

**THE NEW MILLENNIUM NOTEBOOKS**

**PHYSICAL PROGRESS - PART II**

**12 Levels of Each Chakra**



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Excerpted from  
**The Chrysalis Teachings**  
by **Norma Hickox**

*Cover Photograph*  
*Triple Waterfall in Rifle Falls State Park*  
*Rifle, CO*

*by*  
***Neil Hickox***

*We all love to watch a waterfall and we actually get a little excited just listening to one. A waterfall serves to remind us that water is the life-giving ingredient in all that makes up our planet.*

## A Profile

I am a professional musician. I play and teach six instruments and compose music. I've been an organist and choir director for many different religious denominations. I have also taught vocal music in private elementary and pre-schools and have had my own dance band in the past. I live with my husband Lyle in Grand Junction, Colorado. We have one son, Neil, a computer scientist living in California. Neil has done many of the drawings used in the teachings.



*Norma Hickox*

*Photo by Neil Hickox*

When I began composing in 1981, the music and lyrics would flow out in complete form. A year later, I began to receive information from a spiritual source that flowed the same way as the music. This new material was later explained to be from spiritual teachers whose intent is to bring the Chrysalis Teachings to human understanding. My individual part in the work is to act as a thought provoker; to bring through ideas that stretch our minds and break us out of the shells of old thinking; allowing us to wonder "What If." This work is in the realm of creative ideas, before inventions are made or new products are designed and opens the possibilities of new ways of doing things. For the last twenty years I've been working on the Science of Music. This science will tie everything that has existed since the time of the big bang until now, to a musical vibration for the purpose of finding compatibility between the different kingdoms.

I have been blessed with the privilege or gift of "knowing" many spiritual truths. It seems that some part of my makeup has the ability to "know" and "see" the aspects of creation in a way that relates to musical vibrations. Actually, being a musician, it was the vibrations of music that I've been exposed to since the age of four that enables me to do this.

These notebooks enable us to look at any time period of the universe. They allow us to experience events that have happened in the past, events that are happening now, and events that will happen in the future. Each New Millennium NoteBook will take a look at a small portion of the TimeLine of Eternity.

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## CHAPTER ONE

# 12 LEVELS OF LOWER CHAKRAS

### First Chakra - Root Chakra (Kundalini)

The root chakra is the first energy center in humanity. Herein lies the will to survive. Needless to say, those who attempt suicide need to have this center open and tuned more strongly than others. The proper balance of this chakra would be that of the will to survive and reach preset goals – goals made before entry. It needs to be tuned just enough to allow these goals to be remembered, as to why they were thought necessary – in other words, the goals that were set in relation to things that were general in all humanity, the animalistic traits from physical evolution. Everyone has a double set of goals each lifetime, part for physical evolution and part for spiritual evolution. In some cases reaching a physical goal will allow a spiritual goal to be reached. Therefore, in many instances, the reaching of a physical goal is more important than the spiritual one when an entity is not so advanced. Many on earth are still working exclusively on physical goals – shedding animalistic behavior.

#### 1st Level

The first level of tuning the root chakra will be the knowing or sensing of the strength it took humanity to survive all obstacles and reach the evolutionary stage they are at now. The “survival of the fittest” traits will be sensed and accessed. This is normal tuning in anyone born in this time period – in other words, standard behavior – as without it the physical form wouldn’t be born. It would abort spontaneously. This is the cause of much spontaneous abortion, the incomplete forming and tuning of the root chakra in the fetus. This can be caused by many things, including drugs, unwise physical exercise by the mother and just plain incomplete coming together of factors in the fetus.

#### 2nd Level

The second level of tuning the root chakra is in the ability to respond to nature, to the feel of the wind, the beauty of the sky, the heat of the sun, the majesty of a storm, the magic of the night sky, the beauty of rocks and rivers – everything that is a part of the unchangeable earth. This tuning level is also one that is opened on all who enter, although in some

it is more sharply tuned than in others. If you find one who does not respond to nature it would be a rare entity, but one who could be helped by a finer tuning of this second level.

### 3rd Level

Level three in the root chakra is that which relates to the animal kingdom. This level will be found to be the strongest level in those working with animals in veterinary medicine, in zoos, on research assignments or working for animal rights. When you have someone expressing perhaps too strongly to animals, such as taking in every stray and putting their own life out of balance, this level of tuning needs to be dropped off from its sharpness and balance will be regained.

If, on the other hand, someone wanted to work with animals for a particular reason for a limited time, say an actor in a movie, this third level could be tuned up for the duration of the movie and the actor would be in perfect rapport with the animal. After the movie the third level would be taken back to normal and the bond with the animal would be released.

### 4th Level

The fourth level of the root chakra will be an immediate and strong response to other human beings. A feeling of oneness with all would be an ideal reaction for this fourth level. This is not found to be as strong a tuning, as natural a tuning, as are the first three levels, as it takes a more developed physical form. As we go higher up the tuning levels there will be less people at these higher stages, but this level could be tuned up more sharply on all as they are born and humanity would take a jump forward in evolutionary progress. Also, the crime rate would drop, wars would cease, but there also would be problems, psychological problems. It would be the same as a child skipping a grade in school. It would depend, in part, on the tuning of the other chakras, but for the most part, the tuning up sharply of this level would not be wise until the entity has reached puberty or even beyond, or perhaps not even until age forty has been reached.

### 5th Level

The fifth level of tuning for the root chakra would be the will to work together with others, cooperation, being a team player. If there is one who is not willing to do this a tuning up of this level would help the situation.

### 6th Level

The sixth level of tuning would give one the power to plan major tasks and projects.

### 7th Level

The seventh level would insure them being carried out.

## 8th Level

The eighth level of the root chakra would give the power and will to lead large groups of people in whatever endeavor one wishes to pursue. This is where the danger comes in. A good example of this is Jim Jones and the tragedy he brought about. This is why I say that none should have this level tuned up tight, as the potential for acquiring deep personal karma is stored in this level. Levels nine through twelve I'm not going to go into, at least not at this time. Just let it be known that they are very powerful and deal with the fire of the universe in a nuclear form. At some time in the future this can be made to serve mankind in many beneficial ways.

### **Dangerous To Try To Raise The Kundalini**

I do not believe there is anything to be gained from trying to raise the kundalini and there is danger. To begin with, the kundalini is the holding place of all the memories of early evolution, from the beginning of creation when the grains of sand landed near the water, the grasses sprouted and rotted and the early forms of the amoeba appeared and the move up onto the land was made. All those memories are stored in the kundalini. They were deliberately sealed off after the destruction of Atlantis as they were not only no longer needed, but were no longer wanted for the human to be able to tap into, as they these memories would only serve to hold back his evolution. It was planned at that time that the kundalini (which is made up of the first two musical tones in the Science of Music) could be safely restored only after finding the correct balance for the other chakras. It has been determined to be safe to open the kundalini after the other six chakras are open and balanced with the crown being the final one. At that time the person will be balanced enough to be able to handle the dangers centered in the kundalini along with knowing how to use the knowledge that is stored there that can be of benefit to him.

