal-based brain can be encouraged to allow usage of more mind levels as there is hope that the sun will cool enough to allow life forms to develop on the planets closest to it. It is a known fact that the sun will cool this much. Therefore, it is also a known fact that the animal-based brain will allow the soul usage of the higher mind levels. There can be no argument about this. It is a universal law.

To continue relating the evolution of the brain to the evolution of the universe, the brain has the different planets all orbiting the central core, as given before. Each stage of brain power has its turn at being activated by the central core, for progress in that stage. At that time it moves out of the action category and into the memory category. This part of the brain is huge and, like a computer where data can be compressed, so also does the brain do this compressing. This is why memories of early childhood become faint, the older you get. This is what the disease called Alzheimer's does, is open back up this memory storage part of the brain and, because of its size, it starts pushing the new planets of the brain out. Remember in the booklet on the birth of planet earth, how the gases continue expanding inwardly, even though they were stopped from outward expansion? This is what happens in the brain.. The memory portion continues to grow inwardly while being blocked outwardly by the new experiences. At one point, then, it will explode and let all these packed memories loose into the universe of the brain. Because they are strong with the force of the explosion, they dominate the new brain cycles that are striving to grow, like little children. There are even the memories from other lives, that you chose to bring back



in with you, that are released, causing even more confusion to the individual and to those that are trying to help him.

The Biological Kingdom, without a spark ever having entered it, would have progressed to a certain amount of brain growth without any help. Therefore, an animal-based brain is capable of, and would have accomplished, a certain level of progress by itself. Before the sparks entered, the animals had already progressed to the point where they were standing upright, they were planning ahead for food to keep them through the winter. As you know, the animals do that now, but these were capable of inventing ways of protecting themselves from the elements and of growing food and of harvesting this food. They were truly progressed past the animal stage and would have continued to do so until the point where a lot of humanity is at still right now because they have not let in the divine spark to do its upgrading and its refining into the intelligence – the use of the intelligent, reasoning mind. If the divine spark had not entered these animal forms that they would have progressed without a spark in them. They would have progressed to the point where they would have been in family groupings, giving birth to their children, tilling the fields, eventually building their little wooden houses or cave homes as they did. At the point where all this growth was done, the divine spark, even though it was in the body, was not able, at that time, to have much influence on the body, on the personality – the animal brain that was developing.

### **Brain Restructured At Time Of Atlantis**

The brain was restructured at the time of the destruction of Atlantis. It was softened by means of changing the atomic structure that the human forms consisted of. This softening then allowed for expansion of the universe of the brain. This compares to the second explosion in the macro creation process, the explosion that allowed the expansion and moving outward of the galaxies. As the macro creation process is the chain reaction of the nuclear explosion, so also is the growth and development of the human brain. In comparing the brain to the large universe, we can know what this brain is capable of because we know the expansion capacity built into it. It has the same outlines or borders or limits that the large universe has. These borders are non-existent in the large universe, therefore they are non-existent in the human universe of the brain.

This is what happens when intercourse takes place and the eggs are not fertilized in the female human. Those that are there waiting and do not receive the instigation of life are dead at that moment and disintegrate and are flushed out of the female system through the menses. This process has never happened in the universe, so it has not been determined how the dead planets and sun of your solar system would have been flushed out of the universe. We cannot speculate on this process as we know it not and hope that we never have

occasion to experience it.

As given, the moment conception takes place there is a mind, a physical form mind. All else that takes place in this entity's universe will be caused by this original mind. Remember that the form developed from the amoeba that had a certain "spice" in it. This spice was of original creation energy that caused the amoeba to split allowing part of the forms to develop into the human. The form then had more help with the series of inseminations of genes from the higher realms. Therefore, the forms being born having this animal or physical form mind are already highly developed.

The souls waiting to enter - who can choose their entry time, either in the womb or after birth - can be compared to the lesser minds, (fragments of the original energy of God), talked of in the macro creation, (the souls being fragmented parts of the mind of your Sun/Son, Lucifer), who are waiting for their forms to develop - the planets that have not yet solidified into being able to sustain life. At times this happens with the human being born. It does not form into a physical body that can sustain life and the physical form dies or is aborted as a fetus. This happens to planets. At times the formation of a planet will begin, but the gases that are forming it are shifted off in another direction before hardening enough to form a solid body. When we talk of this happening in the human, it is the human brain that we are referring to. As compared to the gases in the large planets, the human brain is drawing together the correct cells from the protoplasm that is what the fetus consists of at the moment of conception. If the cells are not drawn together correctly, the brain does not form into one that can be as the motor to control the functions of the body and the baby dies or the fetus aborts.