There is much of ugliness and fear and animalistic behavior stored there along with much of the beauty of early creation and the wonder of new strains of flowers and plants and the thinking beauty of the animals as they gave birth and nursed their young. There are many memories of "cave man" actions and the eating of the flesh of other humans and the clubbing to death of infants. There are also memories of many of the sexual acts that were perverted in Atlantis, when humans had sexual intercourse with animals and babes were used for sexual experimentation. There is much stored in the kundalini that should not ever be brought back to the human race. Until one can safely balance the knowledge of all this he should not try to open this chakra at all as it can cause much in the way of mental disturbance and even lead to the premature death depending upon the manner in which it was opened.

## **Second Chakra - Sacral Plexus**

The second chakra is that of ensuring the continuance of the human race and upgrading the quality of life of this race. The divisions of tonal quality in this chakra are more clearly defined than the root chakra was. The sacral plexus was, in the beginning, the pure sexual act on an animalistic basis with no connection to or link with thought, as thought had not progressed to the stage where it could control this instinctive behavior. It was pure instinct to mate sexually with any of the opposite sex. This was true of both male and female, but there were inborn controls in the female, those of the cycles of the menses. These developed right along with human evolution when the split of the amoeba occurred.

This split was brought about due to the amoeba trying to mate with itself. This was physically difficult and evolution took care of the problem. Evolution will always take care of physical problems of the race if they are general and widespread. The split itself was timed into the ebb and tides of the sea which were caused by the lunar pull. Therefore, the effect of the moon was a part of the sexual makeup of humanity from the very beginning of time. For a long time this was the only time the amoeba was successful at self-mating due to the effect of the strength of the tide giving its strength and determination to the amoeba and, therefore, the drive to pursue this mating. This sexual drive is, therefore, a part of the human form that is still today more strongly felt in the human form at the time of the full moon, which is the cause of the strongest tides in the sea.

As the amoeba progressed and life moved up out of the sea onto land, the pull of the moon still dictated the matings between the male and female halves of the forms that developed from the split of the amoeba which occurred over a long period of time of the amoeba reproducing strange offspring occasionally, those who had only one set of sexual organs – but these were not always the same set. One time there would be one end of the amoeba reproduced, say the female end, and another time only the male end of the amoeba. At the same time, there were still double sexed offspring being born. It took eons for this to evolve to where they were all single sexed. This took place entirely in the amoeba before life moved onto the land. Even today there can be throwbacks of nature and a baby will be born with a double set of sex organs. This is not as rare an occurrence as you might think. Even the urge to mate with ourselves is still present in everyone, and even though it is not physically possible to reproduce an offspring, the instinctual urge is there and influences our leanings towards masturbation, which is not as abnormal an act as many would have you believe. It is an instinctual act and can now be controlled by the mind.

### **1st Level**

The first level of the sacral plexus is the urge to reproduce the human race.



## 2nd Level

The second is the strong pull of lunar activity and its effect on our sexual actions.

## 3rd Level

The third level relates to our urge to masturbate.

## 4th Level

The fourth level gets into the realm of exploring sexual practices with many other people, looking for an ultimate experience. This is a throwback to the days when mating with other kingdoms was possible and was practiced on a regular basis. At one time mating with the mineral kingdom was practiced by grinding different minerals into a powder and ingesting them and spreading them on the sexual organs while masturbating. Some of these brought about much pleasure. The next stage was using the plant kingdom to enhance the act and make it more pleasurable, then the animals who would do anything man wanted them to do in the way of sexual acts. This, then, was fourth level sacral plexus activity.

## 5th Level

The fifth level was the sexual act with all thought being focused on the feeling we had for the sexual partner. There was discrimination as to whom we shared the act with and controls of the conscience as to having more than one partner at once. Most humanity is on the border between being tuned to the fourth and fifth levels. This fifth level brought about the institution of marriage which, as you can see, is not a proper institution for those still expressing on fourth level chakra activity. Fifth level chakra activity is a direct tying together of the sacral plexus (2nd chakra) and the conscience of man (4th chakra), which is where the teachings in the Bible came in and brought into being the institution of marriage. At the same time it attached much guilt to the human who was developing this conscience and caused many, nay most, of the sexual hang-ups humans have today. The conscience needs to be a part of the sexual practices, but if one slips back to old behavior due to being human, one should not have to put themselves through defeating guilt over it. It should not be considered any different than one who is on a diet slipping back to old habits of eating now and then because they are human. In either instance, one should forgive themselves immediately, put it out of their mind, get back up on their feet and start walking on the path directed by the conscience they are trying to develop in whatever area they slipped up in. You will note that there was no mention made of the guilt brought on by how society feels about the slipping backwards because this, truly, is unimportant. The guilt that society would have you put on yourself has been brought about by the teachings of religion, mostly that of misdirected Christianity. What you feel in your own heart, mind and soul to be the principles and mores that you wish to live by is your only guidance in

your sexual practices.

#### 6th Level

Sixth level sexual behavior has, again, moved out of expressing with and through others and is into experiencing within your own synthesized mind, body and spirit the ultimate feeling of orgasms throughout every cell. Very few have reached this level as it is very difficult to achieve while in the human form, but not impossible. Know that the fourth and fifth level sexual experiences cannot come anywhere close to the glorious feeling this brings. But if one isn't ready for this stage one must have compassion for them as they must experience thoroughly the levels behind them and make their own decisions as to their value and worth in their lives. The decision to move on the sixth level is a very personal decision and those who have made it will still slip back now and then into craving and wanting to experience the levels behind them again. They should not feel guilty over this. They should indulge in previous levels again then, as in the dieter who slips, they should pick themselves up and move back to sixth level again.

#### 7th Level

What they are seeking is really seventh level experience, that of combining the two – fifth and sixth level experience at the same time with the same partner for the ultimate sexual experience possible on the earth plane today. This would mean that the two people involved would both have to be at the same level of progress in all chakra areas, not just the sacral plexus level. The other chakras must all be of the same balance in each with the same levels in each chakra in exactly the same tuning to be able to reach this together and it must be reached together or it is not reached. The heart chakra of both must be operating at the highest level and also that of the sacral plexus. If one is still operating at levels four and five of the sacral plexus and the other is ready for the seventh level, but does not have the heart chakra prepared, even though the first one does, this experience cannot take place.

#### 8th Level

The eighth level of the sacral plexus is the spontaneous happening of all the other experiences taking place controlled by the mind, induced by the mind, at appropriate times, as communion with the God Within. In other words, deliberate spontaneous orgasms physically, cellularly and mentally. This is the meaning of the word rapture and is possible at the present time for a very few people on the earth plane.

The other levels will not be discussed because humanity would only distort and misuse the information. At some later date, when more understanding is gained, some of it may be given.

### **Third Chakra - Solar Plexus**

The third chakra, the solar plexus, is that which allows the human being the freedom of expressing differences from each other. Without this chakra everything was identical as far as actions. There were no individual reactions, no initiative taken, nothing to differentiate one living form from another.

#### **1st Level**

Therefore, the first level of the solar plexus is the capacity for individualism. This is inborn within every human form. As with all inborn abilities, some access this level more than others.

#### **2nd Level**

The second level of this chakra or energy center is the sensing of the difference between each human form. With the animals this meant each species mating within its own kind. This chakra or energy center was formed at the same time that all the species were coming into being with distinctive family characteristics. You see, in the beginning there was all the same life form, but as these life forms moved out from the spawning center, different foods were eaten and different environmental influences produced changes which adapted the life form to its environment. Some grew longer or shorter tails, thicker fur, sharper eyes, enhanced hearing, different reproductive methods and caring for the young.

All of this took eons. But the basic instinctive knowing whether another life form was part of your “vibrational family” was kept intact in all the different species and is a rule of nature that is still in place today. In humans this gives the knowingness, or sensing whether another human being is operating on “your wavelength” or not and allows for discrimination in choosing those we associate with. This instinct or intuition is more sharply in focus in some than in others. It should be the immediate “gut reaction” we get when first meeting someone and should form the basis of all our friendships and relationships. This is not to say that you shouldn’t associate with others, but rather use this knowledge in handling the intricacies of each relationship. What this second level does is allow for cross mating in the human race.

#### **3rd Level**

The animals will not cross over this “vibrational line of demarcation” – humans can, will and should to bring about a wider understanding and closeness and allow the spirits within the form the ability to experience the fact that they are all one. This, then, is the third level of the solar plexus, the ability to be aware that we are all of the same origin, both through physical evolution and spiritual evolution although, basically, this third chakra is

not thoroughly aware of spiritual teachings. When those are accessed more fully with the opening of the higher chakras, that is when this third level of the third chakra will get more usage.

#### 4th Level

The fourth level of the solar plexus is when the awareness of being able to manipulate others comes in. This knowingness of others according to vibrational sensing opens the door to also knowing other things about people. In the animals this is the level that told the rabbit to steer clear of the wolf. It laid the ground work for predators to lay in wait for their prey because they became aware of their habits of existence, such as always going to the watering hole at the same time. The same is true of humans. Those with a more advanced level of tuning of this chakra will be able to take advantage of those with a lower tuning. This is basically what took place in Atlantis and got so out of hand that the civilization was destroyed and the restructuring of the human form was done. But to follow evolution through from the adding of each chakra, this level brought about manipulation and can be brought down in tuning in one who does this on a regular basis to others. Some have sharpened this ability to the point where they can manipulate anyone, whether of a higher or lower vibrational rate.

#### 5th Level

The fifth level of the solar plexus is a beginning ability of reading the thoughts in other's minds, not just a sensing of instinctual behavior. This level progressed and grew right along with the capacity of the brain to think. Therefore it is a natural thing, inborn in all of us to be able to read other people's thoughts. Those in whom the brain power progressed faster naturally progressed at a greater rate of speed as to this ability to tune into other people psychically. So this is an ability that is directly tied to intelligence, rather than being equal in all.

#### 6th Level

Level six of the solar plexus is what brings the use of discrimination into play as far as the usage of the abilities this chakra gave the human form. In the animals this level was prevalent in the fact that they started staying in groups or herds and making for individual species or categories of like traits, such as hooved animals and those whose young were all born and nurtured through the same process. In the human this level also leads to individualism in that those with this level strongly tuned quickly learns when the use of the psychic ability is being used wrongly and gravitates away from those using it unwisely and seeks out "his own kind" as far as groups.

#### 7th Level

The seventh level then allows the usage of these abilities to help others in a wise manner and, at the same time, one learns how to protect oneself against those of lower psychic abilities. In the animals these last two stages have not progressed to the point where it should. What is meant by this is that they stay in herds but have not yet learned to discriminate among all those in their general category, because a wolf can and will kill and eat a baby wolf if he's hungry enough and the baby wolf would trust the older wolf because he's a wolf. And certainly none of the animals are aware enough to access level seven. Levels eight through twelve are very powerful levels. The seat of psychic ability is definitely located in this chakra, the solar plexus. This can be tuned and has been tuned totally by some psychics and it is not as dangerous as the other two chakras, especially the root, as anyone who has reached seventh level tuning has built-in discrimination. Most of the higher levels of this chakra have to do with healing. Level seven, as given, is used to help others mainly with advise.

#### 8th Level

Level eight allows the tapping into the akashic records for past life influences.

#### 9th Level

Level nine is a knowingness of using the mineral kingdom for healing.

#### 10th Level

Level ten is the use of the plant kingdom.

#### 11th Level

Level eleven is the use of the animal/human kingdom which is sound.

#### 12th Level

Level twelve is the use of the prismatic kingdom or working with colors and light.

As you know, there are many working on these higher levels. Those wishing to become more effective healers would want this chakra highly tuned to the exact level they are employing. They must have a natural tuning at least as high as level seven before the higher levels should be tuned, as the misuse of these higher abilities could become rampant. Some have already learned how to tune to these higher levels and are misleading others, or rather misusing their abilities by charging enormous fees. This is because the wisdom is not in place that is needed before these higher levels will be properly used.

### **Fourth Chakra - Heart Chakra**

The lower three chakras have been almost totally opened and in use on most of humani-

ty, some more stronger than others, but in comparison to the three higher chakras, the throat, third eye and crown, the lower three have been most in use, with very few individuals using the higher three. They did try to enter the human forms before the forming of the heart chakra and it was not too successful. The heart chakra was brought into being at the time of the split of the spirit into positive and negative, or male and female, (Adam and Eve, Biblically speaking) when the whole form was restructured.

Most people are born with the first two levels of the heart chakra open. No one opens any chakra wide open all at once. If they do they will most certainly be in trouble. These chakras open one level at a time and when that energy is fully incorporated into the daily life then, and only then, will the next level open. It is a lifetime process for most to open the chakras as far as level seven and a few do open them to level eight. This is about as far as it is safe at this time for humanity to open. The next four levels would be too much energy for anyone to withstand.

### 1st Level

The first level of the heart chakra is that of being aware that we are only half of our beingness that is on the earth. This is the cause of the terrible feelings of loneliness that all experience and the feeling of incompleteness that we all have until we have progressed spiritually to the point of finding our God Within.