As we continue, there are different spirit guiding energies that take up residence in these sections of the brain, the same as there are spirit energies forming the aura or essence of all planets. In the human these are the past lives that are chosen for their different strengths and weaknesses, that need to be turned into strengths and their overriding essence of spirituality and their talents. They take up position in each section of the brain and as it develops the human then draws on this energy, the same way the oversoul draws on the energy of the different planets to use as inspiration for humanity. (This can be considered your "guides" that change as you grow and develop.)

To continue with our comparison of the human brain's growth and development to that of the macro universe, we would like to talk about the make up of the brain itself. As the cells in your brain are considered the plants, so also are the large planets made up of groups of cells of the creator. They are hardened bits of the Creator's energy. The planets in your brain all have their own path or orbit. The same thing is true in the macro universe.

The sun cannot contain the spirit mind, only receive messages and thoughts back from the planets which is where the spirit mind is embedded. Therefore, when we say the sun in the sky is the physical body of your creator and the son of your religions is the spirit mind, this can be compared to the human brain in that the animal-based brain is the physical body of the creator, the other planets in your brain are your spiritual guidance system.

The planets in your brain were seven, but have been expanded to twelve, the same way the planets in the macro universe began with seven and at the time of the second explosion were expanded to twelve to allow for expansion of creativity. The same is true with the human brain. These planets in your brain are the mind levels given earlier in this material. They are not round shaped spheres like you picture planets, but rather should be thought of as planes. We use the words planets and planes as meaning the same thing as the planets in the macro universe are the planes for the oversoul, so also are the planes in your mind to be used by your individual soul.

### **Summary**

There is much yet to be learned about the human brain and its capabilities. This brain is capable of tremendous feats, but most of them will not be sustainable until the physical form is more highly evolved. There is a potential powerhouse in each human. But, what good to release the power if the form cannot sustain it? Slow, steady strides forward is the way the spiritual growth must be when in the earth plane cycle. It cannot move any faster than the physical form can evolve. This is your limitation. This also is the reason the classroom lessons on planet earth were set up as they are is because of the physical form.

Those religions or disciplines stating that the physical form should be ignored, that it's not important, are off track. This is the whole idea of the earth plane schooling system. It is to learn mastery of the physical form and to evolve it to where it is totally usable for all that the soul can apply to it. This is the goal. It will take generations. It has taken generations to bring it to this point, and will take generations to carry it further.

Miracles cannot take place until the physical form has evolved to the point where it is buoyant enough to walk on the water. The quicker the animal-based brain can evolve, the quicker all this will happen. The quicker the animal-based brain can control the body, the quicker all this will happen. This is definitely the starting point; the control of the physical body through the physical brain. This is a matter of evolution, and on-going experiments will speed this up.

This experimentation is the penetration of the human brain with new genes without going through the birthing process. This is what is taking place at this particular time on our particular planet. This is pervasion; the fourth dimension applied to the human being. To reiterate, this is the penetration of the human brain by genes of the higher planets to help this control over the physical form be gained in a faster way than normal evolution would allow it to take place. The experiments are on-going. All one has to do to be part of this experimentation is to express the willingness to be part of it, and they will be part of this experiment—to whatever length their animal-based brain will allow them to be.

The higher genes penetrate the brain to allow the physical form to come under the control of that brain. This then allows the soul to use that brain, which then progresses the evolution of that particular entity. As the present time, this is the path of progress on the earth plane. It may not be in the future. As we move past the need of penetrating the brain with new genes, as the physical form catches up and contains the ability to bring these new genes through in the birth process, there will be a backing off of the penetration as is being done at the present time.

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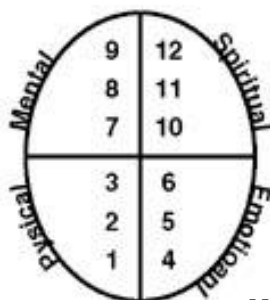
## CHAPTER TWO

# THE POWERHOUSE IN OUR BRAIN

### Our Four-Part Brain

The use of the creative channel is the process by which the cycle of growth is accomplished on the earth plane. There is a well-defined path to open the channel that needs begun as a child and carried through all education. Actually, there is a double growth process, the exoteric, outer, physical expression and the esoteric, inner, spiritual expression. Because of this double growth track, we have the brain separated into the left and the right sides. The left deals with physical growth, our exoteric (outer) life and the right side deals with our spiritual growth, our esoteric (inner) life. The new way of thinking about this is that the human brain is not only divided into the right side and the left side, it is actually divided into four parts.