### 2nd Level

The second level of the heart chakra is that which causes a knowingness that there is help or an answer as to why we feel this way. This is an inborn trait of all. Both of these first two levels are inherent in our makeup. Without the second level the first would be unbearable. Anyone with suicidal tendencies due to feeling alone could be helped by a tuning of this second level, because for the spirit to be split apart and one half be sent down to experience life in these strange cumbersome forms was a terrific shock. If this spirit does not have an awareness that the other part of himself or herself is near at hand, able to be communicated with eventually and used for guidance, it would be a devastating existence. But somehow, through the tuning of this second level we are hopeful from the beginning, hopeful and knowing that we are not alone, that there is help from an unseen source.

### 3rd Level

The third level of tuning is an acknowledgment of a higher authority figure in whom we trust and to whom we pray. In early man this took many forms and the outgrowth was a belief in a fatherly figure on high known as God. With this level of tuning came all, or most, of our hang-ups and guilt which have wrecked havoc with the spirit's progress.

#### 4th Level

The fourth level of the heart chakra is a realization that God will be found inside our own mind and is indeed the other half of us that we are separated from at the beginning of each incarnation. Everyone's heart chakra is programmed to be open to the fourth level at birth. Therefore, the same exact process of reviewing necessary to open this chakra must be gone through at the beginning of each life. It does get easier and quicker to progress to this fourth stage with each ensuing life experience. And this fourth stage must be reached before any true spiritual progress can be accomplished in each life. Until this is reached you are merely reviewing what you already know from previous lives.

The opening of the fourth level of the heart chakra is a long process. As a person flows with the new energy and the feelings it brings, and expresses these feelings, he will find himself much more loving in response to family and friends. He will be less demanding of their attention and able to let go of his children and allow them their independence.

#### 5th Level

The fifth level of tuning of the heart chakra is that of being able to be in constant communication with the other half of our soul for guidance. This is manifested as the conscience and is called the Christ Consciousness, mistakenly.

#### 6th Level

This leads to individual consciousness and taking responsibility for ourselves and our personal destiny, which is the sixth level.

#### 7th Level

The seventh level is not true Christ Consciousness either. It is the wanting to help and teach others of what we have discovered. This level must be open for one to be a true spiritual teacher. Many who are teaching have not progressed to this point of opening the heart chakra and, therefore, are not considered qualified spiritual teachers by those helping planet earth.

#### 8th Level

The eighth level is the realization that we are all one, that we are all a part of each other – the shattered energy of our Creator, and brings about unconditional love.

#### 9th Level

The next levels, from nine to twelve, are advanced levels leading to what is termed sainthood by some churches, or messiahs or great spiritual teachers. Level nine would be that of a leader, not necessarily the greatest teacher, but one with an ability to command a fol-

lowing.

10th Level

Ten would be one who brings in new advanced teachings.

11th Level

Eleven would be the teacher of the advanced teachings.

12th Level

Twelve would be not only the teacher but combined with that of leader. There is none on earth today at levels eleven and twelve.

The heart chakra is made up of the emotional child part of you combined with the spiritual self. The intellect has no organic part of the heart chakra, but yet has complete control over it. It must be a wise control. When the heart chakra opens wide and the intellect is not sharpened and functioning, this one will be in much turmoil. The intellect is a function of the crown and solar plexus. These two are one of a lower nature and one higher and have their own problem of great duality without the transforming qualities of the heart chakra. What the heart chakra being opened will do is help balance between what you sense intuitively and what you know psychically.

### **Heart Chakra is Transformer**

The chakras in the human being will follow a pattern of the three lower chakras and the three higher chakras needing to have the middle chakra as the transformer. This would be the heart chakra.

For instance, say one chose to have a strong solar plexus and a strong crown chakra. These two chakras would eventually start demanding that this one form a personal universe that would satisfy the energy coming from both of these chakras. Therefore, this person would have a struggle with duality. As the heart chakra opened wider and the person's personal universe became more all encompassing, instead of a very limited personal universe, this person would find himself communicating and wanting to communicate with many other people. If one stunts the growth of their personal universe they will be canceling out and defeating their goals for the incarnation.

An example of the heart as a transformer would be as follows: the heart transforming the power of the root chakra, which is a sense of will, drive and power indicating a personal desire to grow and be independent, can be transformed through various forms of training. This training will allow one to have this strength coupled with the emotional feelings that



will allow one to find his own inner peace with all others. This is good to ease one's turmoil. It can help one gain great strength of character. This is very advanced work.

As the heart chakra opens, it becomes stronger as a transformer thereby enabling the throat chakra to start working in combination with the root chakra allowing a person to express their goals. The transformer then begins allowing the third eye to intertwine with the sacral plexus and allows their creativity to be visualized and realized, and the transforming wonders of the heart chakra then would allow the crown chakra and the solar plexus to combine very strongly. When the heart chakra becomes very activated, the person has the ability to reach and communicate with other kingdoms and opens up even more doors to wisdom and knowledge.

This growth – the wide opening of the heart chakra – must take place to enlarge each one's personal universe. One must keep growing and expanding, in their thoughts if nothing more, to have this expansion of their personal universe take place. One cannot simply close oneself off from the rest of humanity and have a very narrow personal universe or they will never fully be able to access the powerhouse combination of the third and seventh chakra.

### **The Heart Chakra's Influence on Other Chakras**

The levels of the heart chakra tied to the levels of other chakras that it influences are as follows:

Level 1 - Awareness of being only half of the soul on the earth – influences level 4 of chakras 1 & 2.

Level 2 - Knowing there is help for us from an unseen source – influences level 4 of chakras 1 & 2.

Level 3 - Acknowledging Higher authority (took the form of God) – influences level 5 of chakras 1 & 2.

Level 4 - Realization that God will be found inside our own mind – influences level 6 of 1st 4 chakras.

Level 5 - Able to be in communication with other half of soul – influences level 7 of 1 & 4 chakras.

Level 6 - Raise consciousness & take responsibility for ourselves– influences level 8 of chakras 3 & 4.

Level 7 - Wanting to help & teach others what we have discovered – influences level 9 of chakras 3 & 4.

Level 8 - Realization that we are all one – unconditional love – influences level 10 of chakras 3 & 4.

Level 9 - Spiritual Leader – Able to command a spiritual following – influences level 11 of chakras 3 & 4.

Level 10 - Spiritual Prophet – Ability to bring in new teachings – influences level 12 of chakras 3 & 4.

Level 11- Spiritual Master – Ability to teach new teachings.

Level 12 - Spiritual Messiah – Ability to teach new teachings and also command a following.