There is a lower left side, a lower right, an upper left and an upper right. Each of these divisions has three levels, with each level having twelve stages. Remember the lower left section of the brain deals with the physical body functions, the lower right section with the emotional body, the upper left section with the mental body and the upper right section with the spiritual body.



*Neil Hickox*

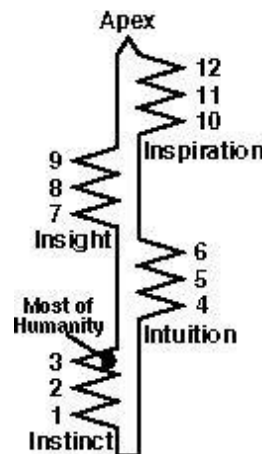
### Our Four-Part Brain

*The lower left division, sections 1-2-3 deals with our physical bodies; the lower right, 4-5-6, our emotional bodies; the upper left, 7-8-9, our mental bodies; and the upper right, 10-11-12, our spiritual bodies. This gives us twelve levels or dimensions of the human mind.*

Most of humanity is functioning on the third level but there are some people who are starting to connect with their inner being. This is a new phase or stage of growth that takes place when moving into the second section of the brain, the lower right side, the fourth level or dimension of the mind.

There are people right now struggling on all divisions of this fourth level; we have people at all stages of growth. Some of them have gone past level four into levels five and six, and a few have broken through over into the left side again into the third section of the brain, levels 7-8-9. Some came in at those levels, already understanding this process, and have been reviewing and are now ready to help humanity understand the path.

This is the structure of the brain and the path of progress should be from lower left brain to lower right brain, then upper left and upper right, with the apex of the mind where your inner being will be located. There are no shortcuts available. The progress must be made by all in the same manner, left to right on the lower and left to right on the higher. The left deals with physical body functions, the right with the creative process.



Neil Hickox

## The Creative Channel

*The connecting that is done in the first section (1-2-3) is done as instinct. The connecting from the next section (4-5-6) is accomplished by use of the intuition. The connecting from the third section (7-8-9) comes as flashes of insight (genius) and the connecting from the fourth section (10-11-12) is as inspiration, (divine inspiration).*

The soul comes into the picture in the second section of the brain, the lower right division, 4-5-6. This is where you meet the other half of your soul. Level four is where connecting starts, level six is where mind and soul start working together, a soul-infused personality

– the first stage of synthesization which constitutes the first stage of BlendedThought®.

The higher mind of each is the 3rd section of the brain, levels 7-8-9, where one can be open to insight. Level nine is where the second stage of synthesization takes place – the joining of the half of the soul in incarnation plus the personality (which were blended at level six, the first stage of synthesization) and the half of soul on the inner planes. Those on the 9th level are getting ready to take the first step into the next section, the spiritual kingdom at level 10 which is connection with the mind of the Creator, the upper right section. This fourth section, mind levels 10-11-12 is where the third stage of synthesization – joining with the mind of the Creator – takes place, at level 12. Of course, the mind of the Creator is in all that came before, but much more highly concentrated in those from the 10th level or dimension and above.

To recap, there are three major stages of synthesization or blending that will occur over time as a child grows. These three stages are: the first stage which takes place at mind dimension six in the Halls of Learning, the second stage at mind dimension nine in the Halls of Knowledge and the third stage at mind dimension twelve in the Halls of Wisdom. The total schooling can be divided into four sections as follows:

First Section of the Mind - Dimensions 1-2-3 (Physical Body Section) working on Instinct – This is the focus of the Halls of Training:

Dimensions 1-2-3 are the forming of the personality. A beginning stage of blending takes place when the half of the soul in incarnation begins having some influence on the animal-based brain in the process of forming a personality. Actually, the forming of the personality is completed at mind dimension three. At this stage the half of the soul in incarnation gains control over the physical body – a soul-infused personality.