When the heart chakra is open, it's difficult to focus on any areas of life on the earth plane other than that of relationships with other people. If an entity decides to have a goal, such as this channel's goal of helping humanity with energy resources, having the heart chakra open would be disastrous as she would not be able to perform the necessary actions to progress her goal.

The heart chakra is extremely important to be open in one whose main goal is to work with people as an analyst, as a compassionate teacher or as a healer. In any of the areas working directly with the individual the heart chakra would be one that was chosen to be open. (That is, if the entity had progressed this far, and the entity must have progressed this far or he would not be setting a goal such as this.) You see, when you have reached a certain stage in evolution, you choose what chakras you care to work through in any particular lifetime in order to achieve your goals.

The heart chakra being open does not necessarily mean that one will be able to use gifts any more wisely. As a matter of fact, it quite often works against the wise use if it's not balanced properly by the crown chakra. If you get one, for instance, with the heart chakra and the sixth chakra open but not the seventh, you have an unwise soul. There is no balance. They are all wrapped up their own relationship with other people (and most often with the opposite sex) and they are using every psychic means and ability they have to draw to them people with whom to experience blissful relationships. There is no wisdom

in this type of life.

The heart chakra is not necessarily where the compassion comes from either. To have compassion that is not in the form of pity, heart wrenching pity, one must also have the crown chakra as the balance. The heart chakra itself is not wisdom; it is not wise. If one came in solely operating on the heart chakra, he would be a mess! If one comes in operating on the heart chakra and the second chakra (the sacral plexus), his life is also a very unbalanced life. Humanity was at this point in Lemuria. For the time period, they were wise people with the heart and throat chakras open. They were much wiser than any had been up to then, but not in the sense of wisdom that would be considered wisdom today. As evolution continues, the development of the chakras must continue. The importance of the earlier chakras fade as the new ones come into being.

The heart chakra in the human is not as necessary now as it was in the days of the early cave man. The heart chakra was needed at that time to stop them from killing each other; to build the conscience so that humanity could survive. At that time, they were all acting on instinct, and the heart chakra tempered the instinct. Now, as instinct is used to build the intuition, so also is the heart chakra included in the components that make up intuition. But it is certainly not “the most important” one. They are all important components for a balanced intuition, but the heart chakra no more so than the crown chakra.

Development of 1st Chakra Kundalini	Development of 2nd Chakra Sacral Plexus	Development of 3rd Chakra Solar Plexus	Development of 4th Chakra Heart	Development of 5th Chakra Throat	Development of 6th Chakra Third Eye	Development of 7th Chakra Crown	Development of 8th Chakra Ear
4 billion yrs. ago	900 thousand yrs. ago	700 thousand yrs. ago	600 thousand yrs. ago	90 thousand yrs. ago	50 thousand yrs. ago	10 thousand yrs. ago	2000 AD

## CHAPTER TWO

# 12 LEVELS OF HIGHER CHAKRAS

### Summary of the First Four Chakras

#### ROOT

Instinct	1. Will to survive
Sensing	2. Response to nature (mineral kingdom)
Lower thought	3. Relates to Animal kingdom
Intuition	4. Immediate & strong response to other people (Human kingdom)
Normal thought	5. Will to work together – cooperation
Higher thought	6. Power to plan tasks & projects
Soul connection	7. Power to carry out plans
High realms connect.	8. Power to lead large groups

#### SACRAL PLEXUS

Instinct	1. Urge to reproduce human race
Sensing	2. Lunar effect on sexual activity
Lower thought	3. Urge to masturbate
Intuition	4. Exploring with many looking for ultimate sexual experience
Normal thought	5. Discrimination, thoughts centered on partner – marriage
Higher thought	6. Experiencing orgasm cellularly with self
Soul connection	7. Combining 5 & 6 for ultimate experience possible on earth
High realms connect.	8. Communion with God Within – deliberate, spontaneous orgasm physically, cellularly and mental

## SOLAR PLEXUS

Sensing	1. Capacity for individualism
Lower thought	2. Sensing of differences in each human
Intuition	3. Ability to be aware that all are from same origin
Normal thought	4. Awareness of ability to manipulate by sensing behavior patterns
Higher thought	5. Beginning ability to read other's thoughts
Soul connection	6. Discrimination in using 4 and 5
High realms connect.	7. Using abilities to help others
	8. Tapping akashic records
	9. Using minerals for healing
	10. Using plants for healing
	11. Using animals for healing
	12. Using color & light for healing

## HEART

Lower thought	1. Awareness of being only half of soul
Intuition	2. Knowing there is help from unseen source
Normal mind	3. Acknowledging higher authority (God)
Higher mind	4. Realizing God is Within
Soul connection	5. Constant connection with other half of soul
High realm connect.	6. Raise consciousness – take personal responsibility
	7. Help & teach others
	8. Unconditional love
	9. Spiritual leader
	10. Prophet– new teachings
	11. Master teacher
	12. Messiah

### **Fifth Chakra - The Throat**

As the throat chakra came into being, the necessity for the heart chakra was not as strong. With the coming of speech, feelings were not what were depended upon to solve the problems. Once there was a language where people could talk to each other, this brought the growth of the mental body, which was necessary. The emotional body has absolutely no balance without the mental body. The fifth chakra, that of the throat, is a very important chakra for humans and came into being out of necessity when the early men began sepa-

rating themselves off from the big animals and needed protection from them. It became a matter of survival that these early humans be able to communicate with one another.

### 1st Level

The first level of this chakra is simply that – communication with those of like vibration. This is not an inherent trait, it is a learned trait still in the human. In other words, it is not part of the animal based brain – it is a result of the inseminations done from the higher plains. The animal form does not have the refined vocal chords that humans have. This was a gift from our Creator.

### 2nd Level

The second stage of the throat chakra is that of being able to do more than just utter sounds – it is the ability to receive back the sounds from others – a link between the ear and the vocal chords that is quite necessary. This link is a nerve that runs from the vocal chords to the sensory cells of the brain – the receptors in the ears. This gets quite complicated, but for further development of the throat chakra to have any meaning it had to be heard by others. A human could stand in the middle of an empty island and yell or scream for hours for help and it would do no good if there was no one to hear him. Therefore, the early stages of the ear chakra developed in conjunction with the throat chakra. The ear chakra is in a very rudimentary form in the human at this time. It is only in the second stage of development. A few are in the third and fourth stages but it is not time yet for the higher stages. It is time for the third and fourth and many humans are working on developing these stages. The second stage, then, is the link with the ear.

### 3rd Level

The third stage of the throat chakra is that of using the same sounds to mean the same things every time these early humans tried to communicate with each other. This would be similar to a high pitched squeal if a large animal was spotted, or a low hum if a baby were sleeping or all sorts of different inflections of a monotone that developed.