Second Section of the Mind - Dimensions 4-5-6 (Emotional Body Section) working on Intuition - The First Stage of Synthesization - This is the focus of the Halls of Learning:

When you have moved through the twelfth level of mind dimension three you "graduate" into the second section consisting of mind dimensions 4-5-6. This is the emotional body section and work is begun on merging the soul-infused personality with the half of soul on the inner planes. This takes place once the individual evolves to level six. It is only at this point that the individual can receive direct guidance from the half soul on the inner planes. It also seems that emotion can't be assisted with or controlled by the inner plane soul until this synthesization takes place. When this takes place you "graduate" to the third section.

Third Section of the Mind - Dimensions 7-8-9 (Mental Body Section) working on Insight (intelligence) - The Second Stage of Synthesization - This is the Focus of the Halls of Knowledge:

Your graduation from the second section, at mind dimension six, leads you to the third section, mind dimensions 7-8-9. You work in this area attempting to communicate with the other half of your soul that you blended with at level six, and the thoughts of your seedcore which is a collection of the wisdom and knowledge of all those in your spiritual family tree. This leads you to complete connection with your personal guidance system at level nine – the second stage of synthesization.

Fourth Section of the Mind - Dimensions 10-11-12 (Spiritual Body Section) working on Inspiration - The Third Stage of synthesization - This is the Focus of the Halls of Wisdom:

When the connection is made, at the twelfth level of mind dimension nine, then the soul on the inner planes enlists the help of a Master teacher along with their seedcore, as the move is made into the fourth section, levels 10-11-12. Level ten is the scientific section. Level eleven is focused on spiritual truths and level twelve is connection with the total mind of the Creator. The third level of synthesization occurs when all aspects of the half of the soul in incarnation and the half of the soul not in incarnation merge with the overshadowing spirit and attain the ability to be in communication with the mind of the Creator. This takes place at level twelve when you reach the "apex of your mind." This is the final "icing on the cake," if you will, after the synthesization or blending of the other parts has taken place. This means that the total creative channel has been built – the third stage of synthesization.

I'd like to use an analogy to further explain the process of synthesization that humans need to go through.

#### 1st Section of Brain

The animal-based brain is responsible for all body functions. It also provides the vehicle for the storehouse of treasures (the seedcore) that the incarnating entity brings with him. This animal-based brain provides the "canvas" for the picture the soul wishes to paint. Perhaps you could picture it as the bare ground where you want to build a house. This lot has all the utilities in place, such as the water, sewer, gas and electric (compare to body functions) so you can begin to build your house with these tools already established.

The incarnating soul digs the basement and stores his goods there (traits he brought into



this incarnation with him) until the first floor of the house is laid. This would compare to the age of four when he can begin shaping up that first floor into rooms and decorating it with his choice of carpet and paint (forming of a new personality).

### 2nd Section of Brain - 1st Stage of Synthesization

He eventually finds just one floor too confining and begins building the second story. This would be when he returns to the basement and brings up the goods he stored there to furnish the second story of his home. When the first story was completed he was so wrapped up in furnishing it with new items and decorating it the way he wanted that he more or less forgot about the stuff he had stored in the basement. Now, when building the second story, he realizes that he has much in the basement that needs to be looked at and either utilized in his house or discarded.

Perhaps there is a perfectly good television down there, but it is small and the picture somewhat fuzzy. He goes through a battle with himself over whether to use this TV or not. He tries to decide whether to keep it because the person who gave it to him means a lot to him and he is sentimental over it, or to discard it in favor of a newer, more enlightened model of TV. A newer TV would have a sharper picture, more channels available, better color and a remote control. He goes through this battle with almost everything he had stored in the basement, either keeping it or discarding it. What a job this is. No wonder he didn't want to do this when he was building and furnishing the first story of his home.

When he gets through this process, he finds he is able to use the whole house now, including the basement that was previously stacked with boxes. This gives him a very complete home and very complete feeling. Most people are content to spend the rest of their life in this home. This relates to the first stage of synthesization, that of the soul-infused personality – the soul in incarnation being blended with the personality.

### 3rd Section of Brain - 2nd Stage of Synthesization

Some people aren't content with the house at this stage. They feel they need to have even more room to expand. They believe they would like to add a third story to house their interests, a place where they could pursue the subjects that fascinate them, such as photography, or making stained glass, or learning all there is know about a certain country, or pursuing philosophical interests. They need to have a library where they can do research and a communication system to be in touch with others interested in the same subjects. They build the third story and feel very satisfied and complete. This relates to the second synthesization that of contact with the half of the soul on the inner planes.

### 4th Section of Brain - 3rd Stage of Synthesization

At this time they usually focus in on one certain subject and realize they need to have a laboratory. They want to pursue the experiments they wish to make to further the knowledge for humanity about a certain subject, so they build the fourth story.