### 4th Level

The fourth stage was that of actually setting these sounds into patterns for the different items of living that these people communicated to each other about.

### 5th Level

The fifth stage is that of refinement of speech patterns in conjunction with those you are communicating with – in other words speaking the same language. This was the development of different languages that took place and is still taking place within a certain social group.

### 6th Level

The sixth stage of the throat chakra is that of being able to sing. This stage is inherent within the throat chakra from the time of the birth of the form, but cannot be accessed until the vibratory rate of the vocal chords has reached the same level as the rest of the chakras on that particular form. This is why some of the children in schools today can't sing when others the same age can. The ones who can were born with higher levels of each chakra open. In other words, those who can sing at an early age are more highly evolved animal forms. This has nothing to do with the evolution of the spirit that chooses to use this body. In some rare cases it may be one of the factors chosen for an unusual reason to learn certain lessons, but it is more just the fact that this was one of the forms available and if the entity is willing to enter into a form that is a little less evolved, that is their choice. It may be that the wait for a more highly evolved form would be longer than they wanted to wait.

### 7th Level

Regardless, the seventh stage of the throat chakra is a vibration in the speaking voice that makes it able to penetrate to all those who hear it and hold their attention with what is being said by this voice with this vibration. Jesus had this vibration of the vocal chords. It was due to the high evolution of the human form he entered. This will be happening more in the human race. The voices, the speaking voices, not the singing voices, of those who command attentive listening, such as certain people in the ministry or certain actors, could all be tested for vibratory rate and there would be found a certain intensity that has nothing to do with decibel rates.

### 8th Level

Regardless, this is as far as the throat chakra has progressed in the human. The eighth stage of it is not open on anyone. It has to do with silent communication – direct voice to ear communication of exact language.

### 9th Level

The ninth has to do with the ability to transfer vocally, silently, the inflections and volumes and singing of the human voice.

### 10th, 11th, 12th Levels

The last three stages enter into ethereal matter and I will not talk about them at this time, only to say that the last three stages are used for communication between the higher planes and channels on the earth plane. This does not mean that these channels have these stages open. It does mean that their ear chakra is more highly developed than others.

## **Sixth Chakra - The Third Eye**

The next chakra, that of the third eye, the sixth chakra, is one that at present is open on all to stage three when they are born. The first stage of this chakra was in actual vision that the early forms had – the first forms that were born after the separation from the animals took place. The higher genes that were inseminated caused an inner eye to form that was a transforming of the antennae on certain animals. The antennae was the ear, if you remember, as given in the material on the evolution of sound. This forming of the third eye took some of the energy away from the ear chakra, which is partly why it is not so developed on the human today, and it formed an inner antennae, which is what the third eye really is.

The third eye, the mystical eye that is in between your own two physical manifestation of eyes, is for your sight on your inner journey and is every bit as important as the eyes for the outer journey. Now, your outer journey can be made without sight in either of your physical eyes or with partial sight. The same as for the inner journey and the third eye.

But visualize physical life without your sight, or only part of it, and realize all that you would miss. – the gorgeous colors of earth, the expressions on people's countenances and the look into the window of their soul by looking into their physical eyes. The same is missed on your inner journey if blind in the third eye. As usually happens when one is blind physically, the other senses take over or try to compensate for the lack of this sense. The same on the inner journey. When the third eye is not open, or only partially, the other centers try to take over or compensate for it, if you will.

In the physical world when this happens, one other sense usually takes over the biggest share. The hearing sense compensates for facial expression as it picks up nuances in the vocal expression and puts this into the computer of the mind and this, along with the sense of smell and other things, all combine to help this one form an opinion of someone or some situation.

In the inner world, the senses that can compensate for lack of sight of the inner eye are stronger and more able to compensate because the third eye chakra was deliberately closed, sealed off, because of misuse and that energy sent to other chakras. This is the same as happens in the physical world, only the ability to compensate is stronger in the inner experience because the physical eyes were not deliberately sealed off in humanity so that it is more difficult for other senses to compensate, but it can be and is done eventually.

The point being made here is that the compensation being done for the lack of inner vision



is different in each. Some use one other chakra more strongly than another. In other words, the compensation can and does take on more variety. In some they use the crown chakra, depending on if it's open. Some compensate with the throat, some the heart, most use the solar plexus. They are able, then, to form their opinions and conclusions based on their compensating chakra, the same as a blind person forms his opinions and conclusions based on their compensating organ.

As a physically blind person can misinterpret, so also can an inwardly blind person. Think about this and relate incidents in your mind to the two circumstances.

- \* Those using the sacral plexus will most likely shade everything and all opinions sexually.
- \* Those using the solar plexus will slant everything to ESP, "I sense that he is thinking this way, etc."
- \* Those using the heart will become emotional about every situation, whether it has any bearing on his circumstances or not.
- \* Those using the throat will try to talk everyone down with his own opinion.
- \* Those using the crown will come up with the deepest, purest, truth about any and all situation.

When and if the third eye is opened, this over-compensating chakra will back off and not be as strong. The danger of having the third eye open without the checks and balances of the other chakras is as compared to what happened in Atlantis.

Some use the throat chakra to such a degree that nothing else works. These are the ones that are hard to balance. Remember, please, that their sacral plexus is open as is the solar plexus and combined with the throat chakra present a blockage that must be opened to allow the heart and eventually the crown to operate or this one is operating with no conscience and a big ego.

Those in the Unity course of study are operating with the third eye partially open, but not the crown and solar plexus. They are operating on sacral plexus, heart, throat and third eye partially opened. Their problem is that the solar plexus, the intuition, and the crown need to open before any more third eye should be developed.

Those of the Christian Science church have the most balance of all. Their chakras are all equally balanced and this is why they are successful in healing. None will ever become great prophets or great psychics or great healers because of this balance and perhaps are better off. One of the chakras must be stronger than the others to become great in any one

area – the crown for prophets, the third eye for psychics and the solar plexus for healers. Does this surprise you that I say solar plexus for healing? This is the energy director, the traffic cop, and this chakra must be very strong, overly strong in one who want to heal others. Remember the Christian Science mostly work on healing themselves, except for a few who try to help others.

#### 1st Level

The first stage of the sixth chakra, then, was actual vision with the human eyes shut. These early forms had the ability to see whatever was in their path at night or with their eyes closed during the day. Those who are born blind today revert to this ability as a matter of instinct. They sense these objects but do not see them clearly. The early forms were able to see them clearly.

#### 2nd Level

The second stage of this chakra was the ability to see into the thoughts of the other humans. It was closely associated, and still is, with the human eyes. The expression that was seen in the human eye was a direct reflection of the thoughts of this other one, and the third eye learned to read these thoughts by interpreting the expression in the human eye and listening to the inflection of the vocal sounds this other one was making.

#### 3rd Level

The third stage of this sixth chakra was that of being backed off or shut down due to the development of speech and disuse of the inner vision for safety with the civilization of the human. Fires at night made it unnecessary to use the inner vision when a torch could light the way.

#### 4th Level

The fourth stage of this chakra is total disuse. People felt better and more secure using their outer sensory aids and this chakra fell into disuse.

#### 5th Level

The fifth stage of the third eye is a resurgence of inner vision with a focus of the large universe in miniature. This begins as a sensing of colors and patterns of the other planets.

#### 6th Level

The sixth stage is that of the return of being able to read the thoughts of others.

#### 7th Level

The seventh stage is inward vision, in micro form, of events that take place on the other

planets. In other words, a miniature vision of the macro universe. It is as though you have a television set that can be tuned to the other large planets in the universe and a tiny micro size television receiver in your forehead.

#### 8th Level

The eighth stage of this chakra is to be able to take these micro visions and enlarge them into your physical world and see them as the same size as you. This accounts for the visions that people have.

#### 9th Level

The ninth stage of this chakra will be being able to directly ask – direct voice communication with another planet – to see certain people and communicate with them. This is what I do. I am using my third eye but do not see the visions. This one stage of this chakra is open much further on me than the stages below it. I need to tune this stage more, musically, than the other stages to enhance my transplane communication. If I wished to be one who could have visions in life size then I could tune the lower stage that applies to this. The abilities of all stages of all chakras are readily available to everyone through musical tuning but, as given earlier, must not be used indiscriminately.

#### 10th, 11th, 12th Levels

The last three stages of this chakra are not to be talked of at this time only, again, to say that our teachers and guides embody them at all times. They are this much further ahead of us in evolution.

When I started seeing certain objects that looked as if they were made up of squiggly lines – lots of little tiny lines to the point where nothing had a definite edge to it – I was seeing just the bare beginning of the atomic structure of the matter world. This will become more definite and will be seen on more objects as time passes. It is a natural process. There is nothing wrong with my eyesight. It is the blending and combining of the powers of the third eye with the natural eyes. This is what eyesight was originally intended to be. It will become thus again as the third eye comes back into power in the restructured human being, the way it was originally intended, as the sixth sense. The ability to see with all three eyes gives one a perspective that allows the structure of creation to become apparent. Those who can develop this can look at an object and determine its state of being. They also can do this with people. This is the making of a healer. The Master's coming has to do with this opening. The two circumstances are connected.

### **The Seventh Chakra – The Crown Chakra**

This seventh chakra, the crown chakra is one of the main chakras to work through to do

channeling. This chakra was a result of the combining of all the other chakras into one that allows for reaching your inner being, or your God Within. It is the frosting on the cake for the human, the goal for all to strive for. This chakra was not reached until the Renaissance period. A few individuals started reaching the ability for inner communication with not just themselves, but also with the conglomerate that was in charge of guiding planet earth at that time. This period was that of the master musicians and the great artists. It also incorporated the breaking up of the stronghold of the Catholic Church – the Crusades. All of this activity took place because the crown chakra came into being at that time. It is a relatively new chakra for the human and many do not have it open – any stage of it.

#### 1st Level

The first stage of the crown chakra is that of being aware that there is an inner part of you – something bigger than what is going about the daily activity of living. Not all are born with this knowingness even today. Some acquire it after birth, but very few are born with this stage of the chakra open. The opening of this chakra is usually a result of the development of all the other chakras in a lifetime and it is normally reached at an older age than all the other chakras.

#### 2nd Level

The second stage of the crown chakra is the ability to “hear” the inner voice, that still small voice within.

#### 3rd Level

The third stage is simply that of using this ability. This is as far as most people progress to in a lifetime.

#### 4th Level

The fourth stage is where they should be progressed to but aren't. This is the use of this ability to contact other dimensions outside of yourself. By this I mean the inner being of others you are associated with. This is not reading their thoughts on a level of daily physical activity. This is a much deeper communication with them, a soul communication, a working together on the inner planes that carries over as a knowingness into the daily life.

#### 5th Level

The fifth level is one of attaining the Christ Consciousness, that of knowing beyond a doubt that all are one and that one is the mind of the creator.

#### 6th Level

The sixth stage is living your life by this knowledge – serving your fellow man as well as

yourself. In channeling it is the incorporation of the higher thoughts into the animal-based brain of the individual. What this means is that it will seem more and more like the person's own mind when they are actually channeling. Even the person will not be able to tell quite often that they are channeling. This is, of course, the proper way for the channel to be used. The channel is, after all, the stream of intelligence that is available to everyone who works at receiving it. The more subdued the animalistic instincts of the animal-based brain, the more strongly this stream of intelligence can enter. Therein lies the makings of our geniuses.

#### 7th Level

The seventh stage of the crown chakra is that of being a messiah, a savior for the people who cannot reach this stage. They need to know there is more to their lives than what they experience and those at the seventh level are prepared to bring them this knowledge.

#### 8th Level

The eighth level is that of calm and peacefulness and total acceptance of self and others. When at level seven waiting to access level eight, sometimes the energy for the eighth level can be described as a whirling around the head or a feeling as though a bird is sitting on your head flapping its wings. When you accept this level or stage and let this energy enter the brain instead of keeping it outside whirling effortlessly around your brain, then will you achieve all that you want.

The Apex of the Mind is the inner part of the crown chakra and is not reached until and unless the crown chakra is open. The apex is, biologically speaking, a thin part of the skull directly on the topmost part of the head when holding the head straight.

### **The Eighth Chakra – The Ear Chakra**

Later in the evolution of man a new chakra will be brought into being. This will be the ear chakra, the eighth chakra. This chakra will be the “inner ears,” similar to the “inner eye,” the sixth chakra. When one's inner life can come into focus through not only the “inner eye,” but also the “inner ears,” one must realize there is also an “inner communication system” that does not verbalize as a voice box. This inner verbalization is a form of what we call ESP, only just as loud and communicable as our speech and just as capable of nuances of expression.

#### 1st Level

Instinct was a survival technique closely related to the evolution of sound. Instinct was what the animals operated on before the experiments to upgrade the human form. The rudimentary hearing in some of the first animal forms was a warning, through a sensing

of vibrations, that there was danger close to this animal. In this respect, instinct is very definitely tied to the evolution of sound. Even today, although humans have progressed into the stages of intuition, they still have an instinctive reaction when they hear a sound that startles them. This goes clear back in evolution to the very first forms of animal life.

### 2nd Level

Therefore, instinct is a sensing of vibrations which led to sound. It started before sound as just a feeling or awareness that there was danger close by. Most of the reactions that we consider instinctive reactions today, are based on sound. This insured the survival of the species. When the experiments were done and the animal form upgraded, there was a change made in the third chakra, the solar plexus. In the animal kingdom this had been part of the instinct, along with the rudimentary hearing that the early animals had.