They finally finish their home with a very substantial roof on the top, one that is glass so they can see out the top of their house and watch the stars and the moon and the sun. Without this glass roof they would feel too confined. This is the third stage of synthesization, that of connection with the apex of your mind, your God Within. This is being One with God, the goal of every incarnating soul. But this incarnating soul could never have achieved any part of this house without the basic skills and tools of the physical body under the control of the animal-based brain.

There are membranes of ethereal matter separating each of the four sections of the brain and smaller membranes separating the three levels in each section. The actual scientific meaning of the word enlightenment means the breaking of these membranes between each section of the brain. When one is totally enlightened, each section of the brain is open to stretching with new thought. Any section that has not had the membrane broken will not be open to this stretching. It is held in tight constriction and cannot allow any new thoughts to enter.

If the brain is capable of unlimited growth then it stands to reason that there can be no limitations imposed on humans. This is where our education process is failing, by setting limits on what is expected of children. This is absolutely the wrong way to encourage the growth of the brain cells. No one should ever have any limits imposed on him at any time as to what he is capable of understanding and learning and using as tools to live by.

Schools in the future will be designed to bring forward the inner being of each person at a very early age. This will allow them to bring forth thoughts and concepts from the center of their beings. This will also lead to the necessary intertwining of this inner being with the present personality. This is most important.

The way our lives are lived at the present time, contact with lower evolutionary forms (section one, the lower left side of the brain) serves from birth to adulthood. The changeover from the first section of the brain to the second, for the inner life, is the period known as adolescence when turmoil is gone through. Contact with this second section (lower right side) aids and serves a human progress from early adulthood to middle age. The change over from the second section to the third section is the period known as mid-life crises when another period of turmoil is gone through.

Needless to say if the contact with the inner life is made as a child these time periods will be easier. The stress that the physical body goes through at these times would be eased. There would be an elimination of mood swings that are common in both periods. These mood swings in children today manifest in bad attitudes that lead to bad behavior. Resentment is one of the bad attitudes. A lot of youth who commit suicide are acting out of resentment and are trying to manipulate their parents with no thought given as to the ultimate result.

To review, the use of the creative channel needs to be prepared from the day of birth onward to operate in the fully developed human, as it should. The channel will begin to open with the transmuting of instinct to intuition. Intuition must be achieved before any can come into the use of the higher realms or dimensions of the mind. As soon as this process takes place in the child, the lessons of the classrooms will become much, much easier.

### **The Powerhouse in our Brain**

To explain the powerhouse built into our brain I'd like to compare the brain to the large universe. The moment conception takes place there is a mind, the same as there was a Creator's mind the moment the "big bang" took place in the large universe. This original mind of the human that I'm talking of is the mind of the animal form that has developed over eons of time.

The same way the Creator is still at the center of the universe that formed around Him, the energy of our piece of divine spark is in the center of each of us, and our universe, our mind, forms around it. This is the tiny pinprick of electrical spark that takes up residence in the center of our soul.

If the human physical body does not form into one that can sustain life, the physical form dies or is aborted as a fetus. This also happens to planets. At times the formation of a planet will begin, but the gases that are forming it are shifted off in another direction before hardening enough to form a solid body.

When I talk of this happening in the human, it is the human brain that I'm referring to. As compared to the gases in the large planets, the human brain is drawing together the correct cells from the protoplasm that is what the fetus consists of at the moment of conception. If the cells are not drawn together correctly, the brain does not form into one that can be used as the motor to control the functions of the body and the fetus aborts or the baby dies.

Planets are drawn into the magnetic attraction of suns and form individual solar systems. In a similar manner, the cells of the human brain are magnetically attracted to different areas of the brain and serve a particular function for the path of the soul (spirit) who enters the form. The same thing is true in the large universe. Each individual solar system within a galaxy forms a particular function for the path of the oversoul (Creator) to experience.

This animal-based brain can be compared to our sun in the sky, in that the sun is the magnetic pull to keep the planets in line. The animal-based brain is the guidance system or motor control center for the planets in our brain, which are groups of cells. The same way the mind of the Creator is embedded in the planets of our solar system rather than actually in the sun itself, so also is the spirit mind embedded into all the other cells of our brain except the central animal-based brain. This part of the brain cannot be infiltrated by the spirit, only influenced by it. Up until the time of Atlantis when the brain was restructured, the spirit could not even influence the animal-based brain and it was very strong.