### 3rd Level

With the change in the human form's digestive system, there came a different manner of interpreting the vibrations going on around them. The ear itself was developing into a much more substantial translator of vibrations. But, the solar plexus, is the initial recorder of these vibrations. As the form developed, there came a two layered manner of receiving the vibrations. The feeling of them was separated from the hearing of them. In the beginning they were combined. The feeling and the hearing were all one, simply a sensing device. As the experiments were done, the sensing device was split into the ears hearing the noise that the solar plexus was feeling. As evolution continued, the separation between these two, became greater. But, our instinctive reactions to this day, are still based on what we hear. We also have that instinctive reaction of sensing something, of feeling it in the pit of your stomach, or a gut feeling as you might say.

### 4th Level

So the third chakra, (the solar plexus), and the ears are both involved in instinct and also they're both involved in intuition. The ear is evolving towards being the eighth chakra. It is the inner hearing, the inner listening to our inner journey and to what is going on within us in that respect, that leads to intuition. What makes this listening inwardly begin, is what is sensed in the solar plexus. There will be the first indication in the solar plexus that triggers the inward listening. So, we still have the combination of the solar plexus and the ears working for intuition.

### 5th Level

In the beginning, as the human form developed, adding the sixth chakra (the third eye), which the animals did not have and do not have today, combined with the solar plexus and, using the ear, was temporarily lost. The art of using the ear in combination with the

solar plexus as a stage of intuition was temporarily set aside and the sixth chakra, in combination with the solar plexus, formed a stage of intuition that was misused. What is meant by misuse of the sixth chakra is that it became very easy for humans to tap into the sixth chakra and read another person's mind almost totally accurately. There was no privacy when around one who was misusing the sixth chakra. This continued until the destruction of Atlantis.

#### 7th Level

When the restructuring was done, the sixth chakra was sealed over and humans were thrown back into the necessity of the inner listening to develop what will eventually be the eighth chakra. Meanwhile, the seventh chakra was brought in to compensate for the loss of the sixth. But, intuition, in the form that it's in now, should be with the inner ear in combination with the solar plexus, as it was in the beginning. Once that is accomplished, then a sharper tuning up of this intuition would be the bringing back in of the sixth chakra, which would lead to a pre-channeling stage.

#### 8th Level

The sixth chakra, when opened back up and balanced with the inner listening, and in conjunction with the balance of the seventh chakra, is a psychic stage of development. This is listening to the astral plane; tuning in very accurately to those on the astral plane in the manner that humans used to be able to tune into those on the earth plane before the restructuring. Therefore the psychic stage is a bridging stage between intuition and channeling. But, it is a stage that must be passed through or the true channeling stage cannot come in. What is meant by true channeling, is communication with those above the astroplane. So there is this stage between the instinct and the intuition.

#### 9th to 12th Levels

There is a higher stage of channeling that has not been talked much about. At the moment, there doesn't even seem to be a word to define it. The higher stage of channeling is a "knowingness" (this seems the best way to describe it at the moment.) It is a combination of all this change of events that humans have been through, starting with the instinct, the sensing, the hearing, the use of the third eye, the inner hearing, the tuning into those on the earth plane, and the tuning into those on the astroplane, moving up to the true channeling stage. Eventually, all of this comes together into a "knowingness" which is the last stage of synthesization. This "knowingness" is what those operate on who have found their God within; who have reached the apex of their mind.

Creativity is definitely a large part of the whole system. The whole inner sensing, an inner balance system of the human being, is where creativity comes from. Creativity has differ-

ent stages. You can have a stage of creativity that is working strictly on instinct. As an example, a person who is mentally retarded in this lifetime, but knows music theory very completely, knows it as an instinct from what had developed in other lifetimes that had gone along with an inner hearing. This part of the person is more highly developed than the brain capacity of the physical form they are in. Stages of creativity do follow the development of the channel from the very beginning of the solar plexus, and the rudimentary inner ear. All of this is part of the inner channel which is where all creativity springs from.

Creativity moved from an instinctive level to an intuitive level in a much finer type of art – a much more sensitive type of art. When this is moved into the stage of channeling it actually becomes a form of what is called ethereal art. As an example, some of our impressionist painters were working on the ethereal art, whereas some of our pop artists of today, those painting pictures of soup cans, are working on instinctive art.

The same would be true in the creativity of music. Those playing rock and roll music are working on instinctive hearing of sounds. There is no inner intuitive creativity in most of that kind of music – no sensitivity. Creativity could be coupled with sensitivity which is the feeling nature of the soul. Instinctive musicians are working in the physical body; intuitive musicians are working the soul. Channeling musicians or artists, are working from the ethereal realms.

Music on the astral plane and the inner planes will have a quality of depth that is not present on the earth plane, similar to the depth of vision you will experience with the opening of the third eye. The ear chakra becomes totally opened when you are out of body on the inner planes. This is where the depth of sound perception lies. To those on the higher planes music has a more all-encompassing sound, similar to the difference between stereo sound and regular sound, only it is all part of a feeling. The vibrations cause a response to a great degree in their beingness. They become the music. This is not possible to do while on the earth plane. It could be approximated by specially made sound chambers using a new method of sound reproduction. This is another field that may be able to be touched on at some future date.

The ear chakra is slowly beginning to develop. Actually that is what is happening now to those who are into the inner work. Their eighth chakra is being opened. The sacculus and the utricle combined make up the unopened eighth chakra in humanity. The inner ear needs both the utricle and the sacculus of both ears to be considered fully functioning. If these are functioning in one ear there will be a beginning of channeling but only from one of the three lines available. This would be your own past incarnations. When both ears are



totally opened channeling will occur from two areas, your own incarnations and your teachers and guides. When both are functioning and the crown chakra is also open, the channeling will come from all three lines, the total trinity. This is very rare and there are only five in the world in which this has taken place.

### *The Perfect Food for the Enhancement of Each Chakra*

*1st Chakra – Algae*

*2nd Chakra – Legumes*

*3rd Chakra – Salmon*

*4th Chakra – Potato*

*5th Chakra – Raspberry*

*6th Chakra – Apple*

*7th Chakra – Honey*

**This series of New Millennium NoteBooks will hopefully further our understanding of things that happened long ago and far away from the time period we are experiencing now. Analogies are used in many places to help with understanding. Teaching through the use of analogies will be the trend of education for the future – AnalogicThought. While contemplating these NoteBooks I hope you will allow yourself to imagine that perhaps I have been given incredible insight into some of the mysteries of the universe. Please allow your mind to expand and wonder “what if” it all took place as being presented.**

**Norma**