When comparing the animal-based brain at the center of the brain to our sun, the twelve mind levels of the brain that the soul uses to develop are compared to the planets orbiting the sun that the oversoul uses for his path of enlightenment. As planets move out of the solar system and new ones move in, so also does this take place in the human. The first levels of mind power in the human have moved out. These were the levels that controlled the body functions. Once the control of body functions was able to operate on "automatic pilot" these first two mind levels moved out.

To explain, in the beginning the whole of the animal-based brain was used just to keep the body alive, not just by eating, but also for the functions of the lungs, kidneys, liver, heart, etc. – all the organs necessary for the life of the form. In the beginning of the sun and planets in our solar system the sun kept the planets alive by feeding them nourishment through the black holes of birth. When this stopped, the planets became able to sustain life and position in the universe on their own. The same is true of the human universe. The organs are now capable of sustaining life without requiring the absolute focus of the animal-based brain. Therefore, the first two planets or mind levels have moved out from the solar system of the brain. There is a new one coming in, the fourth mind level and it is time for the third dimensional level to recede and eventually move out.

This is the stage that most humanity is at now. There are some out ahead of this but they are few and far between. Therefore, humanity as a whole must be classed as being on the brink of moving the third planet out and allowing a new one to come in. This makes it sound as though the brain is capable of only working on two levels at once. This is not true. They are all there, but are in suspended animation, the same as the twelve planets are

all in our solar system. Two have moved out but the rest are all there, only most of them are in suspended animation as far as life forms, due to the oversoul not having progressed to them as yet. The same is true in the human. The animal-based brain has not allowed the soul to move very fast through the mind levels. The sun in the large universe is doing the same thing to the planets because of the intense heat that is still within it. This prevents life forms from surviving which prevents the oversoul from using those planets at this time.

There is hope that the animal-based brain can be encouraged to allow usage of more mind levels, the same as there is hope that the sun will cool enough to allow life forms to develop on the planets closest to it. It is a known fact that the sun will cool this much. Therefore, it is also a known fact that the animal-based brain will allow the soul usage of the higher mind levels. There can be no argument about this. It is a universal law.

To continue relating the evolution of the brain to the evolution of the universe, the brain has the different planets all orbiting the central core, as given before. In our large solar system each individual planet orbiting the sun will be activated for use by the oversoul. It is the same in our brain. Each stage of brainpower has its turn at being activated by the central core of the brain, for progress in that stage. Then it moves out of the action category and into the memory category. This memory part of the brain is huge and, like a computer where data can be compressed, so also does the brain do this compressing. This is why memories of early childhood become faint the older you get.

The human mind has twelve different levels of functions, different energy wave rates, and of these only three are being used by most people. This is why it is said that we are only using 15% to 20% – maybe even 25% of our brains.

If you were to use the highest level you are capable of, you would be able to travel in your physical body without transportation. Yes, in other words fly through the air with no means of propulsion except your mind. People may make jokes about being a birdbrain, but birds operate on this level of energy waves when flying. They are capable of only two levels and this level is second nature to them. The other level is just under that level and allows for balance on those two spindly legs, so they can walk on the ground. Walking on the ground is harder for them than flying. Perhaps this will give you something to think about, something to spur you on to deeper thinking.

The higher mind can be reached and entered into as easily as taking off or putting on a hat with practice. Some people wear hats at all times, others never do. It is slipping into the fourth level of the mind. There are several levels of the mind that are very easily entered,

but the higher the level the more difficult and blocked entry into them is. Knowing they are there and consciously thinking of them helps differentiate between them and makes conscious entry into them possible.

The first level is just human survival instinct. The second is our sleep state, the third is the use of our everyday mind, thinking and reasoning. The fourth level is the higher mind. The fifth level will take humanity one step further in the next dimension. The fourth level is prerequisite for the fourth dimension, the fifth level for the fifth dimension, etc. It is a natural progression of evolution.

If these higher areas could be reached at this time, many mind power feats could be accomplished. There are some people capable of reaching these higher levels for short periods of time, but the energy drain is so great, that they cannot be sustained for too long a time. Those accomplished in martial arts know that it is an instantaneous spurt of power that cannot as yet be sustained past the length of time to accomplish a blow, and they also know of the feeling of tiredness that hits afterwards.

Olympic athletes experience the same after-effects because they are performing on the fourth level at all times with spurts of the fifth and in some, even the sixth level comes in for milliseconds. The performances of concert artists are in the same category, only on the fifth and sixth levels at all times. These are all in the second section of our four-part brain, the lower right, which is the realm of the emotional body. A genius in any field is working totally on the seventh level of the mind, which is the third section, the upper left, and is the realm of the mental body.

If one can be taught to enter these levels, then one could perform skills and talents they are unaware they possess. They can do this just by having a suggestion made to them that they have mastered this accomplishment and can perform it. They can even give themselves the suggestion after they are trained to reach these levels. This perhaps would be considered a form of self-hypnosis as we think of it. It truly is a natural state that people are capable of achieving, but it won't be reached without trying. There must be much effort and study and practice put into the feat of reaching these levels of the mind. They are all conscious levels wherein physical acts can be performed. Even the natural, normal sleep level does not stop some people from walking around.

Fear will catapult people into the same level as martial arts performance takes and enable them to do things they couldn't do otherwise, such as lift a car off of someone it has fallen on. I'm sure you have heard of other examples.

The creative level for most is the everyday third level. They are expressing feelings and this serves a very useful purpose, but if they could, and some do, step it up a level, then the creative pursuit would begin to have meaning for others. Stepping it up to the seventh level (genius level) then would create masterpieces of art, literature or music.

The use of acupuncture helps attain the higher levels, but of course the needles cannot be left in the body so these levels cannot be sustained, the same way reaching those levels in martial arts cannot be sustained. The levels being reached in this way will never be able to be sustained. On the other hand, those reaching these levels through the area of the arts will be able to sustain them for much longer periods of time. One area is dealing with the physical body and the other is dealing with the emotional body, which is where the soul is found. This is why an artistic, creative activity is vital to all. It is as necessary to the soul, as food is to the physical body.

Yes, the higher mental levels should be used and will be used and can be used, not only in future, but also at the present time. For instance, even now they could be used for the birth of a child. These higher levels can be attained and sustained by acupuncture for periods long enough for the birth process to be completed. How much safer and healthier this would be for all concerned. In the future, the use of mind power will be used to cure all diseases, injuries or surgical procedures as well as childbirth.

I'd like to elaborate on the process that takes place in the brain to reach these upper levels and also what must occur to sustain them. The brain is a computer, remember, and a computer works in multiples of anything. Because I'm a musician I will use a musical performance as a comparison to help you understand.

The first stage of brainpower is simply the ability to focus on one thing, while performing an unrelated task. This is an experience that should be practiced by all. A simple one to begin with, that most everyone can do will serve as an example. This is simply to eat and read a book at the same time and do a good job of both. This is a very simple demonstration and, of course, needs to be expanded from there. This was simply to give an idea of what I meant. The study of a musical instrument that necessitates the use and coordination of both the hands and the eyes at the same time is good. Any task or art or sport that uses eye/hand coordination is a good starting point.

It progresses beyond this stage into that of incorporating one's emotions into the same task, or occupation. This would be the use of the soul (emotional body) with the physical body. When these two are able to cooperate in unison in a flowing, blended performance, then the higher levels of the mind can start to be ascended.

By this time you are entering the fourth level. You can sustain this fourth level by being able to continue the performance of the physical and emotional bodies combined and at the same time think of something entirely different. In the case of a concert artist performing, he would be able to concentrate on the effect his performance was having on his audience and act as the director of the performance while still performing. If he doesn't think the emotional impact of the piece is reaching those listening, he can demand more effort, more involvement of the soul, the emotional body. If he feels the tempo is dragging, he orders the physical body, the fingers, to pick up the speed with which they are moving.

The mental body is truly the director of the other two bodies, but his job can go higher. He can take that performance out of the realm of the ordinary by moving up to the fifth level and listening to it as though from a distance.

In the first section of the brain, the physical body realm, level one is the part of the brain keeping our body alive and breathing. Level two is the physical movement of the individual parts. Level three is coordinating all that physical movement, plus the mental thought that is controlling the memory of the notes or the eye/hand coordination, if reading the music.

In the second section of the brain, the emotional body realm, level four lets all that go on while pulling it all together into an integrated performance so smooth and beautiful that it affects the emotional body of those listening. The fifth level takes it out of the realm of the ordinary and lets it become part of the universe. This is the level that touches or senses the harmony of the energy waves and automatically pulls the performance into perfect balance with the universe. Level six would allow all this to continue and would allow the performer to be able, at the same time, to wonder what he was going to have for dinner that evening. Does this surprise you? It is an ability to split off another part of the mind totally onto another subject. If one had more hands he would be able to perform a totally different song on a totally different instrument at the same time.

In the third section of the brain, the mental body realm, level seven would give the ability to keep the performance going and give a lecture on another subject at the same time. It's like stacking one block on top of another, adding another dimension to the previous level. Level eight would be keeping the performance and lecture going and to be receiving information from higher realms at the same time. Level nine continues all this with the entity able to leave that body doing all that, and go somewhere else.



In the fourth section of the brain, the spiritual body realm, level ten would continue all this and allow this one to be able to return with something of a physical nature brought back with him. This could be in the form of a flower, or leaf or a rain cloud or what have you. You see we still have two levels to go. Of these two levels, eleven would enable the physical body to rise above the stage of performance while the performance was continuing and level twelve would allow for flight in the physical body to take place, but only a short distance to be able to keep the performance going. If not interested in continuing what you were doing, you would be able to fly in your physical body anywhere you wanted to.

To recap, the lowest level is that which the animal would have reached through normal evolution, without the mating with the divine sparks. It would perhaps have taken longer, because the entrance of the divine mind seeped and sifted down and infiltrated that of the animal brain. The higher mind, reached at the fourth level, is that part of the Creator, the divine spark, that entered the animal body to learn and express through. The higher levels of mind are the blending done through the mating of these two, the animal body and the spark or spirit. The pure divine mind is still there in all at the highest level.

To help you reach these higher levels, music is excellent because it sharpens the animal-based brain part of you and this will then begin tying in with the higher realms, first through your higher mind. When you practice music you need to call on your higher mind because it is there and most certainly can help you. The way this process works is your animal-based brain takes care of the musical techniques, the actual physical technique involved in performance. This is the movement of the fingers on the keyboard and the reading of the notes through the eyes, tying them together in performing.

To take the composition you are performing one more step into memorization you would call on your higher mind. The composition will be locked into your mind for eternity if it is implanted and embedded into your higher mind. To take the performance one step further, for interpretation and expansion into the universe, you call on those beings in the higher realms, your communication conglomerate (your seedcore), who are more than capable to help. They are ready, waiting and eager to give this interpretation, to feed it into the memorization process, which then feeds it into the performance process. Once this interpretation process has happened, the next step higher is to give it to humanity by going out into public knowing that the higher beings (your higher mind) are with you and feeding the energy of the Creator into your performance.

I wanted to present the previous information just to give you an idea of what a powerhouse is built into each entity to allow LayeredThought® to take place. Of course, the better condition all parts of your body are kept in, the more possible it becomes to enter these lev-

els.

There is much yet to be learned about the human brain and its capabilities. This brain is capable of tremendous feats, but most of them will not be sustainable until the physical form is more highly evolved. There is a potential powerhouse in each human. But, what good is it to release the power if the form cannot sustain it?

We need to raise the consciousness of humans, which basically means educating them as to the truths of their universe. When the mind is stretched by questioning our beginnings, then all the other byways and highways will fall into place.

The concepts of Pythagoras were, in their day, as unrealistic as some people think mine are today, but they served the same purpose; that of opening the minds of people to help them form a more complex environment to test and open brain cells.

How in the world can people think we will ever be able to use the full potential built into our brain at creation, both esoterically and exoterically, (spiritual evolution and physical evolution) if we never take quantum leaps out into space? In other words, how can we reach our full potential if we never "jump off the deep end" into unknown territory, if only by wondering and daydreaming? This is how "other kingdoms" are formed – by opening "other brain cells" than the ones already in use. This has been the job, if you will, of prophets, philosophers and religious leaders down through the ages; to help humanity inch open the membranes separating the cells of the brain into clusters.

It is now time for science to enter the picture and give factual, exoteric (physical evolution) truth to what philosophers and religious teachers have been saying for all these years on an esoteric, (divine evolution) basis. This is why the two, our exoteric and esoteric journey, must be drawn together.

**This series of New Millennium NoteBooks will hopefully further our understanding of things that happened long ago and far away from the time period we are experiencing now. Analogies are used in many places to help with understanding. Teaching through the use of analogies will be the trend of education for the future –**

**AnalogicThought. While contemplating these NoteBooks I hope you will allow yourself to imagine that perhaps I have been given incredible insight into some of the mysteries of the universe. Please allow your mind to expand and wonder “what if” it all took place as being presented.**

**Norma**